



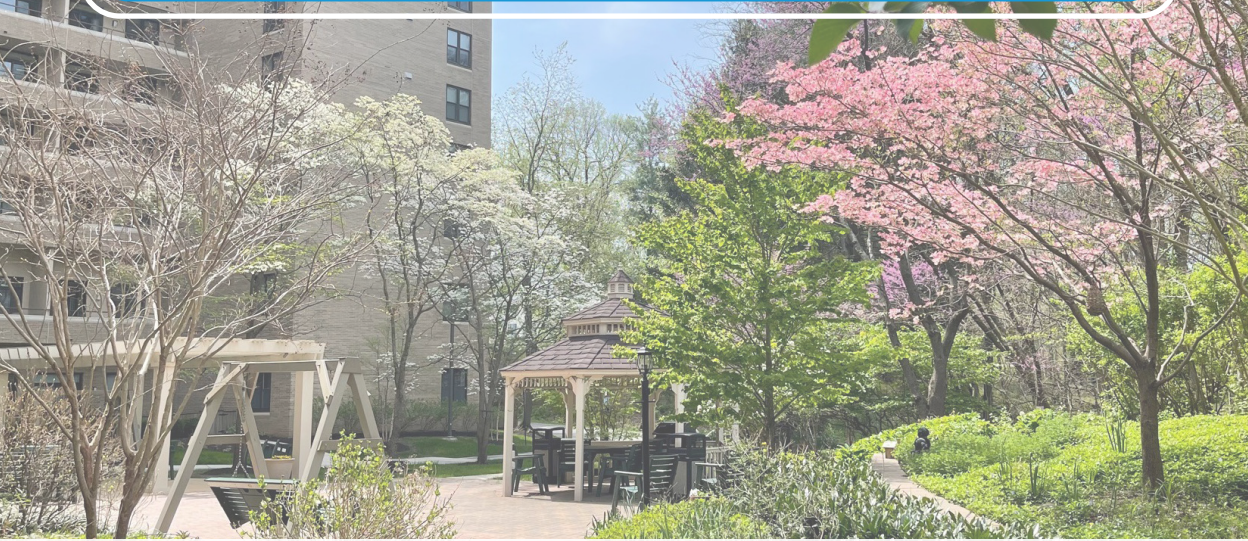
PERSON-CENTERED

Assisted Living & Memory Care

VantagePointResidences.org

Connect to a Vibrant Community

Ideally situated in vibrant Downtown Columbia, Maryland, Residences at Vantage Point residents and their families have enjoyed all the benefits and convenience of our central location since 1990.



Our caring person-centered approach to assisted living, memory care and comprehensive nursing care considers the unique needs of both Residents and their loved-ones - creating environments and engagement to reflect personal lifestyles and interests.

SOME OF OUR ON-SITE AMENITIES INCLUDE:

- ✓ Movie theatre, auditorium, 3,000-volume library
- ✓ Outdoor terrace, and Sidwell gardens
- ✓ Fitness Center
- ✓ Beauty and barber salon
- ✓ Restaurant style dining, Marketplace, and Pub
- ✓ Social opportunities, music programs, guest speakers
- ✓ Guest rooms, meeting rooms
- ✓ Wellness Center with primary care and visiting specialists
- ✓ Physical, Occupational, and Speech Therapies

Health & Wellness

Build friendships and live each day your way. We support you and provide assistance as needed. Whether you or your loved one needs ongoing support in assisted living, memory care or comprehensive nursing care, we're here for you as your care needs change. Have peace of mind with our **Flat-Rate Pricing** for Assisted Living and Memory Care, and reduced rates for comprehensive nursing care all under the same roof.

WELLNESS IS OUR CULTURE; HEALTH CARE IS OUR PROMISE

Every facet of Residences at Vantage Point is designed to promote the eight dimensions of wellness:

- ✓ Health Services
- ✓ Physical
- ✓ Emotional
- ✓ Intellectual
- ✓ Spiritual
- ✓ Vocational
- ✓ Social
- ✓ Environmental





ASSISTED LIVING

- ✓ Individualized care plan to support residents' activities of daily living
- ✓ Nurses and professionally trained caregiving staff
- ✓ On-Site primary care physician office and visiting specialists including audiology, dental, dermatology, mental health, home health, hospice, laboratory, pharmacy, podiatry, and radiology.
- ✓ On-site Physical, Occupational, and Speech Therapy
- ✓ Medication management
- ✓ 3 Chef-prepared meals and snacks daily
- ✓ Weekly housekeeping and daily touch up
- ✓ Fitness focus: daily fitness classes
- ✓ Rock Steady Boxing™ on-site
- ✓ Pet therapy
- ✓ Discussion groups: current events, history
- ✓ Worship services
- ✓ Afternoon socials
- ✓ Crafts and hobbies
- ✓ Music, movies, and games



Monterey Place

a specialized memory care program

Based on the latest memory care research Monterey Place develops a personal life history to develop a unique plan to engage with your loved one living with memory loss. Designed for overall well-being Monterey Place promotes physical and emotional well-being, supports daily routines, and maintains a sense of purpose, satisfaction, dignity and quality of life.



THE MONTEREY PLACE MISSION

- ✓ To recognize that the capabilities which remain are far more important than what is lost.
- ✓ To make each moment meaningful and purposeful.
- ✓ To focus on each resident's unique abilities.
- ✓ To create success stories one small victory at a time

You don't have to be the caregiver anymore. Instead, you can once again be there for them as a spouse, child, or friend.

On-Site Comprehensive Nursing Care

As a Life Plan community, residents who move into Assisted Living or Memory Care with a Residency Agreement have access to our comprehensive nursing care neighborhood at a reduced rate. Cedar Place is fully staffed by a team of professionals who provide 24-hour care and assistance to those who may need short-term rehab or have long-term care needs.



YOUR LOVED ONE'S WELL-BEING AND CARE ARE OVERSEEN BY:

- ✓ The Medical Director, a licensed Gerontological Internist
- ✓ Registered nurses and licensed practical nurses
- ✓ Geriatric nursing assistants
- ✓ On-site physical, occupational, and speech therapy
- ✓ Full-time social worker
- ✓ Registered dietitian
- ✓ Full-time Life Enrichment team

Monterey Place

a specialized memory care program

More than just a safe environment where residents are well taken care of, our unique memory care neighborhood, Monterey Place, is filled with individuals who are purposefully engaged in programs and living each day with as much meaning as possible.

MONTEREY PLACE ADVANTAGES

For Your Loved One	For You
✓ Provides a personalized program of care in a warm, caring environment	✓ Provides peace of mind knowing that your loved one is enjoying the best quality of life possible in a warm, caring environment
✓ Promotes a sense of purpose and quality of life	✓ Helps you return to being a loving friend, spouse, son or daughter.
✓ Supports overall health and well-being	✓ Promotes better connections and conversations between you and your loved one
✓ Reduces fear, anxiety and frustration	✓ Allows you to make the most of your time together – relaxed and comfortable

Creating a Sense of Balance

Individuals with memory loss often experience agitation or frustration if they don't have balance in their lives. Subconsciously we all require three things to lead a balanced and active daily life. For residents with memory loss, incorporating specific routines in a familiar environment minimizes anxiety.

SELF-DIRECTION It's often been said that when we look better, we feel better. So little things like getting dressed, washing our face and combing or styling our hair play a big role in maintaining self-esteem. We help residents be successful at those self-care tasks each day and celebrate their abilities to accomplish them.

VOCATION & PRODUCTIVITY Most of us have had a vocation or career—work and daily tasks that have given our lives a sense of purpose. We learn about your loved one's past career or vocation and find ways to incorporate or simulate some of those routine activities into daily life.

RECREATION & LEISURE By nature we tend to look forward to weekends and vacations. We engage residents in recreational and leisure activities that are familiar and similar to those they have always loved.

Call 410-992-1241 to learn more about
Vantage Point or to schedule a visit.



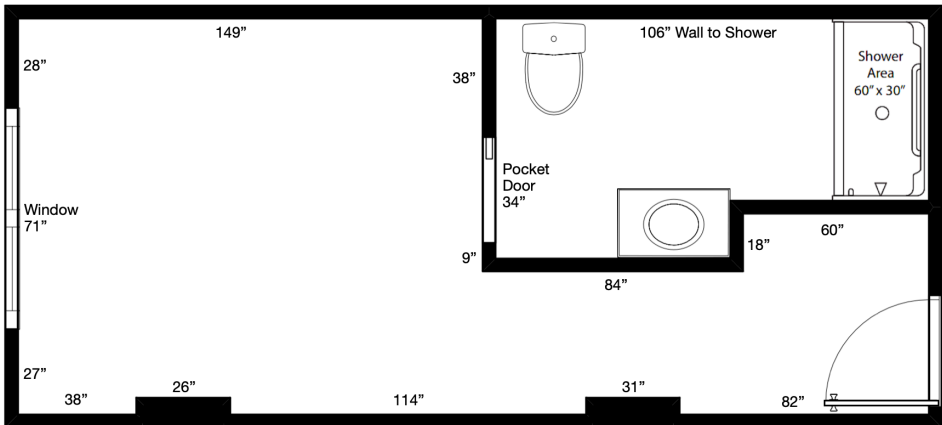
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5400 Vantage Point Road Columbia, MD 21044
VantagePointResidences.org

Monterey Place Floor Plan

PRIVATE STUDIO SUITE



*Additional Assisted Living floor plans available.

ASSISTED LIVING AMENITIES & SERVICES

- ✓ Private apartment with a full bath.
(Furniture provided unless bringing personal furnishings)
- ✓ Assistance with activities of daily living, including, for example, bathing, dressing and meals
- ✓ Trained professional staff and RN on-site 24/7
- ✓ On-site caregiver support groups
- ✓ Staff with specialized training in Memory Support Caregiving
- ✓ On-site short and long-term nursing care
- ✓ Beauty/barber salon, movie theatre, library
- ✓ Utilities including cable tv, telephone, wireless internet
- ✓ Weekly housekeeping
- ✓ Medication management
- ✓ Fitness center
- ✓ Transportation services

The Value of Living at Residences at Vantage Point

As you research your senior living options—who offers what, the terms, the benefits, the actual costs – you are probably left with many questions. Let us help you sort out the ABCs of Residency Agreements and Assisted Living and Memory Care within a Life Plan/Continuing Care Retirement Community.

The services offered under the different Residency Agreements are typically the same: Private living accommodation, dining program, utilities, weekly housekeeping, maintenance, planned social activities, scheduled transportation, among others. The differences occur in how you pay for the health care component of the community. What are the long-term costs for Assisted Living, Memory Care or Nursing Care?

Benefits of moving into Assisted Living or Memory Care at Residences at Vantage Point

Type C (modified) Fee-For-Service Agreement
• Fees include housing along with personal care services and amenities. • Assisted Living, and Memory Care at predictable flat-rate monthly fees significantly lower than current market daily rates no matter the hands-on services you may need. • On-site comprehensive nursing care at reduced rates.

Services Included

- Access to Cedar Place, our on-site comprehensive nursing center at a reduced rate
- Three meals per day served in the dining room, plus snacks
- Daily engaging, personalized programming with our Life Enrichment team
- Full time social services
- Personal care for all activities of daily living
- Wireless internet, basic cable, local & long-distance telephone
- Medication management
- Incontinence management
- Visitors welcome 24 hours a day
- Weekly housekeeping with daily touch ups
- Linen and towel service
- **And more...**



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Pricing

TYPE

C

Fee-for-Service Residency Agreement

90% Refundable Entrance Fee - \$20,060 per person
(\$2,000 non-refundable Capital Reserve fee included)

Traditional Assisted Living Level 1	\$9,245/month
Traditional Assisted Living Level 2	\$9,245/month
Traditional Assisted Living Level 3	\$9,245/month
Memory Care Assisted Living	\$9,454/month
Comprehensive Nursing Care	Semi-Private \$360/day* Private \$412/day*

* All fees are per person
Entrance Fee, Monthly, and Per Diem fees are subject to change
Fees effective 7/1/2026



Pricing Continued

Without a Residency Agreement

Community Fee of \$4,200 per person - Non-Refundable.
No admission to Comprehensive Nursing Care.

Traditional Assisted Living Level 1	\$238/day*
Traditional Assisted Living Level 2	\$260/day*
Traditional Assisted Living Level 3	\$287/day*
Memory Care Assisted Living	\$309/day*

* Entrance Fee, Monthly, and Per Diem fees are subject to change



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Residences at Vantage Point is Columbia's only not-for-profit retirement living community offering a combination of enriching opportunities, flexible living options, and the remarkable security and value of a Life Plan Community – all under one roof.



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