

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:00 Current Events <b>1</b> 10:30 Glider Sliders 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club 2:00 Baking w/ Friends - <b>M</b> 2:00 Rummikub 3:00 Afternoon Social 3:30 National Geographic 4:30 Catholic Service 2nd Fl	10:00 Prayer Group - <b>M</b> <b>2</b> 10:00 Current Events 10:30 Sit & be Fit 11:15 Daily Chronicle Reading 11:30 This Day in History 1:30 <b>Balance Class w/ Vivian</b> <b>2:00 Sing Along w/ Bob Kibler M</b> 3:00 Talk & Treat 3:30 Adult Coloring w/ Friends 4:30 Chat & Relax	10:00 Current Events <b>3</b> 10:30 Boot Camp w/ Weights 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club <b>2:00 Sing Along w/ Peter Francis 5<sup>th</sup> FI Monterey Place</b> 3:00 America's Great Road Trip 3:30 Cheese & Crackers Social 4:00 Mindful Meditation	10:00 What's Going On <b>4</b> <b>10:30 Zumba w/ Leilani</b> 11:00 Daily Chronicle Reading 11:30 Mind Aerobics 1:30 Games IN2L/Magic Table 2:30 It's Show Time 3:30 Afternoon Social 4:00 Sing Along – DVD 4:30 Magic Table
10:00 Let's Talk About It <b>5</b> 10:30 Daily Chronicle Reading 11:00 Stretch & Flex - Collin 11:30 Songs of Inspiration & Praise 1:00 Meditation on IN2L 1:30 IN2L Travel Tour 2:00 Protestant Church Service 2 <sup>nd</sup> Fl Auditorium or Zoom 2:30 Finish the Phrase/Lyrics 3:30 Afternoon Social & Music <small>Cinco de Mayo</small>	10:00 Current Events <b>6</b> 10:30 Armchair Exercise 11:00 Chronicle Reading 11:30 This day In History 1:00 Library Visit <b>2:00 Monday Movie Pride &amp; Prejudice</b> 4:00 TV Time resident choice	10:00 Current Events <b>7</b> 10:30 Morning Exercise 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Hang out with Avril Time <b>2:00 Entertainment 3<sup>rd</sup> FI Vintage Entertainment</b> 3:00 Afternoon Social 3:30 You be the Judge-Trivia 4:30 Chat & Relax	10:00 Current Events <b>8</b> 10:30 Glider Sliders 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club 2:00 Baking w/ Friends - <b>M</b> 2:00 Rummikub 3:00 Afternoon Social 3:30 National Geographic 4:30 Catholic Service 2nd Fl <small>May Day</small>	10:00 Prayer Group - <b>M</b> <b>9</b> 10:00 Current Events 10:30 Sit & be Fit 11:15 Daily Chronicle Reading 11:30 This Day in History 1:30 <b>Balance Class w/ Vivian</b> <b>2:00 Virtual Walk – New Zealand</b> 3:00 Talk & Treat 3:30 Adult Coloring w/ Friends 4:30 Chat & Relax	10:00 Current Events <b>10</b> 10:30 Boot Camp w/ Weights 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club <b>2:00 Scenic Ride - Outside</b> 2:30 America's Great Road Trip 3:30 Friday Social 4:00 Mindful Meditation	10:00 What's Going On <b>11</b> 10:30 Morning Exercise - Aurora 11:00 Daily Chronicle Reading 11:30 Mind Aerobics 1:30 Games IN2L/Magic Table 2:30 It's Show Time 3:30 Afternoon Social 4:00 Sing Along – DVD 4:30 Magic Table
10:00 Let's Talk About It <b>12</b> 10:30 Daily Chronicle Reading 11:00 Stretch & Flex - Collin 11:30 Songs of Inspiration & Praise 1:00 Meditation on IN2L 1:30 IN2L Travel Tour 2:00 Protestant Church Service 2 <sup>nd</sup> Fl Auditorium or Zoom 2:30 Finish the Phrase/Lyrics 3:30 Afternoon Social & Music <small>Mother's Day</small>	10:00 Current Events <b>13</b> 10:30 Armchair Exercise 11:00 Chronicle Reading 11:30 This day In History 1:00 Library Visit <b>2:00 Monday Movie New in Town</b> 4:00 TV Time resident choice	10:00 Current Events <b>14</b> 10:30 Morning Exercise 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Hang out with Avril Time <b>2:00 Entertainment 3<sup>rd</sup> FI Charles Lee</b> 3:00 Mini-burgers Social 3:30 You be the Judge-Trivia 4:30 Chat & Relax	10:00 Current Events <b>15</b> 10:30 Glider Sliders 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club 2:00 Baking w/ Friends - <b>M</b> 2:00 Rummikub 3:00 Afternoon Social 3:30 National Geographic 4:30 Catholic Service 2nd Fl	10:00 Prayer Group - <b>M</b> <b>16</b> 10:00 Current Events 10:30 Sit & be Fit 11:15 Daily Chronicle Reading 11:30 This Day in History 1:30 <b>Balance Class w/ Vivian</b> <b>2:00 Sing Along w/ Bob Kibler M</b> 3:00 Talk & Treat 3:30 Adult Coloring w/ Friends 4:30 Chat & Relax	10:00 Current Events <b>17</b> 10:30 Boot Camp w/ Weights 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club 2:00 Chair Tai Chi 3:00 America's Great Road Trip 3:30 Ice Cream Social 4:00 Mindful Meditation	10:00 What's Going On <b>18</b> <b>10:30 Zumba w/ Leilani</b> 11:00 Daily Chronicle Reading 11:30 Mind Aerobics 1:30 Games IN2L/Magic Table 2:30 It's Show Time 3:30 Afternoon Social 4:00 Sing Along – DVD 4:30 Magic Table <small>Armed Forces Day</small>
10:00 Let's Talk About It <b>19</b> 10:30 Daily Chronicle Reading 11:00 Stretch & Flex - Collin 11:30 Songs of Inspiration & Praise 1:00 Meditation on IN2L 1:30 IN2L Travel Tour 2:00 Protestant Church Service 2 <sup>nd</sup> Fl Auditorium or Zoom 2:30 Finish the Phrase/Lyrics 3:30 Afternoon Social & Music	10:00 Current Events <b>20</b> 10:30 Armchair Exercise 11:00 Chronicle Reading 11:30 This day In History 1:00 Library Visit <b>2:00 Monday Movie Intern</b> 4:00 TV Time resident choice <small>Victoria Day (Canada)</small>	10:00 Current Events <b>21</b> 10:30 Morning Exercise 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Hang out with Avril Time <b>2:00 Entertainment 3<sup>rd</sup> FI with Steve Flynn</b> 3:00 Wine & Cheese Social 3:30 You be the Judge-Trivia 4:30 Chat & Relax	10:00 Current Events <b>22</b> 10:30 Glider Sliders 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club 2:00 Baking w/ Friends - <b>M</b> 2:00 Rummikub 3:00 Afternoon Social 3:30 National Geographic 4:30 Catholic Service 2nd Fl	10:00 Prayer Group - <b>M</b> <b>23</b> 10:00 Current Events 10:30 Sit & be Fit 11:15 Daily Chronicle Reading 11:30 This Day in History 1:30 <b>Balance Class w/ Vivian</b> <b>2:00 Virtual Walk - Australia</b> 3:00 Talk & Treat 3:30 Adult Coloring w/ Friends 4:30 Chat & Relax	10:00 Current Events <b>24</b> 10:30 Boot Camp w/ Weights 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club <b>2:00 Get Moving with Positive Music by DJ Randy - M</b> 3:00 America's Great Road Trip 3:30 Cheese & Crackers Social 4:00 Mindful Meditation	10:00 What's Going On <b>25</b> 10:30 Morning Exercise - Aurora 11:00 Daily Chronicle Reading 11:30 Mind Aerobics 1:30 Games IN2L/Magic Table 2:30 It's Show Time 3:30 Afternoon Social 4:00 Sing Along – DVD 4:30 Magic Table
10:00 Let's Talk About It <b>26</b> 10:30 Daily Chronicle Reading 11:00 Stretch & Flex - Collin 11:30 Songs of Inspiration & Praise 1:00 Meditation on IN2L 1:30 IN2L Travel Tour 2:00 Protestant Church Service 2 <sup>nd</sup> Fl Auditorium or Zoom 2:30 Finish the Phrase/Lyrics 3:30 Afternoon Social & Music	10:00 Current Events <b>27</b> 10:30 Armchair Exercise 11:00 Chronicle Reading 11:30 This day In History 1:00 Library Visit <b>2:00 Monday Movie The Longest Ride</b> 4:00 TV Time resident choice <small>Memorial Day</small>	10:00 Current Events <b>28</b> 10:30 Morning Exercise 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Hang out with Avril Time <b>2:00 Entertainment 3<sup>rd</sup> FI with Steve Flynn</b> 3:00 Wine & Cheese Social 3:30 You be the Judge-Trivia 4:30 Chat & Relax	10:00 Current Events <b>29</b> 10:30 Glider Sliders 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club 2:00 Baking w/ Friends - <b>M</b> 2:00 Rummikub 3:00 Afternoon Social 3:30 National Geographic 4:30 Catholic Service 2nd Fl	10:00 Prayer Group - <b>M</b> <b>30</b> 10:00 Current Events 10:30 Sit & be Fit 11:15 Daily Chronicle Reading 11:30 This Day in History 1:30 <b>Balance Class w/ Vivian</b> <b>2:00 Virtual Walk Unique Places</b> 3:00 Talk & Treat 3:30 Adult Coloring w/ Friends 4:30 Chat & Relax	10:00 Current Events <b>31</b> 10:30 Boot Camp w/ Weights 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club <b>2:00 Fun For All - Outside Sidwell Gardens, games &amp; music</b> 3:00 America's Great Road Trip 4:00 Mindful Meditation	Weekend activities are on Monterey Place <b>M=Monterey Place – 5<sup>th</sup></b> 