November 2026

ASPEN PLACE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Inspirational Program 10:30 Stretch & Flex 11:00 Daily Readings 11:30 Songs of Inspiration & Praise 1:00 IN2L Travel Tour **2:00 Entertainment w/ VinBmusic - MJ** 3:30 Afternoon Social & Music 4:00 Moving with IN2L 4:30 Classic Movies IN2L Daylight Saving Time Ends	**2** 10:00 Current Events 10:30 Armchair Exercise 11:15 Chronicle Reading 11:30 This day In History 1:00 Tai Chi 2:00 Monday Matinee **Caddyshack II** 3:30 Afternoon Snack 4:00 Brit Box 6:00 Evening Movie	**3** 10:00 Current Events 10:30 Fitness w/ Marilyn 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Chair Yoga **2:00 Entertainment Cedar Place w/ Vintage Entertainment** 3:00 Afternoon Snack 3:30 Resident Chat & Relax 4:00 Lifetime 6:00 Evening Movie	**4** 10:00 Current Events 10:30 Glider Sliders 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Chair Boxing 2:00 Baking w/ Tameka 3:00 Sip & Create w/ Friends 3:30 Snack & Chat 4:30 Catholic Service 2nd FL 6:00 Evening Movie	**5** 10:00 Current Events 10:30 Sit & be Fit 11:15 Daily Chronicle Reading 11:30 This Day in History **1:30 Balance Class w/ Fitness** 2:00 **Sing Along Bob Kibler - MJ** 3:00 Talk & Treat 3:30 National Geographic 4:30 Resident Choice 6:00 Evening Movie	**6** 10:00 Current Events 10:30 Boot Camp w/ Weights 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club **2:00 Sing Along w/ Peter Francis** 3:00 Americas National Parks 3:30 Friday Social 4:00 Hallmark 6:00 Resident Choice	**7** 10:00 Sing Along for Seniors 10:30 Morning Exercise 11:00 Daily Chronicle Reading 11:30 Mind Aerobics (Trivia) 1:00 Travel Tour IN2L **2:00 Entertainment w/ Bob Clark** 3:00 Afternoon Social 4:00 Basket Ball Hoops 4:30 IN2L Music
8 10:00 Inspirational Program 10:30 Stretch & Flex 11:00 Daily Readings 11:30 Songs of Inspiration & Praise 1:00 IN2L Travel Tour 2:00 Get moving w/ Ball Toss 2:30 Finish the Phrase/Lyrics 3:30 Afternoon Social & Music 4:00 Moving with IN2L 4:30 Classic Movies IN2L Diwali (Hindi)	**9** 10:00 Current Events 10:30 Armchair Exercise 11:15 Chronicle Reading 11:30 This day In History 1:00 Tai Chi 2:00 Monday Matinee **Forrest Gump** 3:30 Afternoon Snack 4:00 Brit Box 6:00 Evening Movie	**10** 10:00 Current Events 10:30 Morning Exercise 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Chair Yoga **2:00 Entertainment 3rd Fl Cedar Place w/ David & Paula** 3:00 Afternoon Snack 3:30 Resident Chat & Relax 4:00 Lifetime	**11** 10:00 Current Events 10:30 Glider Sliders 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Chair Boxing 2:00 Baking w/ Tameka 3:00 Sip & Create w/ Friends 3:30 Snack & Chat 4:30 Catholic Service 2nd FL 6:00 Evening Movie Veterans Day Remembrance Day (Canada)	**12** 10:00 Current Events 10:30 Sit & be Fit 11:15 Daily Chronicle Reading 11:30 This Day in History **1:30 Balance Class w/ Fitness** **2:00 Piano Recital w/ Mary - MJ** 3:00 Talk & Treat 3:30 National Geographic 4:30 Resident Choice 6:00 Evening Movie	**13** 10:00 Current Events 10:30 Boot Camp w/ Weights 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club **1:45 Centers w/ Marilyn & Friends** 3:00 Americas National Parks 3:30 Friday Social 4:00 Hallmark 6:00 Resident Choice	**14** 10:00 Sing Along for Seniors 10:30 Morning Exercise 11:00 Daily Chronicle Reading 11:30 Mind Aerobics (Trivia) 1:00 Travel Tour IN2L **2:00 UnMute Concert** 3:00 Afternoon Social 4:00 Basket Ball Hoops 4:30 IN2L Music
15 10:00 Inspirational Program 10:30 Stretch & Flex 11:00 Daily Readings 11:30 Songs of Inspiration & Praise 1:00 IN2L Travel Tour **2:00 Entertainment w/ VinBmusic - MJ** 3:30 Afternoon Social & Music 4:00 Moving with IN2L 4:30 Classic Movies IN2L	**16** 10:00 Current Events 10:30 Armchair Exercise 11:15 Chronicle Reading 11:30 This day In History 1:00 Tai Chi 2:00 Monday Matinee **Catch me if you can** 3:30 Afternoon Snack 4:00 Brit Box 6:00 Evening Movie	**17** 10:00 Current Events 10:30 Fitness w/ Marilyn 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Chair Yoga 2:00 Book Club w/ Jansie **2:00 Entertainment 3rd Fl with Steve Flynn - MJ** 3:00 Afternoon Snack 3:30 Resident Chat & Relax 4:00 Lifetime	**18** 10:00 Current Events 10:45 Paula Chello & Mary on the Piano 11:30 This Day in History 1:00 Chair Boxing 2:00 Baking w/ Tameka 3:00 Sip & Create w/ Friends 3:30 Snack & Chat 4:30 Catholic Service 2nd FL 6:00 Evening Movie	**19** 10:00 Current Events 10:30 Sit & be Fit 11:15 Daily Chronicle Reading 11:30 This Day in History **1:30 Balance Class w/ Fitness** 2:00 **Sing Along Bob Kibler - MJ** 3:00 Talk & Treat 3:30 National Geographic 4:30 Resident Choice 6:00 Evening Movie	**20** 10:00 Current Events 10:30 Boot Camp w/ Weights 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club 2:00 Touring the World 3:00 Americas National Parks 3:30 Friday Social 4:00 Hallmark 6:00 Resident Choice	**21** 10:00 Sing Along for Seniors 10:30 Morning Exercise 11:00 Daily Chronicle Reading 11:30 Mind Aerobics (Trivia) 1:00 Travel Tour IN2L **1:30 Entertainment w/ Bob Clark** 3:00 Afternoon Social 4:00 Basket Ball Hoops 4:30 IN2L Music
22 10:00 Inspirational Program 10:30 Stretch & Flex 11:00 Daily Readings 11:30 Songs of Inspiration & Praise 1:00 IN2L Travel Tour 2:00 Get moving w/ Ball Toss 2:30 Finish the Phrase/Lyrics 3:30 Afternoon Social & Music 4:00 Moving with IN2L 4:30 Classic Movies IN2L	**23** 10:00 Current Events 10:30 Armchair Exercise 11:15 Chronicle Reading 11:30 This day In History 1:00 Tai Chi 2:00 Monday Matinee **In Love & War** 3:30 Afternoon Snack 4:00 Brit Box 6:00 Evening Movie	**24** 10:00 Current Events 10:30 Morning Exercise 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Chair Yoga 2:00 It's Time for Bingo - MJ 3:00 Afternoon Snack 3:30 Resident Chat & Relax 4:00 Lifetime 6:00 Evening Movie	**25** 10:00 Current Events 10:30 Glider Sliders 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Chair Boxing 2:00 Baking w/ Tameka 3:00 Sip & Create w/ Friends 3:30 Snack & Chat 4:30 Catholic Service 2nd FL 6:00 Evening Movie	**26** 10:00 Macy's Thanksgiving Day Parade 10:30 Turkey Trott 11:00 History of Thanksgiving 11:30 Thanksgiving Trivia 1:00 The Evolution of Stuffing **2:00 Holiday Movie Planes, Trains & Automobiles** 4:30 Music on IN2L 6:00 Evening Movie Thanksgiving Day (U.S)	**27** 10:00 Current Events 10:30 Boot Camp w/ Weights 11:15 Daily Chronicle Reading 11:30 This Day in History 1:00 Walking Club **2:00 Entertainment 5th Fl with DJ Randy - MJ** 3:00 Americas National Parks 3:30 Friday Social 4:00 Hallmark 6:00 Resident Choice	**28** 10:00 Sing Along for Seniors 10:30 Morning Exercise 11:00 Daily Chronicle Reading 11:30 Mind Aerobics (Trivia) 1:00 Travel Tour IN2L 2:00 It's Show Time 3:00 Afternoon Social 4:00 Basket Ball Hoops 4:30 IN2L Music
29 10:00 Inspirational Program 10:30 Stretch & Flex 11:00 Daily Readings 11:30 Songs of Inspiration & Praise 1:00 IN2L Travel Tour 2:00 Get moving w/ Ball Toss 2:30 Finish the Phrase/Lyrics 3:30 Afternoon Social & Music 4:00 Moving with IN2L 4:30 Classic Movies IN2L	**30** 10:00 Current Events 10:30 Armchair Exercise 11:15 Chronicle Reading 11:30 This day In History 1:00 Tai Chi 2:00 Monday Matinee **Knives Out** 3:30 Afternoon Snack 4:00 Brit Box 6:00 Evening Movie					



Residences at Vantage Point – Please note that activities can be change anytime due to resident's preferences

All weekend activities are on Monterey Place MJ=Monterey Place – 5th Fl unless noted