


January 2025

ASPEN PLACE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 Sing Along w/ Susie Q 10:30 Daily Readings 11:00 Entertainment w/ Bob Clark 1:00 Meditation on IN2L 1:30 IN2L Travel Tour 2:00 Get moving w/ Parachute 2:30 Finish the Phrase/Lyrics 3:30 Afternoon Social & Music 4:00 Ball Toss</p>	<p>10:00 Current Events 10:30 Armchair Exercise 11:15 Chronicle Reading 11:30 This day In History 1:00 Rest & Relax 2:00 Monday Movie Pay It Forward Popcorn & Drink Provided 4:00 Down Time Residents Choice</p>	<p>10:00 Current Events 10:30 Morning Exercise 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Bingo w/ Friends 2:00 Entertainment 3rd FI with Vintage Entertainment 3:00 Afternoon Social 3:30 Resident Chat & Relax 4:30 Residents Choice</p>	<p>10:00 All about New Years 10:30 Festive Facts 11:00 Get Moving w/ Collin 11:30 Auld Lang Syne 1:00 Travel Tour to New York 2:00 New Years Trivia 3:00 Afternoon Social 3:30 Ball Toss 4:00 Resident/Staff Choice</p> <p style="text-align: center;"><small>New Year's Day</small></p>	<p>10:00 Prayer Group -M 10:00 Current Events 10:30 Sit & be Fit 11:15 Daily Chronicle Reading 11:30 This Day in History 1:30 Simply Seated w/ Curtis A 2:00 Sing Along w/ Bob Kibler-M 3:00 Talk & Treat 3:30 Adult Coloring w/ Friends 4:30 Residents Chat & Relax</p>	<p>10:00 Current Events 10:30 Boot Camp w/ Weights 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club 2:00 Sing Along w/ Peter Francis 5th FI Monterey Place 3:00 Color & Sip 3:30 Friday Social 4:00 Mindful Meditation</p>	<p>10:00 Sing Along w/ Mary Sue 10:30 Zumba w/ Leilani - M 11:00 Daily Chronicle Reading 11:30 Mind Aerobics (Trivia) 1:30 Games IN2L 2:30 It's Show Time 3:30 Afternoon Social 4:00 Sing Along 4:30 Residents Choice</p>
<p>10:00 Sing Along w/ Susie Q 10:30 Daily Readings 11:00 Entertainment w/ Bob Clark 1:00 Meditation on IN2L 1:30 IN2L Travel Tour 2:00 Get moving w/ Parachute 2:30 Finish the Phrase/Lyrics 3:30 Afternoon Social & Music 4:00 Ball Toss</p>	<p>10:00 Current Events 10:30 Armchair Exercise 11:15 Chronicle Reading 11:30 This day In History 1:00 Rest & Relax 2:00 Monday Movie I am Sam Popcorn & Drink Provided 4:00 Down Time Residents Choice</p>	<p>10:00 Current Events 10:30 Morning Exercise 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Bingo w/ Friends 2:00 Entertainment 3rd FI with Charles Lee 3:00 Afternoon Social 3:30 Resident Chat & Relax 4:30 Residents Choice</p>	<p>10:00 Current Events 10:30 Glider Sliders 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club 1:30 Baking w/Friends - M 2:00 Resident run Rummikub 3:30 National Geographic 4:30 Residents Choice</p>	<p>10:00 Prayer Group -M 10:00 Current Events 10:30 Sit & be Fit 11:15 Daily Chronicle Reading 11:30 This Day in History 1:30 Simply Seated w/ Curtis A 2:00 Sing Along w/ Bob Kibler-M 3:00 Talk & Treat 3:30 Adult Coloring w/ Friends 4:30 Residents Chat & Relax</p>	<p>10:00 Current Events 10:30 Boot Camp w/ Weights 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club 2:00 Chair Yoga 3:00 America's Great Road Trip 3:30 Friday Social 4:00 Mindful Meditation</p>	<p>10:00 Sing Along w/ Mary Sue 10:30 Zumba w/ Leilani - M 11:00 Daily Chronicle Reading 11:30 Mind Aerobics (Trivia) 1:30 Games IN2L 2:30 It's Show Time 3:30 Afternoon Social 4:00 Sing Along 4:30 Residents Choice</p>
<p>10:00 Sing Along w/ Susie Q 10:30 Daily Readings 11:00 Entertainment w/ Bob Clark 1:00 Meditation on IN2L 1:30 IN2L Travel Tour 2:00 Get moving w/ Parachute 2:30 Finish the Phrase/Lyrics 3:30 Afternoon Social & Music 4:00 Ball Toss</p>	<p>10:00 Current Events 10:30 Armchair Exercise 11:15 Chronicle Reading 11:30 This day In History 1:00 Rest & Relax 2:00 Monday Movie Simon Birch Popcorn & Drink Provided 4:00 Down Time Residents Choice</p>	<p>10:00 Current Events 10:30 Morning Exercise 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Bingo w/ Friends 2:00 Entertainment 3rd FI with Steve Flynn 3:00 Afternoon Social 3:30 Resident Chat & Relax 4:30 Residents Choice</p>	<p>10:00 Current Events 10:30 Glider Sliders 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club 1:30 Baking w/Friends - M 2:00 Resident run Rummikub 3:30 National Geographic 4:30 Residents Choice</p>	<p>10:00 Prayer Group -M 10:00 Current Events 10:30 Sit & be Fit 11:15 Daily Chronicle Reading 11:30 This Day in History 1:30 Balance Class w/ Vivian 2:00 Virtual Walk – London 3:00 Talk & Treat 3:30 Adult Coloring w/ Friends 4:30 Residents Chat & Relax</p>	<p>10:00 Let's Talk About It 10:30 Boot Camp w/ Weights 11:00 Chronicle Reading 11:30 IN2L Audio Book 1:00 Walking Club 2:00 Get Moving with Positive Music by DJ Randy - M 3:00 Color & Sip 3:30 Friday Social 4:00 Mindful Meditation</p>	<p>10:00 Sing Along w/ Mary Sue 10:30 Morning Exercise - Brandy 11:00 Daily Chronicle Reading 11:30 Mind Aerobics (Trivia) 1:30 Games IN2L 2:30 It's Show Time 3:30 Afternoon Social 4:00 Sing Along – DVD 4:30 Residents Choice</p>
<p>10:00 Sing Along w/ Susie Q 10:30 Daily Readings 11:00 Stretch & Flex - Egypt 11:30 Songs of Inspiration & Praise 1:00 Meditation on IN2L 1:30 IN2L Travel Tour 2:00 Get moving w/ Parachute 2:30 Finish the Phrase/Lyrics 3:30 Afternoon Social & Music 4:00 Ball Toss</p>	<p>10:00 Current Events 10:30 Armchair Exercise 11:15 Chronicle Reading 11:30 This day In History 1:00 Rest & Relax 2:00 Monday Movie I Can Only Imagine Popcorn & Drink Provided 4:00 Down Time Residents Choice</p>	<p>10:00 Current Events 10:30 Morning Exercise 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Bingo w/ Friends 2:00 Get Pampered by Brandy 3:00 Afternoon Social 3:30 Resident Chat & Relax 4:30 Residents Choice</p>	<p>10:00 Current Events 10:30 Glider Sliders 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club 1:30 Baking w/Friends - M 2:00 Resident run Rummikub 3:30 National Geographic 4:30 Residents Choice</p>	<p>10:00 Prayer Group -M 10:00 Current Events 10:30 Sit & be Fit 11:15 Daily Chronicle Reading 11:30 This Day in History 1:30 Balance Class w/ Vivian 2:00 Virtual Walk – Paris 3:00 Talk & Treat 3:30 Adult Coloring w/ Friends 4:30 Residents Chat & Relax</p>	<p>10:00 Current Events 10:30 Boot Camp w/ Weights 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club 2:00 Chair Tai Chi 2:30 America's Great Road Trip 3:30 Friday Social 4:00 Mindful Meditation</p>	

Residences at Vantage Point – Please note that activities can be change anytime due to residents' preferences All weekend activities are on Monterey Place M=Monterey Place – 5th unless noted