

OCTOBER 2025

RVP NEWSLETTER



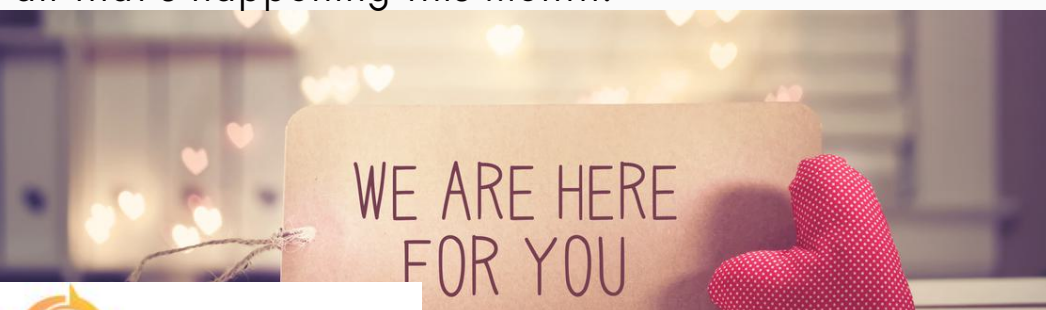
Greetings

FROM COMMUNITY LIFE

Greetings, Residents!

We are excited to welcome you to another month of fun, friendship, and new opportunities here at The Residences at Vantage Point. Whether you've been with us for years or you're just settling in—welcome! If you're new to our community, thank you for choosing to call our community home. We're so glad you're part of the Vantage Point family.

As always, we've got a full calendar of activities, outings, and events designed to bring joy, connection, and enrichment to your life. From engaging classes to exciting social gatherings, there's something for everyone. Read on to discover all that's happening this month!



Upcoming Events:



Veterans Day Ceremony
11/11 at 2pm



"Deck The Halls Together" (Resident
Christmas Tree Decorating)
12/3 at 1pm



Annual Holiday Party
12/19 at 3pm



Annual Chinese Dinner? Movie
(Kehilla Sponsored)
12/25 at 5:30pm



Annual Resident Talent Show &
NYE Party 12/31 at 7pm



A Message From Our Executive Director:

Dear Residents,

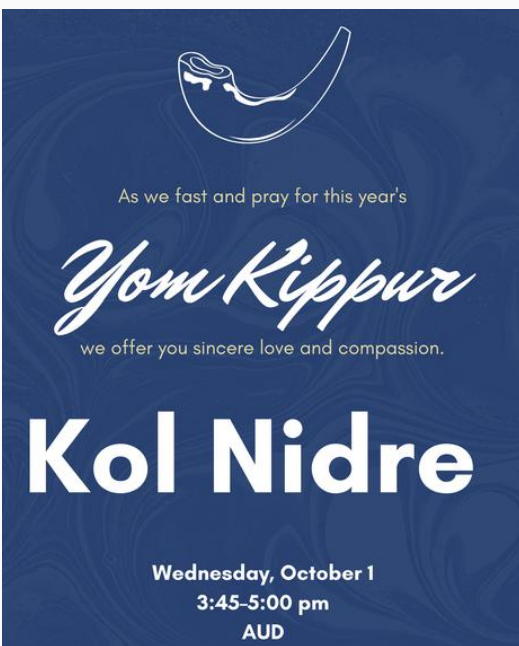
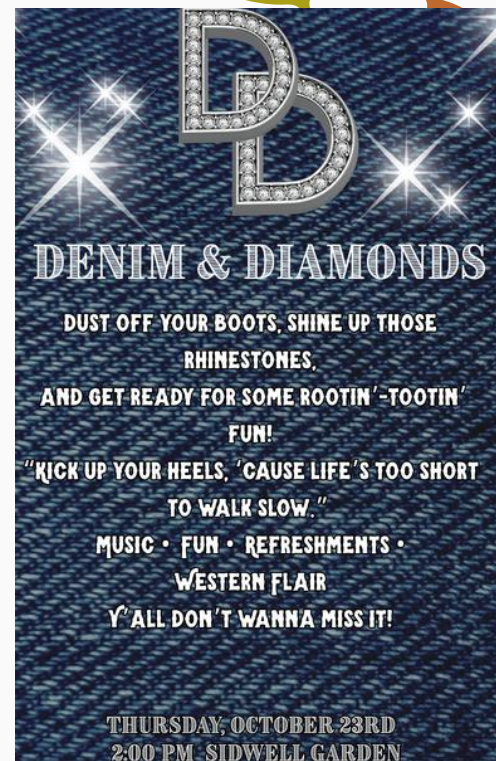
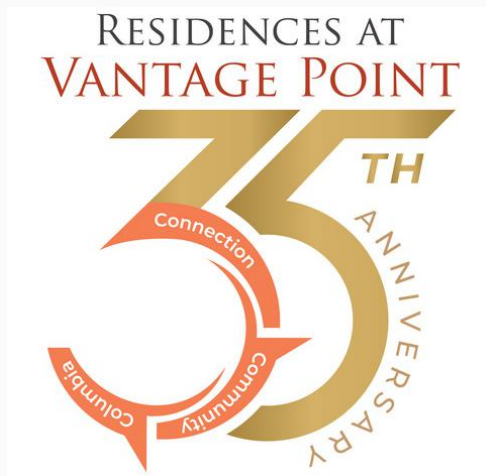
Fall has arrived at Vantage Point, bringing with it crisp air, colorful leaves, and a season filled with connection and activity. Our team is dedicated to keeping our community vibrant and welcoming, and we are excited to share a full calendar of events, seasonal celebrations, and opportunities to stay engaged.

We encourage you to explore the many activities and trips offered throughout October. From festive gatherings and educational programs to outings around town, there is truly something for everyone. With the change of season, perhaps you will discover a new event that sparks your interest or creates a fresh tradition.

We are grateful for the many ways you contribute to the spirit of our community. Thank you for making Vantage Point such a special place to live. Wishing you a joyful and colorful fall season!

Warm regards,
Pierce Carey
Executive Director

Highlights This Month!



Hello autumn

OCTOBER is...

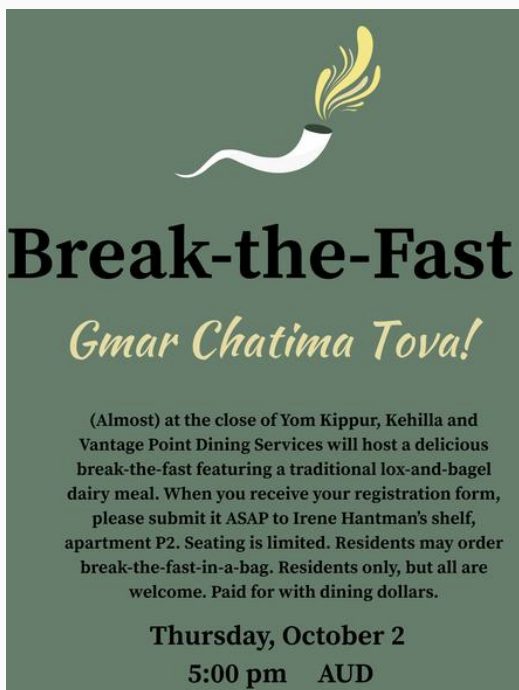
National Breast Cancer Awareness Month

National Domestic Violence Awareness Month

National Cybersecurity Awareness Month

National ADHD Awareness Month

National Arts & Humanities Month





WHERE

Let's GO!

Not sure where to go? Check the room key!

ROOM KEY

GROUND FLOOR

(SG) Sidwell Garden

1st FLOOR

(CLASS) Classroom

(CR) Columbia Room

(ED) East Door

(FC) Fitness Center

(GFS) Group Fitness Studio

(MP) Marketplace

(THTR) Theater

(WG) Wintergarden

2nd FLOOR

(AUD) Auditorium

(BISTRO) Dining Room

(CA) Creative Arts

(FD) Fireside

(GR) Game Room

(LO) 2nd Floor Lounge Area

(PUB) The Pub

(TERR) 2nd Floor Terrace

(PD) Private Dining Room

I am exactly
where I need to be

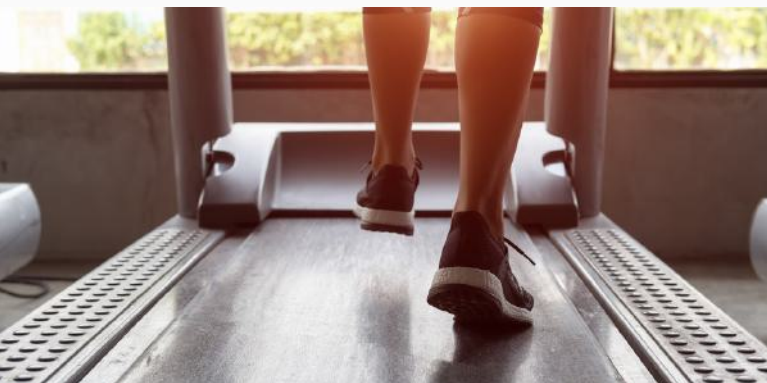
Fitness Tips & Updates



Vivian Smith:
Fitness Coordinator

Your health is your wealth, and it's never too late to keep moving and stay strong! This month we're bringing you a variety of ways to stay active, energized, and engaged.

Whether you enjoy a calming stretch, a heart pumping cardio session, or a walk with friends, there's something for everyone. Don't forget to check out our weekly fitness classes, helpful wellness tips, and upcoming movement challenges. Let's keep thriving one step, one stretch, and one smile at a time!



A poster for the Breast Cancer Pink Event. The background is a soft pink with a border of pink and white flowers. The text "BREAST CANCER PINK EVENT" is prominently displayed in the center, with a pink ribbon graphic integrated into the word "PINK". Below the title, it says "Join us for a day of awareness of breast cancer, education, and celebration. Activities included but not limited to:" followed by a list of activities: "Homage to Survivors", "Candle Making", "Exercise Classes", "Peer Education", and "Sound Bath Healing". It also states "Refreshments & Appetizers will be provided." and "FRI. OCT. 24TH 11AM- 4PM COMMUNITY WIDE". In the bottom right corner, there is a small graphic of two women celebrating, one wearing a pink shirt and the other a white shirt, both with pink ribbons on their chests. The year "2020" is partially visible.

Sunnie's Corner

Monthly Support Groups:

Groups:

10/1 (Wednesday) 3-4pm
(Classroom):

Memoir Writing Group

10/7 (Tuesday) 2-3pm

(Classroom): **Low Vision Group**

10/8 (Wednesday) 2-3pm

(CLASS):

**Helpful Tools to Stay Safe in the
Apartment**

10/10 (Friday) 2:30-3:30pm
(Classroom):

Caregiver Support Group

A 6-Session Grief Group

10/6, 10/13, 10/20, 10/27

(Mondays) at 11am-12pm

(Columbia Room):

**Finding Your Way After the
Death of a Spouse/Partner**

(Please contact Sunnie to
sign-up)

Art Journaling Class

10/1, 10/8, 10/22, 10/29

(Wednesdays) at

11am-12:30pm (Private Dining
Room)

(Please contact Sunnie to sign-
up)

Senior Planet

"Exploring AI" Series

10/22 (Wednesday) from

3-4pm (AUD) Senior Planet:

Intro to AI

10/29 (Wednesday) from 3-4pm

(AUD) Senior Planet:

AI All Around



HEALING TOGETHER

A Six-Week Loss of Spouse/Partner
Support Group and Healing Space

Time and Location

Mondays, 11am-12pm (Columbia Room)

What will we discuss?

Week 1 (9/29): Myths of Grief

Week 2 (10/6): Share Photos of Our Loved Ones Who Died

Week 3 (10/13): Learning to Live Alone

Week 4 (10/20): Coping with Grief

Week 5 (10/27): Who Am I Now?

Week 6 (11/3): Where Do I Go From Here?

Co-Facilitators

Eileen Stanzione, PhD, LCSW-C

Sunnie Sun, LMSW

To Register Contact

Independent Living Social Worker

Sunnie Sun, LMSW (x1311)

SunS@vantagepointresidences.org



Art Journaling Workshop Series

Facilitated by Teaching Artist
Vanita Leatherwood

Location: Private Dining Room

Art journaling is a creative practice that combines
writing and visual art, allowing for exploration and
self-expression through various mediums.

Art journaling is a personal, no-pressure way to
experiment with colors, images, patterns, and writing,
making it fun and relaxing! **No experience is needed.**

Materials are provided.

MEETS ON WEDNESDAYS

TIME: 11AM - 12:30PM

- A TOTAL OF 8 SESSIONS -

September 3, 17, 24

October 1, 8, 22, 29

November 5

TO REGISTER CONTACT:

Independent Living Social Worker:

Sunnie Sun, LMSW (x1311)

SunS@vantagepointresidences.org

RVP LIBRARY



Welcome to the
RVP Library Section!

Here, you'll find the latest updates and information about our community library. Whether you're looking to unwind with a good book, explore new topics, or simply enjoy the peaceful atmosphere, we invite you to stop by. Feel free to browse our shelves, relax with a read, or borrow from our wide selection of wonderful books.

We look forward to seeing
you at the library!



As I have mentioned several times before, the RVP library relies very heavily on the volunteers who make up the Library Committee. Whenever I hear praise about the library I want to emphasize that whatever the residents like about it is largely due to these great people who keep it going.

Since I began managing the library on August 1, 2024, I have introduced these volunteers to you in the library newsletter "The Occasional Reader". There is one more profile in the current newsletter, and in the next newsletter I plan to write about the last member of the committee—another valued resident who handles the computerization of the catalog.

Lastly, one item about library etiquette has come up that I should mention. It is this: Please do not use your cell phones in the library when others are trying to read. Libraries are traditionally quiet places, and I would like us to preserve that expectation. If you need to make a call or receive one, you can always step out into the Market Place area to use your phone. Thank you for your anticipated cooperation.

Pauline J. Cohen

Library Committee:

Mary Ruth Alter—Overdue books

Bob Kibler—paperback books and magazines

Joan Parvis—Giveaway cart and general tasks

Phil Reitzel—newspapers and book cataloging

David Simmons—computer support

Sue Sternheimer—book cataloging, and other tasks

Hope Vasholz—recording books loaned and returned,
reshelving

Pauline Cohen—Chair

x1032

SPEAKERS THIS MONTH



Lectures, guest speakers, and lifelong learning for lively minds. Join us as we welcome this month's presenters and engage in thought-provoking discussions.

***All programs held in the AUD unless otherwise stated.**



Vaccination Clinic : Wednesdays October 1st / 8th 9a-12p AUD

Erev Yom Kippur : Wednesdays October 1st 3:30p-5p AUD

Break the Fast Thursday October 2nd 5:30p-9 AUD

OSHER : Thursday October 2nd 1p
Tuesdays October 7th, 14th, and 21st 10am and 1pm AUD
Come join us in the AUDITORIUM for OSHER FALL CLASSES

Steve Friedman: Friday October 3rd at 2pm
Join us in the Auditorium for another one of Steve's Broadway Tours and Lectures

Dr. Jenner: HOT TOPICS: Tuesday October 7th
Come join us in the Auditorium with Dr. Jenner for our NEW "HOT TOPICS" discussion at 7:30pm

Li Ying Kathy Diao: Acupuncture Talk: Wednesday October 8th Come join us in the Auditorium to learn What is Acupuncture treatment and how can it help seniors?

George Clack "Short Stories" : Monday October 13th and October 27th at 10am in the AUD (Registered Residents ONLY)

MaCCRA: Monday October 16TH @ 1:30pm AUD
ALL ARE WELCOME!

Dr Andy Lazris: Friday October 17th at 11am
Health talk w/Dr. Andy Lazris

Dr. Jenner presents: Tuesday, October 21st at 7:30pm
The Panama Canal

LCS presents: Click with Confidence: Staying Safe in the Digital World Wednesday, October 22nd at 7:30pm AUD

Pierce's Points: Thursday October 23rd at 11am
Join us in the AUD as we hear the latest news from the Executive Director, Pierce Carey.

New Perspectives Presentation:
Thursday October 23rd at 7:00pm AUD

Great Decisions: Monday October 27th at 2pm
India between China, the West, and the Global South~Vicki Tsilik

Evening Speaker Hugo Keesing:
"The Soundtrack of Our Lives"
Tuesday, October 28th at 7:30pm AUD

Music This Month



We're proud to offer a wide variety of music and genres to suit every taste. Join us in welcoming the talented musicians performing in our community this month. Sit back, relax, and enjoy the music!



BORISEVICH DUO
Pianist/Violinist
Saturday Oct 4
7:30pm

VOV's
Kassie
Joey
Dave &
Geoff
Wednesday Oct 15
7:30pm

VOV's
Allison & Partner
4 Hand Piano
Performance
Monday Oct 6
7:30pm

Emmanuel Trifilio
Bandoneon Duo
Thursday Oct 16
7:30pm

VOV's
Daniel Murray
(Frank Sinatra)
Geoff (Pianist)-
Wednesday Oct 8
7:30pm

VOV's
Kassie, Mike & John
Jazz Tunes
Monday Oct 20
7:30pm

Ali Cook
Vocalist/Pianist
Thursday Oct 9
7:30pm

VOV's
Michael Yugo Duo
Sunday Oct 26
7:30pm

Empty Ecstasy
Acoustic Duo
Sunday Oct 12
7:30pm

Min Young Park
(Piano Four Hands
Duo)
Thursday Oct 30
7:30pm

THIS MONTH'S MUST SEE'S



We've got a film scheduled everyday—
but these are the ones you won't want
to miss!

BREAKFAST AT TIFFANY'S (1961)

RATED PG | 1hr 55min

A young New York socialite becomes interested in a young man who has moved into her apartment building, but her past threatens to get in the way.

SATURDAY 10/11 @ 7:30PM

LEGENDS OF THE FALL (1995)

RATED R | 2hr 13min

In the early 1900s, three brothers and their father living in the remote wilderness of Montana are affected by betrayal, history, love, nature, and war.

WEDNESDAY 10/1 @ 7:30PM

FATHER OF THE BRIDE (1991)

RATED PG | 1hr 45min

With his oldest daughter's wedding approaching, a father finds himself reluctant to let go.

FRIDAY 10/3 @ 7:30PM

SUPERMAN (2025)

RATED PG | 2hr 9min

Superman must reconcile his alien Kryptonian heritage with his human upbringing as reporter Clark Kent. As the embodiment of truth, justice and the human way he soon finds himself in a world that views these as old-fashioned.

SATURDAY 10/4 @ 7:30PM

HIDDEN FIGURES (2017)

RATED PG | 2hr 7min

Three female African-American mathematicians play a pivotal role in astronaut John Glenn's launch into orbit while dealing with racial and gender discrimination.

THURSDAY 10/9 @ 7:30PM

KATE AND LEOPOLD (2001)

RATED PG13 | 1hr 58min

An English Duke from 1876 is inadvertently dragged to modern day New York where he falls for a plucky advertising executive.

SUNDAY 10/12 @ 2PM

27 DRESSES (2008)

RATED PG13 | 1hr 51min

After serving as a bridesmaid 27 times, a young woman wrestles with the idea of standing by her sister's side as her sibling marries the man she's secretly in love with.

SATURDAY 10/18 @ 2PM

GREASE (1978)

RATED PG | 1hr 50min

Good girl Sandy Olsson and greaser Danny Zuko fell in love over the summer. When they unexpectedly discover they're now in the same high school, will they be able to rekindle their romance?

SATURDAY 10/25 @ 7:30PM

***Movies are subject to change. See
flyer near theater for updates!**



Jenn Lavinish

ART

EXPERIENCE

EVERY WEDNESDAY AT
9:30AM IN CA



Floral Arranging workshop w/ Laura

1ST & 3RD MONDAYS
1:00pm Class
2:00pm Class

Music In The WINTER GARDEN



Tuesday 10/ | 2PM
Pianist VOV

Tuesday 10/ | 2PM
Pianist VOV

Brain *Fitness*TM

STAY SHARP!!!!
w/ DANA

OCT. 13TH

OCT. 27th

TIME: 11:00AM

WHERE: CA

*Classes are now open to
NEW participants!*

Transportation Services



Our community offers scheduled transportation for:

- Medical appointments
- Grocery and shopping trips
- Local outings and museums
- And more!

Need a ride?

Transportation request forms are available at the Transportation Desk, located next to Security.

Please submit your request in advance to ensure availability. We're happy to get you where you need to go!

Transportation:

**Operates Mon-Fri from
8:00am
until 4pm
EXCEPT on Holidays**

**Lyft Services are available
24hrs a day, 7 days a week
upon request. Contact
Concierge for scheduling
Lyft services.**

**Please remember that
transportation requests,
require 5 days advance
notice! While we do our best
to accommodate every
request, not all requests
may be fulfilled due to
scheduling limitations. If we
are unable to accomodate
your request, please feel free
to utilize the lyft services
available through the
community.**

**Transportation: Dial x3059 or
contact Concierge to be
transferred.**



**SUN
OCT 12**

Departs ED
at 2:15pm



**THURS
OCT 16**

Departs ED
at 10:30am



**FRI
OCT 17**

Departs ED
at 4:15pm



**SUN
OCT 19**

Departs ED
at 1:30pm



**MON
OCT 20**

Departs ED
at 11am



**WED
OCT 29**

Departs ED at
10:30am

**BALTIMORE
MUSEUM OF
ART**

SERVICES



We recognize and respect the rich spiritual traditions within our community. These services offer moments of reflection, connection, and peace for those who wish to participate.

All residents are welcome to attend the gatherings that speak to their faith and personal journey.

Together, we create a space of reverence, respect, and community.

**EVERY SUNDAY | 12:30PM,
AUD
CATHOLIC
COMMUNION SERVICE**

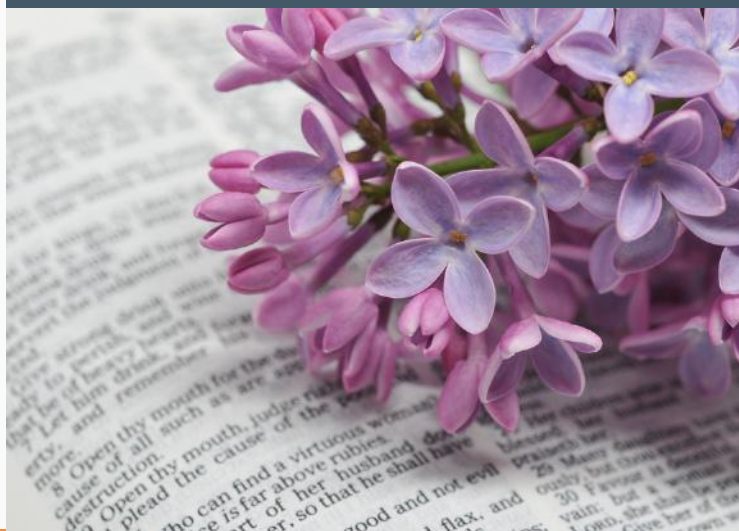
**EVERY SUNDAY | 2PM,
AUD
PROTESTANT CHURCH
SERVICE**

**EVERY WEDNESDAY | 4:30PM,
AUD
CATHOLIC COMMUNION
SERVICE**

**FOURTH WEDNESDAY
4:30PM, AUD
CATHOLIC MASS**

**SECOND & FOURTH FRIDAY
3:45-5PM, AUD
SHABBAT SERVICES**

**FIRST FRIDAY
10-11AM, AUD
QUIET REFLECTION HOUR**



The background of the entire slide is a rustic wooden surface adorned with various autumn-themed items. There are several maple leaves in shades of yellow, orange, and red scattered across the wood. Interspersed among the leaves are clusters of small, bright red berries and a few green apples. A large, white circular area with a thick orange border is centered on the page, containing the main text.

EMPLOYEE APPRECIATION FUND

**Last day for contributions:
November 30, 2025**

**Any contributions received after the above
date will go to next years' campaign**

**Make Check out to: Columbia Vantage
Point Foundation**

Write on Memo line: EAF

**Put your donation in the black Payment
Drop Box in the mail room**



CELEBRATION

OCTOBER 15TH, 2025

**3-5PM: (WG & 2ND FLOOR LOUNGE)
-RECEPTION & LIVE MUSIC
FEATURING SAXOPHONIST MERLON DEVIN**

**5:00PM: (AUD)
-WELCOME : PIERCE CAREY & VIRGINA M. THOMAS
SPECIAL GUEST:
HOWARD COUNTY DEPUTY CHIEF ADMINISTRATIVE
OFFICER JAMAR HERRY
-CHAMPAGNE TOAST & MILESTONE VIDEO DEBUT**

**7:30PM:
-EVENING ENTERTAINMENT
ENJOY A SPECIAL PERFORMANCE BY VOICES OF VETS
(AUD)**



MaCCRA

Maryland Continuing Care Residents Association
The Voice of CCRC Residents

presents

The Bottom Line: What Financial Solvency Means for CCRC's (Webinar)

***Thursday, October 16th
1:30pm / AUD***

Join us for an engaging conversation with leading experts on the Financial Solvency of CCRCs. The session will include an overview of financial metrics and what they mean for overall financial health, as well as a discussion of recent high profile CCRC bankruptcy cases, and a review of other CCRC financial hardship cases that did not end in bankruptcy and why. We will also review what states' laws have to say about bankruptcy and protections. MaCCRA is a non profit organization and the voice for CCRC Residents.

Everyone's Welcome !

DONATION DAY Pick-Up by GreenDrop
Charitable Donations & Swap Meet

SWAP MEET:
DATE: JANUARY 2026
TIME: TBD

***What types of items are
accepted for donation:***

**Clothing & Shoes, Books & Artwork,
Linens & Bedding, Toys, Small appliances,
Kitchenware, Items in Good Condition**

***Items that cannot be brought down
for donation:***

**PERISHABLES, PLANTS, FOOD, LARGE ITEMS,
FURNITURE, MEDICATIONS, MEDICAL
SUPPLIES
NO EXCEPTIONS**

***How Items should be packaged
BEFORE being brought down:***

**ALL Items MUST be bagged or boxed.
NO EXCEPTIONS. If any fragile items,
please label the box "FRAGILE" So
handed with care.**

***Independent Living residents are invited to bring
items to the auditorium for the swap meet on
TBD***

***Residents are encouraged to bring donated items to
the auditorium to participate in the swap meet
prior to the scheduled pickup.***

Swap Meet is from 1pm-5pm

***All unclaimed donations will be picked up by
GreenDrop Charitable Donations on TBD***

**Reminder: Any items you wish to keep, must be taken
back to your apartment after swap meet. All
unclaimed items will be donated to GreenDrop.**

****PLEASE NOTE: THIS EVENT IS EXCLUSIVELY FOR THE
INDEPENDENT LIVING COMMUNITY ONLY.**

**For questions or volunteering Please contact:
Carolyn Ehrlich x1226**

Resident Committees



Committees are the heartbeat of our community. These dedicated groups of residents come together to help shape the experiences, activities, and overall well-being of everyone around them. Committees are a reminder that every resident has something valuable to offer. Together, we can create a vibrant, engaged community where everyone feels seen, heard, and supported.



RA Council Committee

1ST Thursday AFTER the first Monday at 2:00PM (CLASS)

RA Library Committee

TBD (AS NEEDED)

RA Community Life Committee

2ND Thursday at 10:15AM (CLASS)

RA Hospitality Committee

Third Thursday at 1PM (PD)

RA Marketing Committee

Third Thursday at 3PM (CLASS)

RA Health Services Committee

Fourth Tuesday at 3PM (CLASS)

RA Grounds & Garden Committee

First Thursday at 11AM (CLASS)

RA Floor Reps Committee

4th Tuesday of Every Other Month at 11AM (CLASS)

RA Finance Committee

Fourth Monday at 11AM (CLASS)

RA Dining Committee

2nd Tuesday at 10AM (PD)

RA Building Services Committee

Third Friday at 1PM (CLASS/ZOOM)



Armchair Travelers

Third Friday at 7:30PM (AUD)

- Jeff Friedhoffer X 1041
- Paula Rasera X 1166

Artist Guild

Every SUN, TUE, THU, FRI & SAT at 9AM (CA)

Assorted Bridge Groups

Every Thursday at 1PM (CA)

- Bob Kibler X1056

Bridge

Every Monday at 1PM (CA)

- Jansie Rogers x1056
- Bob Kibler X1056

BINGO!

Second and Fourth Thursday at 7PM (CLASS)

- Linda Yaffe X 1196
- Teddy Clarke X 1185

Chat and Stitch Fiber Arts

Every Tuesday at 1PM (CA)

- Barbara Miller X 1034

Chess

Every Friday at 3:00PM (GR)

- Bob Kibler X 1056

Baseball Cornhole

Every Wednesday at 7PM *practice begins at 6:30PM (SG)

SEASONAL

- Rebecca Birnie X 1048

Duplicate Bridge

Every Wednesday at 1PM (CA)

- Bob Kibler X1056

Friday Walking Group

Every Friday at 9AM (MP)

- Dick Bush X 1260

Great Decisions

Fourth Monday at 2PM (AUD)

- Jansie Rogers x1056

International Folk Dance

Every Monday at 6:30PM (GFS)

- Bernie Geller X 1160

Learn & Play Rummikub

Every Monday & Thursday at 10AM (MP)

- Sandra Kniaz X 1043
- Lois Loen X 1168

Learn Spanish

Every Saturday at 2PM (CLASS)

- Edie Young X 1128

Mah Jongg

Every Thursday at 1PM (GR)

- Zelda Rachbach x1227

Poetry Group

Second Tuesday at 3PM (PD)

- Suzanna Meritt X 1187

Scrabble Players

Every Saturday at 1PM (GR)

- Dick Bush X 1260

Catholic Community

• Every Sunday | 12:30pm, AUD | Catholic Comm. Service

- Every Wednesday | 4:30pm, AUD Catholic Communion
- 4th Wednesday Catholic Mass
- Pat Lateri X 1193

Protestant Community

Every Sunday | 2pm, AUD

- Ruth Bell X 1293

Kehilla Community

Second and Fourth Friday at 3:45PM (AUD)

- Irene Hantman X 1112

Pool Group

Sunday-Thursday & Saturday at 3PM (GR)

Fridays at 12:30PM

- George Gallahorn X 1225

Saturday Sing-A-Long

Every Saturday at 4:30PM (WG)

- Bob Kibler X 1056

Spanish Conversation Group

Every Friday at 11:30AM (CLASS)

- Edie Young X 1128

Tap Dance

Thursdays at 3PM (GFS)

- Carole Ross X 1050

The Vantage Point Players

1st & 3rd TUES AT 3PM (CA)

- Erin Peacock x1363

Trivia Group

Every Friday at 2PM (GR)

- Dick Nelson X 1012

Book Clubs

1st Tuesday at 2PM (FD)

2nd Tuesday 2PM (CLASS)

3rd Tuesday 2PM (CLASS)

4th Tuesday 2PM (CLASS)

- Carol McGinnis X1037
- Jansie Rogers X 1056
- Judy Dye X 1135
- Bob Kibler X1056

Pickleball

Sunday, Tuesday, Thursday, Friday, Saturday at 8:30AM (TC)

- Bob Kibler X 1056

Walking with Rollators & Walkers Group

Every Second and Fourth Tuesday at 1:30PM (ED)

- Kathy Rose X 1254

Wii Games

Every Tuesday at 12PM (GFS)

- Lynn Perlin X 1273

Artists Guild 2.0

Every Saturday at 10am (CA)

- Natalie Roberts x1186

New Perspectives

- Fred Alford x1113

Management Team



**Executive
Director: Pierce
Carey**



**Administrator:
Alexis
Hitchcock**



**Director of Health
Services: Fatmatu
"Bah" Barrie**



**Director of
Human
Resources: Paul
Dutton**



**Director of
Marketing:
Patti Hutton**



**Director of
Community Life:
Carliesa Meakes**



**Director of
Enviornmental
Services: Gil Hardy**



**Director of
Finance: Heather
Warble**



**Director of
Dining Services:
Lisa Rohauer**



**Director of Plant
Operations: Mark
Scoffield**