

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	April Fool's Day 1 10:00 Exercise w/Fitness Staff 10:30 Sing-a-Long 11:00 Word Search 1:30 Social Visits 2:00 Motion Picture Presents 3:30 Chat & Chew 4:00 Aromatherapy & Music 6:00 TV Shows w/GNA's	10:00 Chair Yoga with Robin 2 11:00 Monthly Gazette Reading 1:30 Balance Class w/Vivian 2:00 "You Be The Judge" 3:00 Musical Entertainment w/Jerry Roman (3rd FL DR) 4:00 Colorama 6:00 Bingo w/Andrea (5 th FL)	10:00 Morning Toning 3 10:30 Antonyms 11:00 Reading Club 1:30 Vantage Nails 2:15 Musical Entertainment w/Paul Jude 3:30 Exercise w/Fitness Staff 4:00 "Who Am I" 6:00 Reminiscing w/Andre (5 th FL)	10:00 Stretch & Flex 4 10:30 Daily Chronicles 11:00 Baking Club 1:30 Friendly Visits 2:00 Travel Club 3:00 Just Bead It 3:30 Afternoon Tea & Chat 4:00 Hand Massages 6:00 TV Shows w/GNA's	10:00 Exercise w/Fitness Staff 5 10:30 "Who Am I" 11:00 This Day in History 1:30 Social Visits 2:00 Word Search 2:30 Board Games 3:00 Afternoon Social 3:30 Nail Salon 4:00 Colorama 6:00 Evening Movie	10:00 Stretch & Flex (3 rd FL DR) 6 10:30 Daily Chronicles (3 rd FL) 11:00 History Trivia (3 rd FL) 1:30 Music & Chat (3 rd FL) 2:00 Bingo Bash (5 th FL) 3:00 Happy Hour (5 th FL) 3:30 Book Club (5 th FL) 4:00 Sing-a-Long (5 th FL) 6:00 Evening Movie
10:00 Morning Stretch (3 rd FL DR) 7 10:30 Biography Club (3 rd FL DR) 11:00 Sing-a-Long (3 rd FL DR) 1:30 Colorama (5 th FL) 2:00 Communion (5th FL) 2:00 Worship Service (R of Aud) 3:00 Target Games (5 th FL) 3:30 Afternoon Snacks (5 th FL) 4:00 Vantage Nails (5 th FL) 6:00 Evening Movie	10:00 Exercise w/Fitness Staff 8 10:30 Sing-a-Long 11:00 Word Search 1:30 Social Visits 2:00 Motion Picture Presents 3:30 Chat & Chew 4:00 Aromatherapy & Music 6:00 TV Shows w/GNA's	10:00 Mystery Bus Ride 9 10:00 Morning Stretch 11:00 "Old Sayings" 1:30 Balance Class w/Vivian 2:15 Musical Entertainment w/Bob Clark 3:00 Snack Attack 3:30 "You Be The Judge" 4:00 Colorama 6:00 Bingo w/Camille (5 th FL)	10:00 Morning Toning 10 10:30 Antonyms 11:00 Reading Club 1:30 Vantage Nails 2:00 Colorama 2:30 Musical Bingo 3:00 Afternoon Snack 3:30 Exercise w/Fitness Staff 4:00 "Who Am I" 6:00 Word Search w/Camille (5 th FL)	10:00 Stretch & Flex 11 10:30 Daily Chronicles 11:00 Baking Club 1:30 Friendly Visits 2:00 Travel Club 3:00 Just Bead It 3:30 Afternoon Tea & Chat 4:00 Hand Massages 6:00 TV Shows w/GNA's	10:00 Exercise w/Fitness Staff 12 10:30 "Who Am I" 11:00 This Day in History 1:30 Social Visits 2:00 Word Search 2:30 Board Games 3:00 Afternoon Social 3:30 Nail Salon 4:00 Colorama 6:00 Evening Movie	10:00 Stretch & Flex (3 rd FL DR) 13 10:30 Daily Chronicles (3 rd FL) 11:00 History Trivia (3 rd FL) 1:30 Music & Chat (3 rd FL) 2:00 Bingo Bash (5 th FL) 3:00 Happy Hour 3:30 Arts & Crafts w/GS Troop (5th FL) 4:30 Sing-a-Long (5 th FL) 6:00 Evening Movie
Palm Sunday 14 10:00 Morning Stretch (3 rd FL DR) 10:30 Biography Club (3 rd FL DR) 11:00 Sing-a-Long (3 rd FL DR) 1:30 Colorama (5 th FL) 2:00 Worship Service (R of Aud) 2:30 Word Search (5 th FL) 3:00 Trivia (5 th FL) 3:30 Afternoon Snacks (5 th FL) 4:00 Vantage Nails (5 th FL) 6:00 Evening Movie	10:00 Exercise w/Fitness Staff 15 10:30 Sing-a-Long 11:00 Word Search 1:30 Social Visits 2:00 Motion Picture Presents 3:30 Chat & Chew 4:00 Aromatherapy & Music 6:00 TV Shows w/GNA's	10:00 Chair Yoga with Robin 16 11:00 "Old Sayings" 1:30 Balance Class w/Vivian 2:00 "You Be The Judge" 2:30 Art Club 3:30 Afternoon Snack 6:00 Adult Coloring w/GNA's 4:00 Trivia 6:00 Bingo w/Ann (5 th FL)	10:00 Morning Toning 17 10:30 Antonyms 11:00 Reading Club 1:30 Vantage Nails 2:15 Musical Entertainment w/Paul Jude 3:30 Exercise w/Fitness Staff 4:00 "Who Am I" 6:00 Crossword Puzzle w/Ann (5 th FL)	10:00 Stretch & Flex 18 10:30 Daily Chronicles 11:00 Baking Club 1:30 Friendly Visits 2:00 Travel Club 3:00 Just Bead It 3:30 Afternoon Tea & Chat 4:00 Hand Massages 6:00 TV Shows w/GNA's	Good Friday 19 10:00 Exercise w/Fitness Staff 10:30 "Who Am I" 11:00 This Day in History 1:30 Social Visits 2:00 Word Search 2:30 Board Games 3:00 Afternoon Social 3:30 Nail Salon 4:00 Colorama 6:00 Evening Movie	Happy Birthday Ruth! 20 10:00 Stretch & Flex (3 rd FL DR) 10:30 Daily Chronicles (3 rd FL) 11:00 History Trivia (3 rd FL) 1:30 Music & Chat (3 rd FL) 2:00 Bingo Bash (5 th FL) 3:00 Happy Hour 3:30 Book Club (5 th FL) 4:00 Sing-a-Long (5 th FL) 6:00 Evening Movie
Easter Sunday 21 10:00 Morning Stretch (3 rd FL DR) 10:30 Biography Club (3 rd FL DR) 11:00 Sing-a-Long (3 rd FL DR) 1:30 Colorama (5 th FL) 2:00 Worship Service (R of Aud) 2:30 Word Search (5 th FL) 3:00 Trivia (5 th FL) 3:30 Afternoon Snacks (5 th FL) 4:00 Vantage Nails (5 th FL) 6:00 Evening Movie	Earth Day 22 10:00 Exercise w/Fitness Staff 10:30 Sing-a-Long 11:00 Word Search 1:30 Social Visits 2:00 Motion Picture Presents 3:30 Chat & Chew 4:00 Aromatherapy & Music 6:00 TV Shows w/GNA's	10:00 Mystery Bus Ride 23 10:00 Morning Stretch 11:00 "Old Sayings" 1:30 Balance Class w/Vivian 2:00 "You Be The Judge" 2:30 Art Club 3:30 Afternoon Snack 4:00 Trivia 6:00 Bingo w/Andrea (5 th FL)	10:00 Morning Toning 24 10:30 Antonyms 11:00 Reading Club 1:30 Vantage Nails 2:15 Musical Entertainment w/Two for the Show 3:15 Afternoon Snack 3:30 Exercise w/Fitness Staff 4:00 "Who Am I" 6:00 Reminiscing w/Andrea (5 th FL)	10:00 Stretch & Flex 25 10:30 Daily Chronicles 11:00 United in Spirit w/Andrea Jordan 1:30 Friendly Visits 2:00 Travel Club 3:00 Just Bead It 3:30 Afternoon Tea & Chat 4:00 Hand Massages 6:00 TV Shows w/GNA's	10:00 Exercise w/Fitness Staff 26 10:30 "Who Am I" 11:00 This Day in History 1:30 Social Visits 2:00 Word Search 2:30 Board Games 3:00 April Birthday Celebrations (3rd FL DR) 3:30 Nail Salon 4:00 Colorama 6:00 Evening Movie	10:00 Stretch & Flex (3 rd FL DR) 27 10:30 Daily Chronicles (3 rd FL) 11:00 History Trivia (3 rd FL) 1:30 Music & Chat (3 rd FL) 2:00 Bingo Bash (5 th FL) 3:00 Happy Hour 3:30 Book Club (5 th FL) 4:00 Sing-a-Long (5 th FL) 6:00 Evening Movie
10:00 Morning Stretch (3 rd FL DR) 28 10:30 Biography Club (3 rd FL DR) 11:00 Sing-a-Long (3 rd FL DR) 1:30 Colorama (5 th FL) 2:00 Worship Service (R of Aud) 2:30 Word Search (5 th FL) 3:00 Trivia (5 th FL) 3:30 Afternoon Snacks (5 th FL) 4:00 Vantage Nails (5 th FL) 6:00 Evening Movie	10:00 Exercise w/Fitness Staff 29 10:30 Sing-a-Long 11:00 Word Search 1:30 Social Visits 2:00 Motion Picture Presents 3:30 Chat & Chew 4:00 Aromatherapy & Music 6:00 TV Shows w/GNA's	10:00 Morning Stretch 30 11:00 "Old Sayings" 1:30 Balance Class w/Vivian 2:00 "You Be The Judge" 2:30 Art Club 3:30 Afternoon Snack 4:00 Trivia 6:00 Bingo w/Camille (5 th FL)	<h1>April 2019</h1> <h1>ASPEN PLACE</h1>			

ALL ACTIVITIES CAN BE CHANGED WITHOUT NOTICE AT ANY TIME DUE TO RESIDENTS' PREFERENCE!