

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Weekend Activities are on Monterey Place (5th Fl) Thanksgiving activities are on Monterey Place (5th Fl)</p> 		<p>10:00 Current Events 1 10:30 Morning Exercise 11:15 Daily Chronicle 11:30 This Day in History 1:00 Walking Club 1:45 Entertainment on 3rd FL Cedar Place - Vintage Entertainment 3:00 Wine & Cheese Social 4:00 Adult Coloring w/ Friends</p>	<p>10:00 Current Events 2 10:30 Morning Exercise 11:00 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club 2:00 National Geographic 3:00 Afternoon Social 3:30 Craft Corner w/ Amani 4:30 Catholic Service 2nd Fl</p>	<p>10:00 Current Events 3 10:30 Morning Exercise 11:15 Daily Chronicle 11:30 This Day in History 1:30 Balance Class w/ Vivian 2:00 Sing Along w/ Bob Kibler on Monterey Place 5th Fl 3:00 Afternoon Social 4:00 Brain Fitness</p>	<p>10:00 Current Events 4 10:30 Boot Camp w/ Amani 11:00 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club 2:00 Learn to Sudoku 3:00 Social w/ Friends 3:30 Travel Tour</p>	<p>10:00 Let's Talk About It 5 10:30 Exercise w/ Yamece 11:00 Daily Chronicle Reading 11:30 Mind Aerobics' 1:30 Ball Toss 2:00 Brain Fitness IN2L 3:00 Afternoon Social 3:30 Game Time IN2L 4:30 Sing Along Susie Q IN2L</p>
<p>10:00 Inspirational Message 6 10:30 Stretch & Flex w/ Yamece 11:00 Daily Chronicle Reading 11:30 Song of Praise & Inspiration 1:00 Parachute 2:00 IN2L Travel Tour 3:00 Afternoon Social w/ Friends 3:30 IN2L Games 4:30 Ball Toss/ IN2L Jukebox</p> <p><small>Daylight Saving Time Ends</small></p>	<p>10:00 Current Events 7 10:30 Morning Exercise 11:15 Daily Chronicle 11:30 This Day in History 1:00 Walking Club 2:00 Monday Matinee Activity Room 4:00 Chat & Relax</p>	<p>10:00 Current Events 8 10:30 Morning Exercise 11:15 Daily Chronicle 11:30 This Day in History 1:00 Walking Club 2:00 Entertainment on 3rd FL Cedar Place - Charles Lee 3:00 Wine & Cheese Social 4:00 Adult Coloring w/ Friends</p>	<p>10:00 Current Events 9 10:30 Morning Exercise 11:00 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club 2:00 National Geographic 3:00 Afternoon Social 3:30 Craft Corner w/ Amani 4:30 Catholic Service 2nd Fl</p>	<p>10:00 Current Events 10 10:30 Morning Exercise 11:15 Daily Chronicle 11:30 This Day in History 1:30 Balance Class w/ Vivian 2:00 Creative Arts – show your creative side 3:00 Afternoon Social 4:00 Brain Fitness</p>	<p>10:00 Current Events 11 10:30 Boot Camp w/ Amani 11:00 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club 2:00 Learn to Sudoku 3:00 Social w/ Friends 3:30 Travel Tour</p> <p><small>Veterans Day Remembrance Day (Canada)</small></p>	<p>10:00 Let's Talk About It 12 10:30 Exercise w/ Zikia 11:00 Daily Chronicle Reading 11:30 Mind Aerobics' 1:30 Ball Toss 2:00 Brain Fitness IN2L 3:00 Afternoon Social 3:30 Game Time IN2L 4:30 Sing Along Susie Q IN2L</p>
<p>10:00 Inspirational Message 13 10:30 Stretch & Flex w/ Zikia 11:00 Daily Chronicle Reading 11:30 Song of Praise & Inspiration 1:00 Parachute 2:00 IN2L Travel Tour 3:00 Afternoon Social w/ Friends 3:30 IN2L Games 4:30 Ball Toss/ IN2L Jukebox</p>	<p>10:00 Current Events 14 10:30 Morning Exercise 11:15 Daily Chronicle 11:30 This Day in History 1:00 Walking Club 2:00 Monday Matinee Activity Room 4:00 Chat & Relax</p>	<p>10:00 Current Events 15 10:30 Morning Exercise 11:15 Daily Chronicle 11:30 This Day in History 1:00 Walking Club 2:00 Entertainment on 3rd FL Cedar Place - Steve Flynn 3:00 Wine & Cheese Social 4:00 Adult Coloring w/ Friends</p>	<p>10:00 Current Events 16 10:30 Morning Exercise 11:00 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club 2:00 National Geographic 3:00 Afternoon Social 3:30 Craft Corner w/ Amani 4:30 Catholic Service 2nd Fl</p>	<p>10:00 Current Events 17 10:30 Morning Exercise 11:15 Daily Chronicle 11:30 This Day in History 1:30 Balance Class w/ Vivian 2:00 Sing Along w/ Bob Kibler on Monterey Place 5th Fl 3:00 Afternoon Social 4:00 Brain Fitness</p>	<p>10:00 Current Events 18 10:30 Boot Camp w/ Amani 11:00 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club 2:00 Entertainment w/ Paul Jude On Cedar Place (3rd Fl) 3:30 Social w/ Friends 4:00 Travel Tour</p>	<p>10:00 Let's Talk About It 19 10:30 Exercise w/ Andrea 11:00 Daily Chronicle Reading 11:30 Mind Aerobics' 1:30 Ball Toss 2:00 Brain Fitness IN2L 3:00 Afternoon Social 3:30 Game Time IN2L 4:30 Sing Along Susie Q IN2L</p>
<p>10:00 Inspirational Message 20 10:30 Stretch & Flex w/ Andrea 11:00 Daily Chronicle Reading 11:30 Song of Praise & Inspiration 1:00 Parachute 2:00 IN2L Travel Tour 3:00 Afternoon Social w/ Friends 3:30 IN2L Games 4:30 Ball Toss/ IN2L Jukebox</p>	<p>10:00 Current Events 21 10:30 Morning Exercise 11:15 Daily Chronicle 11:30 This Day in History 1:00 Walking Club 2:00 Monday Matinee Activity Room 4:00 Chat & Relax</p>	<p>10:00 Current Events 22 10:30 Morning Exercise 11:15 Daily Chronicle 11:30 This Day in History 1:00 Walking Club 2:00 Entertainment on 3rd FL Cedar Place - Bruce Thomas 3:00 Wine & Cheese Social 4:00 Adult Coloring w/ Friends</p>	<p>10:00 Current Events 23 10:30 Morning Exercise 11:00 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club 2:00 National Geographic 3:00 Afternoon Social 3:30 Craft Corner w/ Amani 4:30 Catholic Service 2nd Fl</p>	<p>10:00 All about Thanksgiving 24 10:30 Exercise - Amai 11:00 Daily Chronicle Reading 11:30 Thanksgiving Trivia 1:00 Pin the tail on the turkey 2:00 Show your Creative Side 3:00 Turkey Trot social / trivia</p> <p><small>Thanksgiving Day (US)</small></p>	<p>10:00 Current Events 25 10:30 Exercise on the 5th Fl 11:00 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club 2:00 Sing Along w/ Peter Francis on Monterey Place(5th Fl) 3:30 Social w/ Friends 4:00 Travel Tour</p> <p>Activities are on the 5th FL</p>	<p>10:00 Current Events 26 10:30 Exercise w/ Amani 11:00 Daily Chronicle Reading 11:30 Mind Aerobics' 1:30 Ball Toss 2:00 Brain Fitness IN2L 3:00 Afternoon Social 3:30 Game Time IN2L 4:30 Sing Along Susie Q IN2L</p>
<p>10:00 Inspirational Message 27 10:30 Stretch & Flex w/ Amani 11:00 Daily Chronicle Reading 11:30 Song of Praise & Inspiration 1:00 Parachute 2:00 IN2L Travel Tour 3:00 Afternoon Social w/ Friends 3:30 IN2L Games 4:30 Ball Toss/ IN2L Jukebox</p>	<p>10:00 Current Events 28 10:30 Morning Exercise w/ Ann 11:15 Daily Chronicle 11:30 This Day in History 1:00 Walking Club 2:00 Monday Matinee Activity Room 4:00 Chat & Relax</p>	<p>10:00 Current Events 29 10:30 Morning Exercise 11:15 Daily Chronicle 11:30 This Day in History 1:00 Walking Club 2:00 Entertainment on 3rd FL Cedar Place - Bonnie Jazz 3:00 Wine & Cheese Social 4:00 Adult Coloring w/ Friends</p>	<p>10:00 Current Events 30 10:30 Morning Exercise 11:00 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club 2:00 National Geographic 3:00 Afternoon Social 3:30 Craft Corner w/ Amani 4:30 Catholic Service 2nd Fl</p>			

RESIDENCES AT VANTAGE POINT ACTIVITIES CAN BE CHANGED WITHOUT NOTICE AT ANYTIME DUE TO RESIDENT'S PREFERENCES