

# RVP NEWSLETTER



## Greetings

FROM COMMUNITY LIFE

Greetings, Residents!

We are excited to welcome you to another month of fun, friendship, and new opportunities here at The Residences at Vantage Point. Whether you've been with us for years or you're just settling in—welcome! If you're new to our community, thank you for choosing to call our community home. We're so glad you're part of the Vantage Point family.

As always, we've got a full calendar of activities, outings, and events designed to bring joy, connection, and enrichment to your life. From engaging classes to exciting social gatherings, there's something for everyone. Read on to discover all that's happening this month!



### Upcoming Events:



Remembrance Ceremony  
May 22, 2026



Cinco de Mayo Social Hour  
May 5, 2026



Walk to End Alzheimer's  
CAR WASH  
June 2026



Moving Day at UMBC  
June 6 2026



August 2026



## A Note from Tom Our Interim Executive Director:

Dear Residents,

After the stretch of winter weather we've had, it feels like a gift to watch the last of the snow finally melt away. There's something about seeing the sidewalks clear and the first hints of green returning that brings a sense of relief and a good dose of hope that spring is just around the corner.

As always, I'm grateful for the warm, welcoming spirit here at the Residences at Vantage Point. This community stands out not just for the beautiful campus, but for the friendly residents and dedicated staff who make each day brighter. Whether I'm chatting with someone in the hallway or catching up during an event, I'm reminded how fortunate I am to be part of this place.

This past month's Mardi Gras celebration and the weekly Happy Hours have been perfect examples of what makes Vantage Point so special. It's hard to beat the energy of a room full of people laughing, visiting with neighbors, and simply enjoying themselves. These gatherings are more than just events - they're opportunities to connect, build friendships, and keep our community feeling vibrant and alive.

As we look ahead to spring, I'm excited to welcome new residents who will be joining us soon. I'm also looking forward to spending more time with those of you already here - getting to know you better, hearing your stories, and sharing in the day-to-day moments that make this community feel like home.

Here's to warmer days, fresh beginnings, and the many good things still to come.

Tom

Interim Executive Director

# Highlights This Month!



MARCH

is....

National Women's  
History Month

National Nutrition  
Month

National Craft Month

National Kidney  
Month

National Reading  
Month

Irish-American  
Heritage Month





**WHERE**

*Let's GO!*

Not sure where to go? Check the room key!

## ROOM KEY

### GROUND FLOOR

(SG) Sidwell Garden

### 1st FLOOR

(CLASS) Classroom  
(CR) Columbia Room  
(ED) East Door  
(FC) Fitness Center  
(GFS) Group Fitness Studio  
(MP) Marketplace  
(THTR) Theater  
(WG) Wintergarden

### 2nd FLOOR

(AUD) Auditorium  
(BISTRO) Dining Room  
(CA) Creative Arts  
(FD) Fireside  
(GR) Game Room  
(LO) 2nd Floor Lounge Area  
(PUB) The Pub  
(TERR) 2nd Floor Terrace  
(PD) Private Dining Room

I am exactly  
where I need to be



**Vivian Smith:**  
**Fitness**  
**Coordinator**

Your health is your wealth, and it's never too late to keep moving and stay strong! This month we're bringing you a variety of ways to stay active, energized, and engaged. Whether you enjoy a calming stretch, a heart pumping cardio session, or a walk with friends, there's something for everyone. Don't forget to check out our weekly fitness classes, helpful wellness tips, and upcoming movement challenges. Let's keep thriving one step, one stretch, and one smile at a time!



### **"Spring Into Strength"**

#### **1. Start with a 10-Minute Rule**

No marathon required. Commit to just 10 minutes of movement a day. A brisk hallway walk, light chair exercises, or marching in place during commercials counts. Once you start, you'll often do more.

#### **2. Practice the "Stand Strong" Habit**

Every time you sit, stand back up without using your hands (if safe to do so). This builds leg strength — and strong legs mean independence.

#### **3. Stretch Like the Sun Is Watching**

Gentle morning stretches wake up stiff joints. Roll shoulders, lift arms overhead, and stretch calves and hamstrings. Move slow. No bouncing. We're seasoned — not reckless.

#### **4. Balance Is Everything**

Stand behind a sturdy chair and practice lifting one foot for 10 seconds. Switch sides. Balance reduces fall risk and keeps confidence high.

#### **5. Walk and Talk**

Grab a neighbor and make walking social. Laughter boosts heart health too — and it's free.

#### **6. Hydrate Like It's July**

Even in cooler weather, dehydration sneaks up. Drink water before and after exercise.

#### **7. Don't Skip Strength Training**

Light hand weights or resistance bands twice a week help maintain muscle and bone health. If it feels too easy, it probably is.

#### **8. Listen to Your Body — Not Your Excuses**

Mild soreness? Normal. Sharp pain? Stop. There's a difference.

## March Motivation

Spring reminds us that growth doesn't stop — it just needs a little warmth and consistency. You are never "too old" to get stronger. Movement is medicine, and independence is priceless.





## Monthly Support Groups:

**3/3 (Tue) 2-3pm Low Vision Group (Classroom)**

**3/13 (Fri) 2:30-3:30pm Caregiver Support Group (Classroom)**

**3/27 (Fri) 2-3pm RVP Death Café (Classroom)**

Starting this month (March), I will be facilitating a monthly Death Café session on the 4th Friday afternoon at 2pm. This will be a safe, respectful and open space where we can collectively explore and discuss topics related to death and dying, as well as other end-of-life related issues. All are welcome.

**3/6 (Fri) 2-3pm Show & Tell: Assistive Devices for Vision Loss and More (AUD)**

**3/10 (Tue) 7:30-8:30pm How Emotions Affect Your Health (by Sharon Burns) (AUD)**

There will be a series of senior planet technology classes on "Telehealth & Medicine" happening on 4 Thursday afternoons in March:

**Week 1: Telemedicine (March 5)**

**Week 2: My Chart (March 12)**

**Week 3: Navigating Medicare Resources Online (March 19)**

**Week 4: Online Health Resources (March 26)**

# RVP LIBRARY



Welcome to the  
RVP Library Section!

Here, you'll find the latest updates and information about our community library. Whether you're looking to unwind with a good book, explore new topics, or simply enjoy the peaceful atmosphere, we invite you to stop by. Feel free to browse our shelves, relax with a read, or borrow from our wide selection of wonderful books.

We look forward to seeing you at the library!



With the recent cold weather, it's an ideal time to do some reading, and I hope you will take advantage of the good books available to you in the library.

One problem that has occurred lately is that not everyone is going through the proper procedure when borrowing library books. Some of the books—especially the newer ones—are leaving the library without being checked out. Please be aware of what you need to do when borrowing a book. There are instructions under the glass on the library desk, if you need a reminder. I appreciate your cooperation.

Please look around your apartment and see if you have any overdue library books. The library is missing a number of books that need to be returned.

If you have any questions or concerns, please let me know.

Thank you.

Pauline Cohen  
X 1032

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## Library Committee:

Mary Ruth Alter—Overdue books

Bob Kibler—paperback books and magazines

Joan Parvis—Giveaway cart and general tasks

Phil Reitzel—newspapers and book cataloging

David Simmons—computer support

Sue Sternheimer—book cataloging, and other tasks

Hope Vasholz—recording books loaned and returned,  
reshelving

Pauline Cohen—Chair  
x1032

# SPEAKERS THIS MONTH



Lectures, guest speakers, and lifelong learning for lively minds. Join us as we welcome this month's presenters and engage in thought-provoking discussions.

\*Please check posters for additional information.

**\*All programs held in the AUD unless otherwise stated.**



**OSHER : Tuesdays in MARCH 10am and 1pm AUD**  
**Come join us in the AUDITORIUM for OSHER FALL CLASSES**

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**George Clack "Short Stories" : Monday MARCH 2<sup>nd</sup> , MARCH 16<sup>th</sup> , and MARCH 30<sup>th</sup> at 10am in the AUD (Registered Residents ONLY)**  
 .....

**Dr. Jenner: HOT TOPICS: Tuesday MARCH 3<sup>rd</sup>**  
**Come join us in the Auditorium with Dr. Jenner for our NEW "HOT TOPICS" discussion at 7:30pm**  
 .....

**Evening Speaker Hugo Keesing:**  
**"The Soundtrack of Our Lives"**  
**Wenesday, MARCH 11<sup>th</sup> at 7:30pm AUD**  
 .....

**New Perspectives: Thursday, MARCH 12<sup>th</sup> 7:30pm AUD**  
**Come join us in the AUDITORIUM for New Perspectives talk with Bob Dover**  
 .....

**Evening Speaker Dr. Jenner:**  
**"The History of BEER"**  
**Tuesday, MARCH 17<sup>th</sup> at 7:30pm AUD**  
 .....

**Tom's Topics: MARCH 19<sup>th</sup> at 11am**  
**Join us in the AUD as we hear the latest news from the Interim Executive Director, Tom Smith, LCS Operations Specialist.**  
 .....

**Dr Andy Lazris: Friday, MARCH 20<sup>th</sup><sup>th</sup> at 11am**  
**Health talk w/Dr. Andy Lazris**  
 .....

**ARMCHAIR TRAVELERS :**  
**Friday, MARCH 20<sup>th</sup> at 7:30pm AUD**  
**Come join us if you love photography**  
 .....

**Great Decisions: Monday, MARCH 23<sup>rd</sup> , 2026 at 2pm**  
**Trump Tariffs/Future of World Economy**  
**Discussion Leader: Bob Krumhansl**  
 .....

**Alan Wilson : Thursday, MARCH 26<sup>th</sup> 7:30pm AUD**  
**Come join us in the AUDITORIUM for a presentation on RECYCLING (HOCO Recycling Division)**  
 .....

**Complimentary 45-Minute Mentalism Show w/Steve Nixon : Tuesday, MARCH 31<sup>st</sup> 7:30pm AUD**  
**Come join us in the AUDITORIUM for this clean, family-friendly program of mind reading, prediction, and audience participation designed for senior audiences**

# Music This Month



We're proud to offer a wide variety of music and genres to suit every taste. Join us in welcoming the talented musicians performing in our community this month. Sit back, relax, and enjoy the music!



**VOV's  
Kassie, Mike, John  
(Jazz)**  
Monday MAR 2  
7:30pm

**Cynthia Marie  
(Pianist)**  
Wednesday MAR 18  
7:30pm

**VOV's  
Irish Tunes**  
Wednesday MAR 4  
7:30pm

**VOV's  
Sarah Polinski &  
Lucas Reilly  
(Jazz & Broadway  
Classics)**  
Sunday, MAR 22  
7:30pm

**Andrea Turini  
(Pianist)**  
Thursday MAR 5  
7:30pm

**Enrique Reynosa  
Duo  
(Violinist)**  
Monday MAR 23  
7:30pm

**Li Ly Chang  
(Pianist/Composer)**  
Friday MAR 6  
7:30pm

**AmiciMusic  
Music Among  
Friends**  
Friday MAR 27  
7:30pm

**VOV's  
Amanda Jones  
(Jazz Trio)**  
Monday MAR 16  
7:30pm

**Min Young Park  
(Classical)**  
Monday MAR 30  
7:30pm

**THIS  
MONTH'S  
MUST  
SEE'S**



We've got a film scheduled everyday—but these are the ones you won't want to miss!

**THELMA  
(2024)**

RATED PG-13 | 1hr 38min

When 93-year-old Thelma Post gets duped by a phone scammer pretending to be her grandson, she sets out on a treacherous quest across the city to reclaim what was taken from her.

**SUNDAY 3/1 @7:30PM**

**TRADING PLACES  
(1983)**

RATED R | 1hr 56min

A snobbish Wall Street commodities broker and a wily street hustler find their positions reversed as part of a bet by two callous millionaire brothers who run a brokerage house.

**THURSDAY 3/5 @7:30PM**

**AN AFFAIR TO REMEMBER  
(1957)**

RATED PG-13 | 1hr 55min

A couple falls in love and agrees to meet in six months at the Empire State Building - but will it happen?

**THURSDAY 3/12 @ 7:30PM**

**HAMNET  
(2025)**

RATED PG-13 | 2hr 5min

After losing their son Hamnet to plague, Agnes and William Shakespeare grapple with grief in 16th-century England. A healer, Agnes must find strength to care for her surviving children while processing her devastating loss.

**FRIDAY 3/13 @7:30PM**

**WERE NO ANGELS  
(1955)**

RATED PG-13 | 1hr 46min

Three Devil's Island escapees hide out in the house of a kindly merchant and repay his kindness by helping him and his family out of several crises.

**SUNDAY 3/15 @ 2:00PM**

**THE APARTMENT  
(1960)**

RATED PG13 | 2hr 5min

A Manhattan insurance clerk tries to rise in his company by letting its executives use his apartment for trysts, but office politics and his own romantic hopes complicate matters.

**SATURDAY 3 /21 @ 2:00PM**

**MEET JOE BLACK  
(1998)**

RATED PG13 | 2hr 58min

Brad Pitt and Anthony Hopkins give stellar performances in this film about a powerful man who receives a visit from Death and agrees to serve as his earthly guide in exchange for more time.

**SATURDAY 3/28 @ 2:00PM**

**SCENT OF A WOMAN  
(1992)**

RATED R | 2hr 36min

Frank is a retired Lt Col in the US army. He's blind and impossible to get along with. Charlie is at school and is looking forward to going to university; to help pay for a trip home for Christmas, he agrees to look after Frank over thanksgiving. Frank's niece says this will be easy money, but she didn't reckon on Frank spending his thanksgiving in New York.

**SUNDAY 3/29 @2:00PM**



# Jenn Lavinish

## ART EXPERIENCE

Wednesdays at 10:30 in  
Creative Arts Room

# Music In The WINTER GARDEN



**Tuesday 3/3 | 2PM**  
*Pianist VOV*

**Tuesday 3/18 | 2PM**  
*Pianist VOV*



# Floral Arranging workshop w/ Laura

**1ST & 3RD MONDAYS**  
**1:00pm Class**  
**2:00pm Class**

# Brain *Fitness*™

**STAY SHARP!!!**  
**w/ DANA**

**MAR. 9<sup>th</sup>**

**MAR. 23<sup>rd</sup>**

**TIME: 11:00AM**

**WHERE: CA**

*Classes are now open to  
NEW participants!*

# Transportation Services



Our community offers scheduled transportation for:

- Medical appointments
- Grocery and shopping trips
- Local outings and museums
- And more!

Need a ride?

Transportation request forms are available at the Transportation Desk, located next to Security.

Please submit your request in advance to ensure availability. We're happy to get you where you need to go!

**Transportation:**

**Operates Mon-Fri from  
8:00am  
until 4pm  
EXCEPT on Holidays**

**Lyft Services are available  
24hrs a day, 7 days a week  
upon request. Contact  
Concierge for scheduling  
Lyft services.**

**Please remember that  
transportation requests,  
require 5 days advance  
notice! While we do our best  
to accommodate every  
request, not all requests may  
be fulfilled due to scheduling  
limitations. If we are unable  
to accommodate your  
request, please feel free to  
utilize the lyft services  
available through the  
community.**

**Transportation: Dial x3059 or  
contact Concierge to be  
transferred.**



You will need to sign up for trips! Sign up sheets located in mailroom binder.

**WED  
MAR 11**

**Departs ED  
at 10:30am**



**THURS  
MAR 12**

**Departs ED  
at 11:00am**



**SUN  
MAR 15**

**Departs ED  
at 2:15pm**



**FRI  
MAR 20**

**Departs ED  
at 4:15pm**



# SERVICES



We recognize and respect the rich spiritual traditions within our community. These services offer moments of reflection, connection, and peace for those who wish to participate.

All residents are welcome to attend the gatherings that speak to their faith and personal journey.

Together, we create a space of reverence, respect, and community.

**EVERY SUNDAY | 12:30PM,  
AUD  
CATHOLIC  
COMMUNION SERVICE**

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**EVERY SUNDAY | 2PM,  
AUD  
PROTESTANT CHURCH  
SERVICE**

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**EVERY WEDNESDAY | 4:30PM,  
AUD  
CATHOLIC COMMUNION  
SERVICE**

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**FOURTH WEDNESDAY  
4:30PM, AUD  
CATHOLIC MASS**

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**SECOND & FOURTH FRIDAY  
3:45-5PM, AUD  
SHABBAT SERVICES**

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**FIRST FRIDAY  
10-11AM, AUD  
QUIET REFLECTION HOUR**



# MARCH

# Is Nutrition Month

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>1</b> Build a <b>balanced plate</b> filled with a variety of <b>colorful veggies &amp; fruits.</b></p>	<p><b>2</b> Choose <b>whole grains</b> (brown rice, quinoa, whole-wheat pasta, oats) —less effects on blood sugar.</p> 	<p><b>3</b> Read food labels to <b>compare &amp; choose</b> those products with less sodium, saturated fats and added sugars.</p>	<p><b>4</b>  Eat breakfast <b>within 1-hr of waking</b> to fuel your metabolism.</p>	<p><b>5</b> Get out your old <b>recipe book</b> and choose a dish you've not eaten in a while.</p> 	<p><b>6</b> Prioritize liquid vegetable oils like <b>olive, canola, soy, sunflower</b> or peanut oil for cooking &amp; salads.</p>	<p><b>7</b> Eat snacks that combine <b>two food groups</b> (ex. Apple + peanut butter).</p> 
<p><b>8</b> Today is the day to <b>try a new dish</b>—go for an <b>international cuisine.</b></p> 	<p><b>9</b> Opt for <b>healthy proteins</b> like fish, poultry, beans and nuts.</p>	<p><b>10</b> Eat at regular intervals (every 3-4 hrs.) to maintain stable blood sugar.</p>	<p><b>11</b> Turn your <b>leftovers into a new, delicious dish</b>—<b>soup, dip, etc.</b></p>	<p><b>12</b> <b>Avoid eating fried foods</b>, choose grilled, baked or steamed options.</p>	<p><b>13</b>  Avoid eating too close to bedtime.</p>	<p><b>14</b> <b>Use mustard or hummus</b> instead of mayonnaise to reduce fat.</p>
<p><b>15</b>  Limit salt to less than <b>5g (1 tsp) per day</b> to protect heart health.</p>	<p><b>16</b> <b>HYDRATION WEEK</b> begins today! Aim for <b>6-8 glasses of fluid</b> daily.</p>	<p><b>17</b> Set phone reminders or timer to sip water throughout the day.</p> 	<p><b>18</b> Swap soda for <b>sparkling water or tea</b> to cut liquid calories.</p> 	<p><b>19</b> Add fruit, veggies or candy to <b>freshen up and flavor</b> your water.</p> 	<p><b>20</b> Drink a glass of water with <b>every meal or routine activity.</b></p>	<p><b>21</b> Carry a <b>reusable bottle with you all day</b> to fill up as needed.</p>
<p><b>22 DRINK UP</b> for <b>World Water Day!</b></p> 	<p><b>23</b>  Try <b>'Meatless Monday'</b> by substituting <b>beans or tofu</b> for meat.</p>	<p><b>24</b> Replace sugary snacks with <b>fruit or Greek yogurt.</b></p>	<p><b>25</b> <b>Make a plant based meal.</b></p> 	<p><b>26</b> <b>Don't skip meals</b>— it can lead to overeating.</p>	<p><b>27</b> Put away the phones and turn off the tv! Take the time to enjoy your meal.</p>	<p><b>28</b> Dine with a <b>friend today!</b> There are many health benefits to eating with others.</p>
<p><b>29</b> Start meals with a <b>salad</b> to increase satiety before the main course.</p> 	<p><b>30</b> Reduce intake of butter, lard and tropical oils—high in saturated fats.</p>	<p><b>31</b> Include foods rich in <b>iron, vitamins B &amp; C</b> to daily meals for <b>brain health.</b></p>	<p>Healthy nutrition is built on the core principles of adequacy, balance, moderation and diversity. Instead of extreme restrictions, focus on consistent, high-quality choices that provide essential nutrients while managing calories.</p> <p><b>Follow this calendar for a nutritious and well-balance diet.</b></p>			



AT



# OSHER Spring 2026 Session

IN PARTNERSHIP  
WITH



Please join us on Tuesdays in the Auditorium for Osher at JHU classes offered at Vantage Point this Spring 2026.

## AGENDA

**10:00am – 11:00am**

- Welcome
- Faculty Present their Classes on Video
- Q&A
- Registrations Accepted

## SPRING 2026 CLASSES

Tuesday, February 24– March 31, 2026(6weeks) 10am–12noon  
How We Came to Be: From the Big Bang to the Age of Man

**Richard  
Barrett**

Tuesday April 7 – May 12, 2026(6weeks) 10am–12noon  
American Jazz Royalty: Duke Ellington & Count Basie

**Seth  
Kibel**

Tuesday, February 24 – March 31, 2026 (6weeks) 1pm–3pm  
Designing Washington

**Judy  
Scott-Feldman**

Tuesday April 7 – May 12, 2026 (6weeks) 1pm–3pm  
The Godfather I/II

**William  
Florman**

# Resident Committees



Committees are the heartbeat of our community. These dedicated groups of residents come together to help shape the experiences, activities, and overall well-being of everyone around them.

Committees are a reminder that every resident has something valuable to offer. Together, we can create a vibrant, engaged community where everyone feels seen, heard, and supported.



## RA Council

1ST Thursday AFTER the first Monday at 2:00PM (CLASS/ZOOM)  
All are welcome to attend any meeting

## RA Library Committee

TBD (AS NEEDED)

## RA Community Life Committee

2ND Thursday at 10:00AM (CLASS)

## RA Hospitality Committee

Third Thursday at 1PM (PD)

## RA Marketing Committee

Third Thursday at 3PM (CLASS)

## RA Health Services Committee

Fourth Tuesday at 3PM (CLASS)

## RA Grounds & Garden Committee

First Thursday at 11AM (CLASS)

## RA Floor Reps Committee

4th Tuesday of Every Other Month at 11AM (CLASS)

## RA Finance Committee

Fourth Monday at 11AM (CLASS)

## RA Dining Committee

2nd Tuesday at 10AM (PD)

## RA Building Services Committee

Third Friday at 1PM (CLASS/ZOOM)



# Resident Run

Games & Groups

## Armchair Travelers

Third Friday at 7:30PM (AUD)

- Jeff Friedhoffer X 1041
- Paula Rasera X 1166

## Artist Guild

Every SUN, TUE, THU, FRI & SAT at 9AM (CA)

## Assorted Bridge Groups

Every Thursday at 1PM (CA)

- Bob Kibler X1056

## Bridge

Every Monday at 1PM (CA)

- Jansie Rogers x1056
- Bob Kibler X1056

## Chat and Stitch Fiber Arts

Every Tuesday at 1PM (CA)

- Barbara Miller X 1034

## Chess

Every Friday at 3:00PM (GR)

- Bob Kibler X 1056

## Baseball Cornhole

Every Wednesday at 7PM \*practice begins at 6:30PM (SG)

SEASONAL

- Rebecca Birnie X 1048

## Duplicate Bridge

Every Wednesday at 1PM (CA)

- Bob Kibler X1056

## Friday Walking Group

Every Friday at 9AM (MP)

- Dick Bush X 1260

## Great Decisions

Fourth Monday at 2PM (AUD)

- Jansie Rogers x1056

## International Folk Dance

Every Monday at 6:30PM (GFS)

- Bernie Geller X 1160

## Learn & Play Rummikub

Every Monday & Thursday at 10AM (MP)

- Sandra Kniaz X 1043
- Lois Loen X 1168

## Learn Spanish

Every Saturday at 2PM (CLASS)

- Edie Young X 1128

## Mah Jongg

Every Thursday at 1PM (GR)

- Zelda Rachbach x1227

## Poetry Group

Second Tuesday at 3PM (PD)

- Suzanna Meritt X 1187

## Scrabble Players

Every Saturday at 1PM (GR)

- Dick Bush X 1260

## Catholic Community

• Every Sunday | 12:30pm, AUD | Catholic Comm. Service

- Every Wednesday | 4:30pm, AUD Catholic Communion
- 4th Wednesday Catholic Mass
- Pat Lateri X 1193

## Protestant Community

Every Sunday | 2pm, AUD

- Ruth Bell X 1293

## Kehilla Community

Second and Fourth Friday at 3:45PM (AUD)

- Irene Hantman X 1112

## Pool Group

Sunday-Thursday & Saturday at 3PM (GR)

Fridays at 12:30PM

- George Gallahorn X 1225

## Saturday Sing-A-Long

Every Saturday at 4:30PM (WG)

- Bob Kibler X 1056

## Spanish Conversation Group

Every Friday at 11:30AM (CLASS)

- Edie Young X 1128

## Tap Dance

Thursdays at 3PM (GFS)

- Carole Ross X 1050

## The Vantage Point Players

1st & 3rd TUES AT 3PM (CA)

- Erin Peacock x1363

## Trivia Group

Every Friday at 2PM (GR)

- Dick Nelson X 1012

## Book Clubs

1<sup>st</sup> Tuesday at 2PM (FD)

2<sup>nd</sup> Tuesday 2PM (CLASS)

3<sup>rd</sup> Tuesday 2PM (CLASS)

4<sup>th</sup> Tuesday 2PM (CLASS)

- Carol McGinnis X1037
- Jansie Rogers X 1056
- Judy Dye X 1135
- Bob Kibler X1056

## Pickleball

Sunday, Tuesday, Thursday, Friday, Saturday at 8:30AM (TC)

- Bob Kibler X 1056

## Walking with Rollators & Walkers Group

Every First and Third Tuesday at 1:30PM (ED) Seasonal

- Dick Bush x1260

## Wii Games

Every Tuesday at 12PM (GFS)

- Lynn Perlin X 1273

## Artists Guild 2.0

Every Saturday at 10am (CA)

- Natalie Roberts x1186

## New Perspectives

- Fred Alford x1113

# Management Team



**Interim  
Executive  
Director:  
Tom Smith**



**Administrator:  
Alexis  
Hitchcock**



**Director of Health  
Services:  
Fatmatu "Bah"  
Barrie**



**Director of  
Human  
Resources:  
Paul Dutton**



**Director of  
Marketing:  
Patti Hutton**



**Director of  
Community Life:  
Carliesa Meakes**



**Director of  
Enviornmental  
Services: Gil Hardy**



**Director of  
Finance:  
Heather Warble**



**Director of  
Dining Services:  
Lisa Rohauer**



**Director of Plant  
Operations:  
Mark Scoffield**