

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January 2026</h1> <h2>CEDAR PLACE</h2>						
10:00 Inspirational Program <b>4</b> 10:30 Stretch & Flex 11:00 Daily Readings 11:30 Songs of Inspiration & Praise 1:00 IN2L Travel Tour 2:00 Get moving w/ Ball Toss 2:30 Finish the Phrase/Lyrics 3:30 Afternoon Social & Music 4:00 Meditation on IN2L	10:00 1-1's w/ Mia <b>5</b> 11:00 Puzzles & Games 11:30 TV Time 1:00 Seated Yoga <b>2:00 Monday Matinee Movie</b> <b>28 Days</b> Snack & Drink provided 4:00 Get Moving w/ Exercise 4:30 Reading Circle 6:00 Game Shows	10:00 1-1's w/ Mia <b>6</b> 11:00 Puzzles & Games 11:30 TV Time 1:00 Seated Tai Chi <b>2:00 Entertainment - 3rd FL</b> <b>w/ Vintage Entertainment</b> 3:00 Crackers & Cheese Social 3:30 Afternoon Exercise 4:00 World Destination 6:00 Activities w/ Collin	10:00 1-1's w/ Mia <b>7</b> 11:00 Puzzles & Games 11:30 TV Time 1:00 Ring Toss 1:30 Baking w/ Friends - <b>M</b> 2:30 Trivia w/ Marilyn & Friends- <b>M</b> 3:00 Afternoon Social 3:30 Get Moving w/ Exercise 4:00 Reading Circle w/ Mia 4:30 Catholic Service 2nd Fl Aud	10:00 1-1's w/ Mia <b>8</b> 11:00 Puzzles & Games 11:30 TV Time 1:00 Musical Instruments 2:00 Ball Toss 3:00 Afternoon Social 3:30 Afternoon Exercise 4:00 National Geographic 6:00 Game Time w/ Collin	10:00 1-1's w/ Mia <b>9</b> 11:00 Puzzles & Games 11:30 TV Time 1:00 Simply Seated w/ Curtis A 2:00 Getting Creative w/ Mia 3:00 Friday Social 3:30 Ball Toss 4:00 Mia's Trivia Group 6:00 Chat & Relax	10:00 Travel Tour IN2L <b>3</b> 10:30 Morning Exercise 11:00 Daily Chronicle Reading 11:30 Mind Aerobics (Trivia) 1:30 Games IN2L <b>2:00 Entertainment w/ Bob Clark - M</b> 3:30 Afternoon Social 4:00 Basket Ball 4:30 IN2L Music
10:00 Inspirational Program <b>11</b> 10:30 Stretch & Flex 11:00 Daily Readings 11:30 Songs of Inspiration & Praise 1:00 IN2L Travel Tour 2:00 Get moving w/ Ball Toss 2:30 Finish the Phrase/Lyrics 3:30 Afternoon Social & Music 4:00 Meditation on IN2L	10:00 1-1's w/ Mia <b>12</b> 11:00 Puzzles & Games 11:30 TV Time 1:00 Seated Yoga <b>2:00 Monday Matinee Movie</b> <b>Singing in the Rain</b> Snack & Drink provided 4:00 Get Moving w/ Exercise 4:30 Reading Circle 6:00 Game Shows	10:00 1-1's w/ Mia <b>13</b> 11:00 Puzzles & Games 11:30 TV Time 1:00 Seated Tai Chi <b>2:00 Entertainment 3rd FL</b> <b>Charles Lee – Cedar Place</b> 3:00 Crackers & Cheese Social 3:30 Afternoon Exercise 4:00 World Destination 6:00 Activities w/ Collin	10:00 1-1's w/ Mia <b>14</b> 11:00 Puzzles & Games 11:30 TV Time 1:00 Ring Toss 1:30 Baking w/ Friends - <b>M</b> 2:30 Trivia w/ Marilyn & Friends- <b>M</b> 3:00 Afternoon Social 3:30 Get Moving w/ Exercise 4:00 Reading Circle w/ Mia 4:30 Catholic Service 2nd Fl Aud	10:00 1-1's w/ Mia <b>15</b> 11:00 Puzzles & Games 11:30 TV Time 1:00 Musical Instruments <b>2:00 Sing Along w/ Kibler - M</b> 3:00 Afternoon Social 3:30 Afternoon Exercise w/ Mia 4:00 National Geographic 6:00 Game Time w/ Collin	10:00 1-1's w/ Mia <b>16</b> 11:00 Puzzles & Games 11:30 TV Time 1:00 Simply Seated w/ Curtis A <b>2:00 Center's w/ Marilyn &amp; Friends - M</b> 3:00 Friday Social 3:30 Ball Toss 4:00 Mia's Trivia Group 6:00 Chat & Relax	10:00 Travel Tour IN2L <b>17</b> 10:30 Morning Exercise 11:00 Daily Chronicle Reading 11:30 Mind Aerobics (Trivia) <b>1:30 Entertainment w/ Bob Clark - M</b> 2:30 It's Show Time 3:30 Afternoon Social 4:00 Basket Ball 4:30 IN2L Music
10:00 Inspirational Program <b>18</b> 10:30 Stretch & Flex 11:00 Daily Readings 11:30 Songs of Inspiration & Praise 1:00 IN2L Travel Tour 2:00 Get moving w/ Ball Toss 2:30 Finish the Phrase/Lyrics <b>3:30 UNMUTE Concert</b> 4:00 Meditation on IN2L	10:00 1-1's w/ Mia <b>19</b> 11:00 Puzzles & Games 11:30 TV Time 1:00 Seated Yoga <b>2:00 Monday Matinee Movie</b> <b>Someone Like You</b> Snack & Drink provided 4:00 Get Moving w/ Exercise 4:30 Reading Circle 6:00 Game Shows <small>Martin Luther King Jr. Day</small>	10:00 1-1's w/ Mia <b>20</b> 11:00 Puzzles & Games 11:30 TV Time 1:00 Seated Tai Chi <b>2:00 Entertainment 3rd FL</b> <b>Steve Flynn – Cedar Place</b> 3:00 Crackers & Cheese Social 3:30 Afternoon Exercise 4:00 World Destination 6:00 Activities w/ Collin	10:00 1-1's w/ Mia <b>21</b> 11:00 Puzzles & Games 11:30 TV Time 1:00 Ring Toss 1:30 Baking w/ Friends - <b>M</b> 2:30 Trivia w/ Marilyn & Friends- <b>M</b> 3:00 Afternoon Social 3:30 Get Moving w/ Exercise 4:00 Reading Circle w/ Mia 4:30 Catholic Service 2nd Fl Aud	10:00 1-1's w/ Mia <b>22</b> 11:00 Puzzles & Games 11:30 TV Time 1:00 Musical Instruments 2:00 Ball Toss 3:00 Afternoon Social 3:30 Afternoon Exercise 4:00 National Geographic 6:00 Game Time w/ Collin	10:00 1-1's w/ Mia <b>23</b> 11:00 Puzzle & Games 11:30 TV Time 1:00 Simply Seated w/ Curtis A <b>2:00 Entertainment – 5<sup>th</sup> FL</b> <b>w/ DJ Randy - M</b> 3:00 Friday Social 3:30 Ball Toss 4:00 Mia's Trivia Group 6:00 Chat & Relax	10:00 Travel Tour IN2L <b>24</b> 10:30 Morning Exercise 11:00 Daily Chronicle Reading 11:30 Mind Aerobics (Trivia) 1:30 Games IN2L <b>2:00 Entertainment w/ VinBmusic - M</b> 3:30 Afternoon Social 4:00 Basket Ball 4:30 IN2L Music
10:00 Inspirational Program <b>25</b> 10:30 Stretch & Flex 11:00 Daily Readings 11:30 Songs of Inspiration & Praise 1:00 IN2L Travel Tour 2:00 Get moving w/ Ball Toss 2:30 Finish the Phrase/Lyrics 3:30 Afternoon Social & Music 4:00 Meditation on IN2L	10:00 1-1's w/ Mia <b>26</b> 11:00 Puzzles & Games 11:30 TV Time 1:00 Seated Yoga <b>2:00 Monday Matinee Movie</b> <b>An American in Paris</b> Snack & Drink provided 4:00 Get Moving w/ Exercise 4:30 Reading Circle 6:00 Game Shows <small>Australia Day (Observed)</small>	10:00 1-1's w/ Mia <b>27</b> 11:00 Puzzles & Games 11:30 TV Time 1:00 Seated Tai Chi 2:00 Getting Creative w/ Mia 3:00 Afternoon Snack 3:30 Afternoon Exercise 4:00 World Destination 6:00 Activities w/ Collin	10:00 1-1's w/ Mia <b>28</b> 11:00 Puzzles & Games 11:30 TV Time 1:00 Ring Toss 1:30 Baking w/ Friends - <b>M</b> 2:30 Trivia w/ Marilyn & Friends- <b>M</b> 3:00 Afternoon Social 3:30 Get Moving w/ Exercise 4:00 Reading Circle w/ Mia 4:30 Catholic Service 2nd Fl Aud	10:00 1-1's w/ Mia <b>29</b> 11:00 Puzzles & Games 11:30 TV Time 1:00 Musical Instruments <b>2:00 Sing Along w/ Kibler - M</b> 3:00 Afternoon Social 3:30 Afternoon Exercise w/ Mia 4:00 National Geographic 6:00 Game Time w/ Collin	10:00 1-1's w/ Mia <b>30</b> 11:00 Puzzles & Games 11:30 TV Time 1:00 Simply Seated w/ Curtis A <b>2:00 Travel Tour: Paris</b> 3:00 Friday Social 3:30 Ball Toss 4:00 Mia's Trivia Group 6:00 Chat & Relax	10:00 Travel Tour IN2L <b>31</b> 10:30 Morning Exercise 11:00 Daily Chronicle Reading 11:30 Mind Aerobics (Trivia) 1:30 Games IN2L 2:30 It's Show Time 3:30 Afternoon Social 4:00 Basket Ball 4:30 IN2L Music