

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MONTEREY PLACE 						
10:00 Inspirational Program 10:30 Stretch & Flex 11:00 Daily Readings 11:30 Songs of Inspiration & Praise 1:00 IN2L Travel Tour 2:00 Entertainment w/ VinBmusic - M 3:30 Afternoon Social & Music 4:00 Meditation on IN2L	10:00 Sing Along for Seniors 10:30 Morning Exercise 11:00 Daily Readings 11:30 Mind Aerobics 1:00 Mindful Meditation IN2L 2:00 Monday Matinee Goodbye Columbus 4:00 Simply Seated with Curtis Adams 6:00 Game Shows Labor Day	10:00 Finish the Nursery Rhyme 10:30 Sit & Be Fit 11:00 Daily Readings/ Short Stories 11:30 Finish the Phrase 1:00 Travel Tour on IN2L 2:00 Entertainment 3rd FL w/ Vintage Entertainment 3:00 Crackers & Cheese Social 3:30 Get moving w/ Ball Toss 4:30 TV Time	10:00 Musical Instruments 10:30 Armchair Exercise 11:00 Daily Readings 11:30 Mind Aerobics 1:00 Meditation on IN2L 1:30 Baking w/ Friends 2:30 Trivia w/ Marilyn 3:00 Afternoon Social 3:30 Shake Rattle & Roll 4:30 Catholic Service 2nd Fl	10:00 Good News Stories 10:30 Exercise w/ Noemi 11:00 Daily Readings 11:30 Finish the Phrase 1:00 Travel Tour on IN2L 2:00 Centers w/ Marilyn & Friends 3:00 Afternoon Social 3:30 National Geographic 4:30 Ball Time 6:00 Resident/Staff Choice	10:00 Reminiscence - Sharing 10:30 Pool Noddle Exercises 11:00 Daily Readings 11:30 Brain Fitness 1:00 Meditation on IN2L 2:00 Sing Along w/ Peter Francis 3:00 Ice Cream Social 3:30 Drive or Fly IN2L 4:00 Game Room Time 6:00 Game Shows	10:00 Travel Tour IN2L 10:30 Morning Exercise 11:00 Daily Chronicle Reading 11:30 Mind Aerobics (Trivia) 1:30 Games IN2L 2:00 Entertainment w/ Bob Clark 3:30 Afternoon Social 4:00 Basket Ball 4:30 IN2L Music
10:00 Inspirational Program 10:30 Stretch & Flex 11:00 Daily Readings 11:30 Songs of Inspiration & Praise 1:00 IN2L Travel Tour 2:00 Entertainment w/ VinBmusic - M 3:30 Afternoon Social & Music 4:00 Meditation on IN2L Grandparents Day	10:00 Sing Along for Seniors 10:30 Morning Exercise 11:00 Daily Readings 11:30 Mind Aerobics 1:00 Mindful Meditation IN2L 2:00 Monday Matinee West Side Story 4:00 Simply Seated with Curtis Adams 6:00 Game Shows	10:00 Finish the Nursery Rhyme 10:30 Sit & Be Fit 11:00 Daily Readings/ Short Stories 11:30 Finish the Phrase 1:00 Travel Tour on IN2L 2:00 Entertainment 3rd FL w/ Steve Flynn – Cedar Place 3:00 Crackers & Cheese Social 3:30 Get moving w/ Ball Toss 4:30 TV Time	10:00 Musical Instruments 10:30 Armchair Exercise 11:00 Daily Readings 11:30 Mind Aerobics 1:00 Meditation on IN2L 1:30 Baking w/ Friends 2:30 Trivia w/ Marilyn 3:00 Afternoon Social 3:30 Shake Rattle & Roll 4:30 Catholic Service 2nd Fl	10:00 Good News Stories 10:30 Exercise w/ Noemi 11:00 Daily Readings 11:30 Finish the Phrase 1:00 Travel Tour on IN2L 2:00 Sing Along w/ Bob Kibler 3:00 Afternoon Social 3:30 National Geographic 4:30 Ball Time 6:00 Resident/Staff Choice	10:00 Reminiscence - Sharing 10:30 Pool Noddle Exercises 11:00 Daily Readings 11:30 Brain Fitness 1:00 Meditation on IN2L 2:00 Entertainment 3rd FL Bruce Thomas – Cedar Place 3:00 Friday Social 3:30 Drive or Fly IN2L 4:00 Game Room Time 6:00 Game Shows Rosh Hashanah Begins	10:00 Travel Tour IN2L 10:30 Morning Exercise 11:00 Daily Chronicle Reading 11:30 Mind Aerobics (Trivia) 1:30 Games IN2L 1:30 Entertainment w/ Bob Clark 3:30 Afternoon Social 4:00 Basket Ball 4:30 IN2L Music Oktoberfest Begins
10:00 Inspirational Program 10:30 Stretch & Flex 11:00 Daily Readings 11:30 Songs of Inspiration & Praise 1:00 IN2L Travel Tour 2:00 Entertainment w/ VinBmusic - M 3:30 Afternoon Social & Music 4:00 Meditation on IN2L Yom Kippur Begins	10:00 Sing Along for Seniors 10:30 Morning Exercise 11:00 Daily Readings 11:30 Mind Aerobics 1:00 Mindful Meditation IN2L 2:00 Monday Matinee Wonder 4:00 Simply Seated with Curtis Adams 6:00 Game Shows	10:00 Finish the Nursery Rhyme 10:30 Sit & Be Fit 11:00 Daily Readings/Short Stories 11:30 Finish the Phrase 1:00 Travel Tour on IN2L 2:00 It's Time for Bingo 3:00 Snack & Chat 3:30 Get moving w/ Ball Toss 4:30 TV Time 6:00 Resident/Staff Choice Alumim Begins	10:00 Musical Instruments 10:30 Armchair Exercise 11:00 Daily Readings 11:30 Mind Aerobics 1:00 Meditation on IN2L 1:30 Baking w/ Friends 2:30 Trivia w/ Marilyn 3:00 Afternoon Social 3:30 Shake Rattle & Roll 4:30 Catholic Service 2nd Fl	10:00 Good News Stories 10:30 Exercise w/ Noemi 11:00 Daily Readings 11:30 Finish the Phrase 1:00 Travel Tour on IN2L 2:00 Piano Sing Along w/ Mary 3:00 Afternoon Social 3:30 National Geographic 4:30 Ball Time 6:00 Resident/Staff Choice	10:00 Reminiscence - Sharing 10:30 Pool Noddle Exercises 11:00 Daily Readings 11:30 Brain Fitness 1:00 Meditation on IN2L 2:00 Get Moving with Positive Music by DJ Randy 3:00 Ice Cream Social 3:30 Drive or Fly IN2L 4:00 Game Room Time 6:00 Game Shows Sukkot Begins	10:00 Travel Tour IN2L 10:30 Morning Exercise 11:00 Daily Chronicle Reading 11:30 Mind Aerobics (Trivia) 1:30 Games IN2L 2:00 Unmute Concert 3:30 Afternoon Social 4:00 Basket Ball 4:30 IN2L Music
10:00 Inspirational Program 10:30 Stretch & Flex 11:00 Daily Readings 11:30 Songs of Inspiration & Praise 1:00 IN2L Travel Tour 2:00 Get moving w/ Ball Toss 2:30 Finish the Phrase/Lyrics 3:30 Afternoon Social & Music 4:00 Meditation on IN2L	10:00 Sing Along for Seniors 10:30 Morning Exercise 11:00 Daily Readings 11:30 Mind Aerobics 1:00 Mindful Meditation IN2L 2:00 Monday Matinee The Pink Panther 4:00 Simply Seated with Curtis Adams 6:00 Game Shows	10:00 Finish the Nursery Rhyme 10:30 Sit & Be Fit 11:00 Daily Readings/Short Stories 11:30 Finish the Phrase 1:00 Travel Tour on IN2L 2:00 It's Time for Bingo 3:00 Snack & Chat 3:30 Get moving w/ Ball Toss 4:30 TV Time 6:00 Resident/Staff Choice	10:00 Musical Instruments 10:30 Armchair Exercise 11:00 Daily Readings 11:30 Mind Aerobics 1:00 Meditation on IN2L 1:30 Baking w/ Friends 2:30 Trivia w/ Marilyn 3:00 Afternoon Social 3:30 Shake Rattle & Roll 4:30 Catholic Service 2nd Fl	September 2026 		