

NOVEMBER 2026

RVP NEWSLETTER

Greetings

FROM COMMUNITY LIFE

Greetings, Residents!
We are excited to welcome you to another month of fun, friendship, and new opportunities here at Residences at Vantage Point. Whether you've been with us for years or you're just settling in—welcome! If you're new to our community, thank you for choosing to call our community home. We're so glad you're part of the Vantage Point family.

As always, we've got a full calendar of activities, outings, and events designed to bring joy, connection, and enrichment to your life. From engaging classes to exciting social gatherings, there's something for everyone. Read on to discover all that's happening this month!



Upcoming Events:



December 2026



December 2026



February 2027



March 2027



A Word from the Executive Director

A Season of Gratitude

November invites us to pause and appreciate the people who enrich our lives. As I reflect on my first several months at Residences at Vantage Point, I am especially grateful for the warm welcome, thoughtful conversations, and shared commitment to this community.

To our residents, thank you for sharing your ideas, experiences, and talents. To our team members, thank you for the care and dedication you bring to your work each day. And to our families, volunteers, and community partners, thank you for your continued support.

As we look ahead, I am excited about the opportunities we have to shape Vantage Point's future together. Your voices remain essential as we build on our strengths and explore new ways to support a vibrant, connected community.

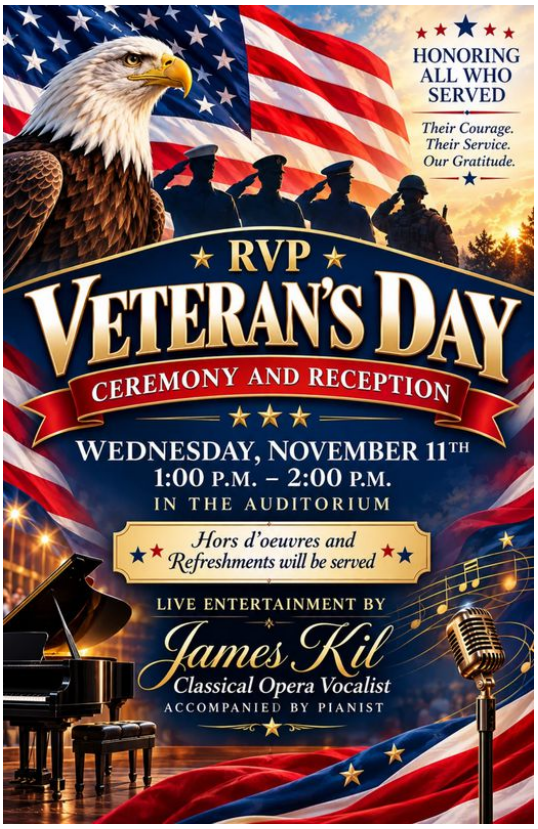
This month, we also honor our veterans and their families with gratitude for their service and sacrifice.

Wishing each of you a November filled with friendship, meaningful moments, and a very happy Thanksgiving.

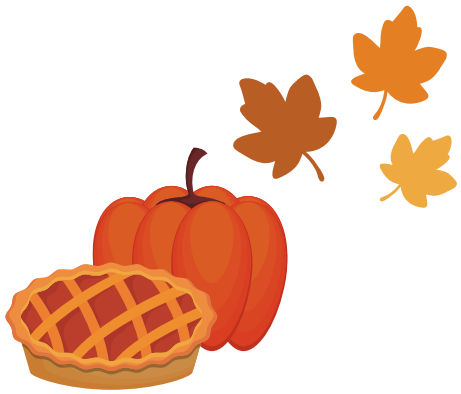
Warmly,
Heather Parrott
Executive Director

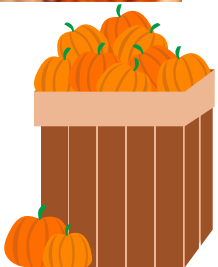
HIGHLIGHTS
THIS MONTH!











November

NOVEMBERis....

Native American Heritage Month

Military Family Month

Movember & Men's Health Awareness Month

National Diabetes Awareness Month

Lung Cancer Awareness Month

National Alzheimer's Disease Awareness Month

National Family Caregivers Month

National Novel Writing Month

Hello! I'm DUHA



I'm so excited to be part of The Residences at Vantage Point community as your Life Enrichment Coordinator!

Before joining Vantage Point, I worked as a neuroscience researcher, where I developed a passion for learning, exploring new ideas, and understanding what makes each person unique. I also have a creative side and love bringing people together through fun, thoughtful, and meaningful experiences.

My goal is to create opportunities for connection, laughter, and new discoveries while making each day a little more special. I would love to hear your ideas, learn about your interests, and discover the hobbies, memories, and experiences that bring you joy.

Please don't hesitate to stop by and say hello! I look forward to getting to know each of you and creating wonderful memories together!

Warmly,
Duha Awad
Life Enrichment Coordinator

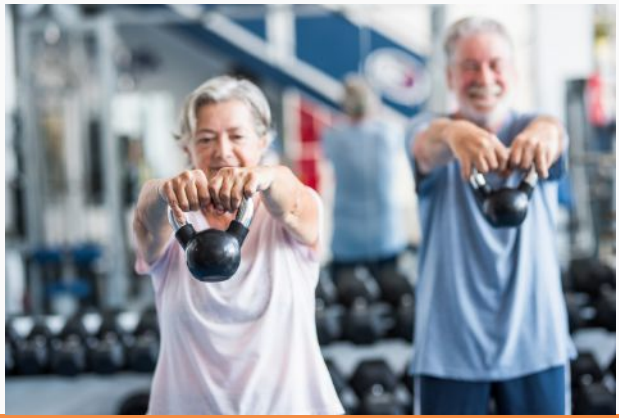
The Thing That Makes Me Happy

- Chess
- Balloon Decorations
- Boardgames
- Coffee
- Fall



Vivian Smith: Fitness Coordinator

Your health is your wealth, and it's never too late to keep moving and stay strong! This month we're bringing you a variety of ways to stay active, energized, and engaged. Whether you enjoy a calming stretch, a heart pumping cardio session, or a walk with friends, there's something for everyone. Don't forget to check out our weekly fitness classes, helpful wellness tips, and upcoming movement challenges. Let's keep thriving one step, one stretch, and one smile at a time!



FITNESS SAFETY CORNER: MOVE SMART, STAY SAFE!

YOUR SAFETY MATTERS EVERY STEP OF THE WAY!
STAYING ACTIVE IS ONE OF THE GREATEST GIFTS WE CAN GIVE OURSELVES, BUT EXERCISING SAFELY IS JUST AS IMPORTANT AS EXERCISING REGULARLY. AS WE CELEBRATE HEALTH AND GRATITUDE THIS NOVEMBER, REMEMBER THESE IMPORTANT FITNESS SAFETY TIPS:

- **WARM UP & COOL DOWN: BEGIN AND END EACH EXERCISE SESSION WITH 5–10 MINUTES OF GENTLE MOVEMENT TO HELP YOUR BODY ADJUST.**
- **STAY HYDRATED: DRINK WATER BEFORE, DURING, AND AFTER EXERCISE, UNLESS YOUR HEALTHCARE PROVIDER HAS ADVISED YOU TO LIMIT FLUIDS. COOLER WEATHER DOESN'T MEAN YOUR BODY NEEDS LESS HYDRATION!**
- **WEAR PROPER FOOTWEAR: CHOOSE COMFORTABLE, SUPPORTIVE, NONSLIP SHOES TO HELP MAINTAIN STABILITY AND PREVENT FALLS.**
- **MOVE AT YOUR OWN PACE: NEVER FEEL PRESSURED TO KEEP UP WITH OTHERS. LISTEN TO YOUR BODY, TAKE BREAKS WHEN NEEDED, AND AVOID PUSHING THROUGH PAIN.**
- **PRACTICE SAFE BALANCE: USE A STURDY CHAIR OR STABLE SUPPORT WHEN PERFORMING STANDING EXERCISES. AVOID CHAIRS WITH WHEELS.**
- **BREATHE NATURALLY: REMEMBER TO BREATHE THROUGHOUT YOUR MOVEMENTS. AVOID HOLDING YOUR BREATH, ESPECIALLY DURING STRENGTH EXERCISES.**
- **KNOW YOUR LIMITS: IF YOU HAVE A MEDICAL CONDITION, RECENT INJURY, OR NEW SYMPTOMS, CONSULT YOUR HEALTHCARE PROVIDER BEFORE BEGINNING OR CHANGING YOUR EXERCISE ROUTINE.**
- **PAY ATTENTION TO WARNING SIGNS: STOP EXERCISING IF YOU EXPERIENCE DIZZINESS, UNUSUAL SHORTNESS OF BREATH, CHEST DISCOMFORT, OR SUDDEN WEAKNESS. CHEST PAIN, FAINTING, OR SEVERE BREATHING DIFFICULTY REQUIRES IMMEDIATE MEDICAL ATTENTION.**

NOVEMBER SAFETY REMINDER
EXERCISE SHOULD CHALLENGE YOU, NOT HURT YOU!
A LITTLE MOVEMENT EACH DAY CAN MAKE A MEANINGFUL DIFFERENCE IN MAINTAINING STRENGTH, BALANCE, MOBILITY, AND INDEPENDENCE.
REMEMBER: FITNESS IS NOT A RACE, AND THERE IS NO FINISH LINE. EVERY SAFE STEP FORWARD IS A VICTORY WORTH CELEBRATING!
STAY ACTIVE. STAY STRONG. STAY SAFE. STAY THANKFUL!
YOUR RVP LIFE ENRICHMENT TEAM





SPEAKERS THIS MONTH

Lectures, guest speakers, and lifelong learning for lively minds. Join us as we welcome this month's presenters and engage in thought-provoking discussions.

*Please check posters for additional information.



*All programs held in the AUD unless
otherwise stated.

JOIN US

- Presentation: OSHER
  EVERY TUESDAY at 10am & 1pm AUD

- Dr. Jenner: HOT TOPICS: Tuesday, NOVEMBER 3rd
  Come join us in the Auditorium with Dr. Jenner for our NEW "HOT TOPICS" discussion at 7:30pm

- DAVE POWELL: GENEALOGY: Thursday, NOVEMBER 5th
  Come join us in the Auditorium with Dave Powell for our NEW "Genealogy" discussion at 7:30pm

- George Clack : Monday, NOVEMBER 9th & 23rd 10AM AUD
  Come join us in the AUDITORIUM for a Short Story Class- Book:
  A Century of Fiction in The New Yorker: 1925–2025
  Edited by Deborah Treisman

- Evening Speaker Dr. Jenner:
  "The Wit & Wisdom of Burma Shave"
  Tuesday, NOVEMBER 17th at 7:30pm AUD

- Resident Townhall: Thursday NOVEMBER 19th at 11am
  Join us in the AUD as we hear the latest news from the Executive Director.

- Evening Speaker Hugo Keesing:
  "The Soundtrack of Our Lives"
  Thursday, NOVEMBER 19th at 7:30pm AUD

- ARMCHAIR TRAVELERS :
  Friday, NOVEMBER 20th at 7:30pm AUD
  Come join us if you love photography

- Great Decisions: Monday, NOVEMBER 23rd , 2026 at 2pm
  U.S Engagement of Africa
  Discussion Leader: Ann Wing

- Steve Friedman : Saturday, NOVEMBER 28th 2pm AUD
  Come join us in the AUDITORIUM for a presentation Broadway Lectures and Tours



RVP Library

Welcome to the RVP Library Section! Here, you'll find the latest updates and information about our community library. Whether you're looking to unwind with a good book, explore new topics, or simply enjoy the peaceful atmosphere, we invite you to stop by. Feel free to browse our shelves, relax with a read, or borrow from our wide selection of wonderful books.
We look forward to seeing you at the library!



AS OF SEPTEMBER 2026-ADDITIONS TO THE RVP LIBRARY

BIOGRAPHY

1. HATEMONGER — JEAN GUERRERO
2. TRUDEAU AND DOONESBURY — JOSHUA KENDALL
3. CONFRONTING THE PRESIDENTS — BILL O'REILLY
4. THE REVOLUTIONARY SAMUEL ADAMS — STACY SCHIFF
5. GERTRUDE STEIN: AN AFTERLIFE — FRANCESCA WADE

FICTION

1. THERE ARE RIVERS IN THE SKY — ELIF SHAFAK
2. VIGIL — GEORGE SAUNDERS

HISTORY

1. THE UNVANQUISHED — PATRICK K. O'DONNELL
2. THE ROMANS — EDWARD J. WATTS

NONFICTION

1. IN DEEP WATER — MICHAEL J. TOUGIAS
2. THE SALT STONES — HELEN WHYBROW

Library Committee:

Mary Ruth Alter—Overdue books
Bob Kibler—paperback books and magazines
Joan Parvis—Giveaway cart and general tasks
Phil Reitzel—newspapers and book cataloging
—computer support
Sue Sternheimer—book cataloging, and other tasks
Hope Vasholz—recording books loaned and returned, reshelving
Pauline Cohen—Chair
x1032

Music This Month



We're proud to offer a wide variety of music and genres to suit every taste. Join us in welcoming the talented musicians performing in our community this month. Sit back, relax, and enjoy the music!



VOV's DAVE & PAULA
MONDAY, NOVEMBER 2nd
7:30pm

OLGA VINOKUR Pianist
WEDNESDAY, NOVEMBER 4th
7:30pm

BORISEVICH DUO Pianist/Violinist
SATURDAY, NOVEMBER 7th
7:30pm

VOV's BILL Piano Bar Tunes
MONDAY, NOVEMBER 9th
7:30pm

MYROSLAV MYKHAILENKO
SATURDAY, NOVEMBER 14th
7:30pm

JUNG HOON PARK Pianist
SUNDAY, NOVEMBER 15th
7:30pm

VOV's NAPAT Sing-a-Long & Piano Bar Tunes
MONDAY, NOVEMBER 16th
7:30pm

EMBASSY STRING QUARTET
SATURDAY, NOVEMBER 21st
7:30pm

VOV's ANNA LISA Jazz Duo
SUNDAY, NOVEMBER 22nd
7:30pm

CYNTHIA MARIE Pianist
WEDNESDAY, NOVEMBER 25th
7:30pm

DAVID PEDRAZA Violist
FRIDAY, NOVEMBER 27th
7:30pm

EMMANUEL TRIFILLIO Bandoneonist & Tango Composer
SUNDAY, NOVEMBER 29th
7:30pm

THIS MONTH'S MUST SEE'S

We've got a film scheduled everyday—but these are the ones you won't want to miss!



THE LIFE OF CHUCK 2025

RATED PG-13 | 1HR 50MIN

From the hearts and minds of Stephen King and directed by Mike Flanagan comes THE LIFE OF CHUCK, a genre-bending tale celebrating the life of Charles 'Chuck' Krantz (Tom Hiddleston) as he experiences the wonder of love, the heartbreak of loss, and the multitudes contained in all of us.

TUESDAY 11/3 @7:30PM

BATTLESHIP POTEMKIN (1926)

RATED PG-13 | 1HR 7MIN

The mutiny by a battleship's crew and the subsequent massacre of civilians reflect the spirit of the times that would lead to the Russian Revolution.

SUNDAY 11/15 @ 7:30PM

DJANGO (1966)

RATED PG-13 | 1HR 27MIN

After saving imperilled prostitute Maria, Django becomes embroiled in a brutal feud between a racist gang and a band of Mexican revolutionaries...

SUNDAY 11-8 @2PM

ALEXANDER NEVSKY (1939)

RATED PG-13 | 1HR 43MIN

The story of how a great Russian prince led a ragtag army to battle an invading force of Teutonic Knights.

WEDNESDAY 11/18 @ 7:30PM

A FISTFUL OF DOLLARS (1967)

RATED PG-13 | 1HR 39MIN

The laconic "man with no name" - a tough gunslinger - manipulates rival families warring over a small frontier town. Stylish, violent film was the first spaghetti western hit and made Clint Eastwood a star.

FRIDAY 11/13 @ 7:30PM

EUROPA EUROPA (1990)

RATED PG-13 | 1HR 52MIN

A drama based on the life of Solomon Perel who suppresses his Jewish heritage to avoid certain doom the hands of the Nazis.

SATURDAY 11/21 @ 7:30PM

THE INSPECTOR GENERAL (1949)

RATED PG-13 | 1HR 37MIN

A town's corrupt officials think a fool is actually an investigator in disguise.

SUNDAY 11/15 @2PM

THE DAY OF THE JACKAL (1973)

RATED PG-13 | 2HR 22MIN

French radicals hire British hitman to assassinate Charles de Gaulle.

SUNDAY 11/29@7:30PM

*Movies are subject to change.
See flyer near theater for updates!



Jenn Lavinish

ART EXPERIENCE

Wednesdays at 10:30 in Creative Arts Room

Music In The WINTER GARDEN

Tuesday 11/3 2PM

Pianist
Mike Noonan

Tuesday 11/17 2PM

Pianist
Mike Noonan

Floral Arranging workshop w/ Laura

1st & 3rd MONDAYS

1:00pm Class

2:00pm Class

Where: GR

MUST SIGN-UP IN MAILROOM
$15 PER PERSON PER CLASS

Beading & Jewelery Making w/ Kathy





2ND & 4TH MONDAYS
WHERE: CREATIVE ARTS RM ROOM
TIME: 3PM



MUST SIGN-UP IN MAILROOM
$10 PER PERSON PER CLASS

TRANSPORTATION SERVICES



Our community offers scheduled transportation for:

Medical appointments

Grocery and shopping trips

Local outings and museums

And more!

Need a ride?

Transportation request forms are available at the Transportation Desk, located next to Security.

Please submit your request in advance to ensure availability.

We're happy to get you where you need to go!

Transportation:

Operates Mon-Fri from 8:00am until 4pm EXCEPT ON HOLIDAYS

Lyft Services are available 24hrs a day, 7 days a week upon request. Contact Concierge for scheduling Lyft services.

Please remember that transportation requests, require 5 days advance notice! While we do our best to accommdate every request, not all requests may be fulfilled due to scheduling limitations. If we are unable to accommodate your request, please feel free to utilize the lyft services available through the community.

Transportation: Dial x3059 or contact Concierge to be transferred.

BUS TRIPS: NOV 2026

You will need to sign up for trips! Sign up sheets binder located outside LE Office.

TUES NOV 3

RUNNING BROOK FOR VOTING

Departs ED at
10am/11am 12pm
Level I

FRI NOV 6

NATIONAL MUSEUM OF AFRICAN ART

Departs ED at
11am
Level II

SUN NOV 8

SUNDAYS AT THREE

Departs ED at
2:15pm
Level I

THURS NOV 12

CHEESECAKE FACTORY

Departs ED at
11:00am
Level I

THURS NOV 19

NATIONAL MUSEUM OF NATURAL HISTORY

Departs ED at
11:30am
Level I

FRI NOV 20

COLUMBIA FILM SOCIETY

Departs ED at
4:15pm
Level I

THINGS TO DO IN COLUMBIA, MD
November 2026

November is a fantastic time to explore Columbia, MD, as the town seamlessly transitions from crisp autumn outings into vibrant holiday traditions.

HOLIDAY & SEASONAL TRADITIONS

Merriweather Symphony of Lights

A time-honored Howard County holiday tradition featuring more than 300,000 dazzling light bulbs displayed across the historic woods.

Lit at the Lights Cocktail Crawl (21+)
Saturday, November 28, 2026

Drive-Thru Opens
Sunday, November 29, 2026

Festive Families Walk-Through
Monday, November 30, 2026

Proceeds benefit the Howard County General Hospital.

Howard County Pride Festival

An inclusive celebration of community, love, and diversity with local vendors, food trucks and lively entertainment.

Sunday, November 1, 2026
11:30 AM – 5:00 PM
The Chrysalis
FREE EVENT!

SHOWS & CREATIVE ARTS

White Christmas
at Toby's Dinner Theatre

Broadway-quality production of *White Christmas*, based on the timeless musical film.

Begins November 6, 2026

- Extensive buffet dinner included
- Parking at Symphony Woods Office Center Garage with complimentary shuttle.

Live Music at The Collective Encore

Great indoor space to grab a drink and catch excellent local and regional music acts.

- **Monday, November 2, 2026**
  Bachelor Boys Band (FREE SHOWCASE)
- **Wednesday, November 4, 2026**
  The Layla Collective
  (60s & 70s blues and rock hits)

NATURE & ACTIVE COMMUNITY EVENTS

Robinson Nature Center

An 18-acre nature preserve featuring interactive indoor exhibits, a 4K digital planetarium, and clear fall trails perfect for birdwatching along the Middle Patuxent River.

November Highlights:

- **Beginning November 7, 2026 Annapolis Watercolor Club Exhibition** – a gorgeous bi-monthly showcase of local landscapes.
- **Saturday, November 14, 2026 Family Fire Building Workshop** (registration required).

Turkey Trot Fun Run & Walk

A festive 1-to-2-mile community run/walk designed to kick off the Thanksgiving holiday with a blast of active fun. Participants of all ages and paces are encouraged to show up in their favorite Thanksgiving-themed costumes.

Wednesday, November 25, 2026
East Columbia 50+ Senior Center

The Comedy Club Takeover at Busboys and Poets

A sharp, storytelling-driven stand-up comedy event featuring a brand-new lineup of hilarious comedians, including comics seen on BET and Comedy Central.

Wednesday, November 11, 2026
8:00 PM

A portion of the proceeds helps fund local youth school comedy programs.

Holiday Edition Pottery Workshop

A relaxed, hands-on two-hour clay workshop where you can create handmade holiday gifts or custom home decor.

Saturday, November 21, 2026
12:00 PM
Tapville – Mall in Columbia

TAPVILLE SOCIAL

- Learn pinch pot and coil techniques
- Includes pottery trivia with prizes.



800 DRONES To Light Up COLUMBIA LAKEFRONT

FOR 250TH ANNIVERSARY CELEBRATION

HoCo 250
HOWARD COUNTY
PEOPLE • PLACES • PROGRESS

Hundreds of drones will light up the sky over the Columbia Lakefront as Howard County celebrates America's 250th anniversary with live music, food trucks and a special tribute to local veterans and military families.

★ ★ ★

The free community celebration, part of the county's HoCo250 festivities, will feature 800 drones creating images in the night sky. The show will be produced by Sky Elements, a drone entertainment company that was a finalist on season 19 of "America's Got Talent."

LIVE MUSIC | **FOOD TRUCKS** | **TRIBUTE TO VETERANS & MILITARY FAMILIES**

SATURDAY, NOVEMBER 7, 2026
4:30 P.M.

COLUMBIA LAKEFRONT
The same location where residents traditionally gather for the county's Fourth of July fireworks.

HOWARD COMMUNITY COLLEGE

COMMUNITY PARTNERSHIP

Lifelong Learning *at Our Community*



COMING SUMMER 2027

We are excited to partner with Howard Community College (HCC) to bring a selection of classes to our community beginning **Summer 2027.**

HCC offers many classes and personal enrichment opportunities for adults 60+.

- **ENGAGING CLASSES**
- **LEARN SOMETHING NEW**
- **MEET NEW PEOPLE**
- **PERSONAL ENRICHMENT OPPORTUNITIES**

From the arts and humanities to current events, technology, health and wellness, and more — HCC offers a wide variety of courses designed for lifelong learners.

Let Us Know What Interests You!

Please complete the interest sheet to let us know what types of classes you would be interested in attending.

DONATION DAY Pick-Up by GreenDrop
Charitable Donations & Swap Meet

SWAP MEET:
DATE: JANUARY 2027

COMING SOON

What types of items are accepted for donation:

Clothing & Shoes, Books & Artwork, Linens & Bedding, Toys, Small appliances, Kitchenware, Items in Good Condition

Items that cannot be brought down for donation:

PERISHABLES, PLANTS, FOOD, LARGE ITEMS, FURNITURE, LARGE APPLIANCES, MEDICATIONS, MEDICAL SUPPLIES NO EXCEPTIONS!

Independent Living residents are invited to bring items to the auditorium for the swap meet . MORE DETAILS TO COME!

Residents are encouraged to bring donated items to the auditorium to participate in the swap meet prior to the scheduled pickup.

All unclaimed donations will be picked up by GreenDrop Charitable Donations.

Reminder: Any items you wish to keep, must be taken back to your apartment after swap meet. All unclaimed items will be donated to GreenDrop the following day.

****PLEASE NOTE: THIS EVENT IS EXCLUSIVELY FOR THE INDEPENDENT LIVING COMMUNITY ONLY.**
The EXACT date of Swap Meet will be announced.

For questions or volunteering Please contact:
Carolyn Ehrlich x1226

NEWSLETTER *Notice*

Columbia Vantage Point Foundation

Receives $320,000

Legislative Bond Initiative Award!

$320,000
LEGISLATIVE BOND INITIATIVE AWARD

The Columbia Vantage Point Foundation is pleased to share that, during the most recent Maryland General Assembly session, the Foundation received a **$320,000 Legislative Bond Initiative award** to support pre-development costs related to the planned renovation of the Residences at Vantage Point Health Center.

This new award builds on a prior-year $125,000 allocation for the same purpose, bringing total State support for Health Center renovation planning to **$445,000**.



The Foundation will continue to seek **Legislative Bond Initiative support annually** as the Health Center renovation moves forward.

Residents are always encouraged to reach out to their State Delegates and Senators to thank them for their continued support of this important project and of the RVP community.

COLUMBIA VANTAGE POINT FOUNDATION

The Columbia Vantage Point Foundation is a 501(c)(3) non-profit organization serving Residences at Vantage Point.

SERVICES



FAITH. COMMUNITY. CONNECTION.

We recognize and respect the rich spiritual traditions within our community. These services offer moments of reflection, connection, and peace for those who wish to participate.

All residents are welcome to attend the gatherings that speak to their faith and personal journey.

Together, we create a space of reverence, respect, and community.

EVERY SUNDAY | 12:30PM, ~~AUD~~
CATHOLIC COMMUNION SERVICE

EVERY SUNDAY | 2PM, ~~AUD~~
PROTESTANT CHURCH SERVICE

EVERY WEDNESDAY | 4:30PM, ~~AUD~~
CATHOLIC COMMUNION SERVICE

FOURTH WEDNESDAY 4:30PM, ~~AUD~~
CATHOLIC MASS

SECOND & FOURTH FRIDAY 3:45-5PM, ~~AUD~~
SHABBAT SERVICES

FIRST FRIDAY 10-11AM, ~~AUD~~
QUIET REFLECTION HOUR



RESIDENT COMMITTEES



Committees are the heartbeat of our community. These dedicated groups of residents come together to help shape the experiences, activities, and overall well-being of everyone around them.
Committees are a reminder that every resident has something valuable to offer. Together, we can create a vibrant, engaged community where everyone feels seen, heard, and supported.



RA Council
1st Thursday AFTER the 1st Monday at 2:00PM
(CLASS/ ZOOM)
All are welcome to attend any meeting

RA Library Committee
TBD (AS NEEDED)

RA Community Life Committee
3RD Thursday at 10:00AM
(CR)

RA Hospitality Committee
3RD Thursday at 1PM
(PD)

RA Marketing Committee
3RD Thursday at 3PM
(CLASS)

RA Health Services Committee
4TH Tuesday at 3PM
(CA)

RA Grounds & Garden Committee
1ST Thursday at 11AM
(CLASS)

RA Floor Reps Committee
1ST Tuesday of Every Other Month at 1PM
(CLASS)
JAN, MAR, MAY, JULY, SEPT, NOV

RA Finance Committee
4TH Monday at 11AM
(CLASS)

RA Dining Committee
2nd Tuesday at 10AM
(PD)

RA Building Services Committee
3RD Friday at 1PM (CLASS/ ZOOM)

Resident Run

Games & Groups

Armchair Travelers
Third Friday at 7:30PM (AUD)
- **Jeff Friedhoffer X 1041**
- **Paula Rasera X 1166**

Artist Guild
Every SUN, TUE, THU, FRI & SAT at 9AM (CA)

Assorted Bridge Groups
Every Thursday at 1PM (CA)
- **Bob Kibler X1056**

Baseball Cornhole
Every Wednesday at 7PM *practice begins **at 6:30PM (SG) SEASONAL**
- **Rebecca Birnie X 1048**

Bridge
Every Monday at 1PM (CA)
- **Jansie Rogers x1056**
- **Bob Kibler X1056**

Chat and Stitch Fiber Arts
Every Tuesday at **1PM (CA)**
- **Barbara Miller X 1034**

Chess
Every Friday at 3:00PM (GR)
- Bob Kibler X 1056

DOG Guild
Third Fridays at 10:15am **(CLASS)**
Emilie Sanborn X 3181

Duplicate Bridge
Every Wednesday at 1PM (CA)
- **Bob Kibler X1056**

Friday Walking Group
Every Friday at 9AM (MP)
- **Dick Bush X 1260**

Great Decisions
Fourth Monday **at 2PM (AUD)**
- Jansie Rogers x1056

International Folk Dance
Every Monday at 6:30PM (GFS)
- **Bernie Geller X 1160**

Learn & Play Rummikub
Every Monday & Thursday **at 10AM (MP)**
- **Sandra Kniaz X 1043**
- **Lois Loen X 1168**

Learn Spanish
Every Saturday at 2PM **(CLASS)**
- **Edie Young X 1128**

Mah Jongg
Every Thursday at 1PM (GR)
- **Zelda Rachbach x1227**

Poetry Group
Second Tuesday at 3PM (PD)
- **Suzanna Meritt X 1187**

Scrabble Players
Every Saturday at 1PM (GR)
- **Dick Bush X 1260**

Catholic Community
- Every Sunday | 12:30pm, AUD | Catholic Comm. Service
- Every Wednesday | 4:30pm, AUD Catholic Communion
- 4th Wednesday Catholic Mass
- Pat Lateri X 1193

Protestant Community
Every Sunday | 2pm, AUD
- **Ruth Bell X 1293**

Kehilla Jewish Community
Second and Fourth Friday at 3:45PM (AUD)
- **Irene Hantman 703-362-3366**

Pool Group
Sunday-Thursday & Saturday at 3PM (GR)
Fridays at 12:30PM
- **George Gallahorn X 1225**

Saturday Sing-A-Long
Every Saturday at 4:15PM (WG)
- **Bob Kibler X 1056 Mary Ratcliffe X1216**

Spanish Conversation Group
Every Friday at 11:30AM (CLASS)
- **Edie Young X 1128**

Tap Dance
Thursdays at 3PM (GFS)
- **Carole Ross X 1050**

The Vantage Point Players
1st & 3rd TUES AT 3PM (CA)
- **Erin Peacock x1363**

Trivia Group
Every Friday at 2PM (GR)
- **Dick Nelson X 1012**

Book Clubs
1st Tuesday at 2PM (FD)
2nd Tuesday 2PM (CLASS)
3rd Tuesday 2PM (CLASS)
4th Tuesday 2PM (CLASS)
- **Judy McDermott X 1074**
- **Jansie Rogers X 1056**
- **Judy Dye X 1135**
- **Bob Kibler X1056**

Pickleball
Sunday, Tuesday, Thursday, Friday, Saturday at **8:30AM (TC)**
- **Bob Kibler X 1056**

Walking with Rollators & Walkers Group
Every First and Third Tuesday at 1:30PM (ED) Seasonal
- **Dick Bush x1260**

Wii Games
Every Tuesday at 12PM (GFS)
- Lynn Perlin X 1273

Artists Guild 2.0
Every Saturday at 10am (CA)
- **Natalie Roberts x1186**

New Perspectives
- **Fred Alford x1113**

Leadership Team



Executive Director: Dr. Heather Parrott



Administrator: Adele Alexis



Director of Health Services: LaKeisha Holley



Director of Human Resources: Paul Dutton



Director of Marketing: Patti Hutton



Director of Community Life: Carliesa Meakes



Director of Environmental Services: Gil Hardy



Director of Finance: Rosemarie Green



Director of Dining Services: Lisa Rohauer



Director of Plant Operations: Mark Scoffield