

SEPTEMBER 2026

RVP NEWSLETTER

Greetings

— FROM COMMUNITY LIFE —

Greetings, Residents!

We are excited to welcome you to another month of fun, friendship, and new opportunities here at Residences at Vantage Point. Whether you've been with us for years or you're just settling in—welcome! If you're new to our community, thank you for choosing to call our community home. We're so glad you're part of the Vantage Point family.

As always, we've got a full calendar of activities, outings, and events designed to bring joy, connection, and enrichment to your life. From engaging classes to exciting social gatherings, there's something for everyone. Read on to discover all that's happening this month!

WE ARE HERE
FOR YOU



Upcoming Events:



October 9



October 30



November 2026



December 2026



December 2026

HIGHLIGHTS THIS MONTH!

September

All'll Are Welcome!

Mocktail Monday

Sip Relax Enjoy!

GOOD DRINK DRESS MUSIC COMPANY!

3:00 PM
WINTER GARDEN

Live Entertainment by
MICHAEL BROWN

Good Vibes • Good Drinks • A Strong Community

Viva FIESTA

9/25/26
2PM
IN THE AUDITORIUM

LIVE ENTERTAINMENT BY
Orquesta Manpleza

Hors d'oeuvres

WILL BE SERVED

RVP Purple POP-UP

Join us in our last hourah before the WALK:
Wear your PURPLE <

Tue 9/22/2026

1:00 PM - 3:00 PM

Winter Garden/
2nd Floor Lounge

Register/Donate to the WALK

Enter the raffle to win any of the gourmet gift vouchers

Light refreshments provided and a purplish fun time will be had:
\$5 & \$10 raffle tickets.

All proceeds will go towards the team's fundraising for the WALK TO End Adrenaline!



SEPTEMBER is....

National Hispanic Heritage Month

National Preparedness Month

National Suicide Prevention Month

Deaf Awareness Month

National Suicide Prevention Month

National Recovery Month

Self-Care / Self-Improvement Month



did you know?

Dear Residents,
Just a few friendly reminders:
"The Week Ahead, The Monthly Newsletter, and Monthly Calendars are printed and placed in the mailroom holders for your convenience.
" Need an extra copy? No worries! The Concierge Desk have additional sets on hand—just stop by and ask. Let's stay connected, informed, and ready for all the delightful moments ahead!
With care and cheer,
Your Community Life Team 🌸

Jam Packed Schedules!

As we continue to provide premiere programming at the community, schedules are subject to change. This includes additions to the monthly schedules. For the most up-to-date information please check the Weekly Bulletins or Touchtown.

As a reminder, please do not remove signup sheets or flyers posted in the mailroom binder,

Suggestions??

Just a reminder that there is a "Suggestion Box" located next to the Community Life Office! Residents are encouraged to submit ideas and recommendations for movies, series, programs, trips, special events, and other activities they would enjoy seeing offered within the community. Many of our offerings are selected directly from your suggestions!

If you have any questions, please contact Life Enrichment Coordinator Chanel "Coco" McCarter at x1691.

Welcome to Vantage Point!

Join us and say
"Hello!"
to our new residents:

Name:	Apt:
 Mary Ratcliffe	IL 611
 Marilyn Henry	IL 202
 Leslie Morgan	IL 1201
 Janice Likens	IL907
 Fred Trautman	IL703
 Anita Scherr	IL106
 David Levi	IL203
 Connie Ford	IL 714



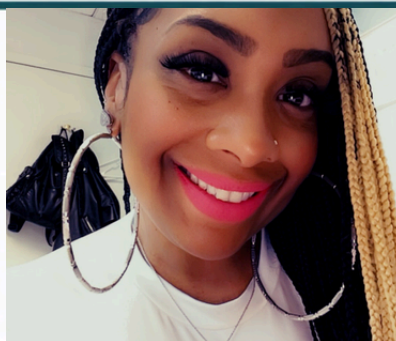
Thank you for warmly welcoming all of our new neighbors!



Community Life Coordinator:

Chanel "Coco" McCarter

Life Enrichment Coordinator
Office Hours: 10a-6p Mon-Fri



"Coco"



Not sure where
to go? Check
the room key!

WHERE

LET'S GO!

ROOM KEY



GROUND FLOOR

(SG)

**SIDWELL
GARDEN**

1ST FLOOR

(CLASS)

CLASSROOM

(CR)

COLUMBIA ROOM

(ED)

EAST DOOR

(FC)

FITNESS CENTER

(GFS)

GROUP FITNESS STUDIO

(MP)

MARKETPLACE

(THR)

THEATER

(WG)

WINTERGARDEN

2ND FLOOR

(AUD)

AUDITORIUM

(BISTRO)

DINING ROOM

(CA)

CREATIVE ARTS

(FD)

FIRESIDE

(GR)

GAME ROOM

(LO)

2ND FLOOR LOUNGE AREA

(PUB)

THE PUB

(TERR)

2ND FLOOR TERRACE

(PD)

PRIVATE DINING ROOM

I am exactly where I
need to be

SEPTEMBER 2026

STRONGER EVERY DAY!



Vivian Smith:
Fitness
Coordinator

Your health is your wealth, and it's never too late to keep moving and stay strong! This month we're bringing you a variety of ways to stay active, energized, and engaged. Whether you enjoy a calming stretch, a heart pumping cardio session, or a walk with friends, there's something for everyone. Don't forget to check out our weekly fitness classes, helpful wellness tips, and upcoming movement challenges. Let's keep thriving one step, one stretch, and one smile at a time!



September is a wonderful time to refresh your fitness routine and keep moving. Regular physical activity can help support strength, balance, flexibility, endurance, and independence.

September Fitness Tips:

-  **Keep Moving:** Take a daily walk or participate in a fitness class.
-  **Build Strength:** Light resistance exercises can help maintain muscle strength.
-  **Stretch Daily:** Gentle stretching can improve flexibility and mobility.
-  **Practice Balance:** Simple balance exercises can help support stability.
-  **Stay Hydrated:** Drink water throughout the day, especially during exercise.
-  **Listen to Your Body:** Exercise should challenge you—but not cause pain.

THIS MONTH'S REMINDER:

Small steps every day can lead to big improvements over time.

Stay active. Stay strong. Stay independent!

 "Move a little. Breathe a little deeper. Let summer do the rest."



SPEAKERS THIS MONTH

Lectures, guest speakers, and lifelong learning for lively minds. Join us as we welcome this month's presenters and engage in thought-provoking discussions.

*Please check posters for additional information.



*All programs held in the AUD unless otherwise stated.

- Dr. Jenner: HOT TOPICS: Tuesday, SEPTEMBER 1st
Come join us in the Auditorium with Dr. Jenner for our NEW "HOT TOPICS" discussion at 7:30pm
- DAVE POWELL: GENEALOGY: Thursday, SEPTEMBER 3rd
Come join us in the Auditorium with Dave Powell for our NEW "Genealogy" discussion at 7:30pm
- Presentation: Friday, SEPTEMBER 11th ,2026 at 11AM Come Join us in the Auditorium to hear one of our very own resident Ned Tillman lead a special discussion about Good Endeavor, sharing insights into the book, its history, and the stories behind it.
- Evening Speaker Dr. Jenner:
"THE GOLDEN AGE OF PIRATES"
Tuesday, SEPTEMBER 15th at 7:30pm AUD
- ARMCHAIR TRAVELERS :
Friday, SEPTEMBER 18th at 7:30pm AUD
Come join us if you love photography
- Resident Townhall: Thursday SEPTEMBER 17th at 11am
Join us in the AUD as we hear the latest news from the Executive Director.
- Steve Friedman : Thursday, SEPTEMBER 17th 2pm AUD
Come join us in the AUDITORIUM for a presentation Broadway Lectures and Tours
- Evening Speaker Hugo Keesing:
"The Soundtrack of Our Lives"
Thursday, SEPTEMBER 17th at 7:30pm AUD
- Dr Andy Lazris: Friday, SEPTEMBER 18th at 11am
Health talk w/Dr. Andy Lazris
- MaCCRA: Thursday, SEPTEMBER 24th at 7:30pm
- Ofelia Ross
Administrator of Howard County Office on Aging and Independent Living
- Great Decisions: Monday, SEPTEMBER 28th , 2026 at 2pm
NO GROUP. HAPPY LABOR DAY!
Discussion Leader:
- Presentation: OSHER
Tuesday, SEPTEMBER 29th at 10am & 1pm AUD

Music This Month



We're proud to offer a wide variety of music and genres to suit every taste. Join us in welcoming the talented musicians performing in our community this month. Sit back, relax, and enjoy the music!



JP MALAN
PRESENTS

Anna Savelyeva



FRIDAY SEPTEMBER 4th



7:30pm



Borisevich Duo



SATURDAY SEPTEMBER 5TH



7:30pm



VOV's

Sarah Polinski & Lucas
Reilly

(Jazz Classics)



SUNDAY SEPTEMBER 6TH



7:30pm



VOV's

Greg Harrison, Mike Noonan
& John Pineda

(Jazz Favorites)



MONDAY SEPTEMBER 7TH



7:30pm



Warren
Williams &

Luci Murphy



WEDNESDAY, SEPTEMBER 9TH



7:30pm



JP MALAN
PRESENTS

Giampiero Bugliarello



THURSDAY SEPT 10th



7:30pm



THE
STARVATION
ARMY BAND



FRIDAY SEPTEMBER 11th



7:30pm



CHAD BOWLES
PIANIST



SUNDAY, SEPTEMBER 13TH



7:30pm



JP MALAN
PRESENTS

Embassy String Quartet



MONDAY SEPTEMBER 14th



7:30pm



DR. RAFFI
KASPARIAN



SATURDAY SEPTEMBER 19TH



7:30pm



Daniel Weiser
AmiciMusic



SATURDAY SEPTEMBER 26th



7:30pm



VOICES OF VETS
Fun Dance Tunes



SUNDAY SEPTEMBER 27TH



7:30pm



JOSE SACIN
Baritone Opera



WEDNESDAY SEPTEMBER 30th



7:30pm

THIS MONTH'S MUST SEE'S



We've got a film
scheduled everyday—but
these are the ones you
won't want to miss!



DAISIES IN DECEMBER (1995)

RATED PG-13 | 1HR 37MIN

When his family leaves him in a hotel for seniors while they go on a ski vacation, an antisocial and widowed grandfather finds that his life takes on new meaning when he falls in love with a woman also staying at the hotel.

📅 TUESDAY 9/1 @ 7:30PM



QUEEN BEES (2021)

RATED PG-13 | 1HR 41MIN

When a fiercely independent elderly woman reluctantly moves into a nearby retirement community for a short-term stay, she slowly realizes that it's never too late to make new friends or find love.

📅 SUNDAY 9/20 @ 7:30PM



MEMOIRS OF A GEISHA (2005)

RATED PG-13 | 2HR 19MIN

A Cinderella story set in a mysterious and exotic world, this stunning romantic epic shows how a house servant blossoms, against all odds, to become the most captivating geisha of her day.

📅 THURSDAY 9/3 @ 7:30PM



YOURS, MINE, OURS (1968)

RATED PG-13 | 1HR 59MIN

When widowed nurse Helen North (Lucille Ball) meets widower Frank Beardsley (Henry Fonda), a population explosion takes place as her eight kids blend (or don't) with his ten in this chaotic, classic comedy! Van Johnson and Tom Bosley co-star

📅 WEDNESDAY 9/23 @ 7:30PM



JAYNE MANSFIELD'S CAR (2013)

RATED PG-13 | 2HR 1MIN

After his ex-wife's death, a Southern patriarch (Robert Duvall) and his offspring meet the British family for whom she left them.

📅 SATURDAY 9/5 @ 7:30PM

THE ENGLISH PATIENT (1996)

RATED PG-13 | 2HR 10MIN

At the close of WWII, a young nurse tends to a badly-burned plane crash victim. His past is shown in flashbacks, as they both deal with the sting of death after love because of war time activity.

📅 SATURDAY 9/26 @ 7:30PM

BEACHES (1989)

RATED PG-13 | 1HR 58MIN

A privileged rich debutante and a cynical struggling entertainer share a turbulent, but strong childhood friendship over the years.

📅 THURSDAY 9/10 @ 7:30PM

ELSA AND FRED (2014)

RATED PG-13 | 1HR 37MIN

In New Orleans, a feisty retiree (Shirley MacLaine) and her new neighbor, an uptight widower (Christopher Plummer), discover that it's never too late for true love and romance.

📅 TUESDAY 9/29 @ 7:30PM



Jenn Lavinish

ART EXPERIENCE

Wednesdays at 10:30 in
Creative Arts Room

Music In The WINTER GARDEN



Tuesday 9/1 2PM
Pianist

Tuesday 9/15 2PM
Pianist



Floral Arranging workshop w/ Laura

1st & 3rd MONDAYS

1:00pm Class

2:00pm Class

Where: GR

**MUST SIGN-UP IN MAILROOM
\$15 PER PERSON PER CLASS**

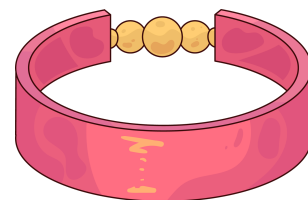
Beading & Jewellery Making w/ Kathy



2ND & 4TH MONDAYS

**WHERE: CREATIVE ARTS RM
ROOM**

TIME: 3PM



**MUST SIGN-UP IN MAILROOM
\$10 PER PERSON PER CLASS**

TRANSPORTATION SERVICES



 Our community offers scheduled transportation for:

Medical appointments
Grocery and shopping trips
Local outings and museums
And more!

 **Need a ride?**
Transportation request forms are available at the Transportation Desk, located next to Security.

 Please submit your request in advance to ensure availability.
We're happy to get you where you need to go!



Transportation:

Operates Mon–Fri from
8:00am
until 4pm
EXCEPT ON HOLIDAYS



Lyft Services are available
24hrs a day, 7 days a week
upon request. Contact
Concierge for scheduling
Lyft services.



Please remember that
transportation requests,
require 5 days advance
notice! While we do our
best to accommdate every
request, not all requests
may be fulfilled due to
scheduling limitations. If we
are unable to
accommodate your
request, please feel free to
utilize the lyft services
available through the
community.



Transportation: Dial
x3059 or contact
Concierge to be
transferred.



Trip Level System

Designed to help residents choose outings that are enjoyable, appropriate, and comfortable for their individual abilities, while also supporting overall trip safety and planning.

****Please note level ratings are noted on posters and sign up sheets.***

- **Trip Level I:** Very little walking required and rollator accessible. Examples may include lunch outings, dinner outings, musical performances, concerts, and speaker events.
- **Trip Level II:** Requires the ability to be on your feet or seated for up to one hour and is rollator accessible. Examples may include accessible museum tours, restaurants, shopping trips, and similar outings.
- **Trip Level III:** Physically strenuous and may involve extensive walking, uneven terrain, or all-day activity. Examples may include walking tours/hikes, festivals, large museums, city excursions, outdoor events, aquarium or zoo visits, sporting events, and trips requiring longer distances to be navigated independently.



BUS TRIPS: SEPT 2026

You will need to sign up for trips! Sign up sheets located in mailroom binder.

**FRI
SEPT
4**

**NATIONAL AFRICAN
AMERICAN MUSEUM**

Departs ED at
11am
Level III



Smithsonian

**TUES
SEPT
8**

**US BOTANICAL
GARDEN**

Departs ED at
11am
Level II

UNITED
STATES



BOTANIC
GARDEN

**WED
SEPT
9**

**EVERYMAN
THEATRE**

Departs ED at
11:30am
Level I

**EVERYMAN
THEATRE** | GREAT STORIES
WELL TOLD.

**THURS
SEPT
10**

**REDSTONE
AMERICAN
GRILLE**

Departs ED at
11am
Level I



**FRI
SEPT
18**

**BALTIMORE
AQUARIUM**

Departs ED at
11am
Level II



**SUN
SEPT
20**

**SUNDAYS AT
THREE**

Departs ED at
2:15pm
Level I



**WED
SEPT
23**

OLNEY THEATRE

Departs ED at
12:30pm
Level I



**SAT
SEPT
26**

**THE WALK TO END
ALZ
(CENTENNIAL PARK)**

Departs ED at
9:15am
Level II





NEWSLETTER *Notice*

Columbia Vantage Point Foundation Receives **\$320,000** Legislative Bond Initiative Award!

\$320,000
LEGISLATIVE
BOND INITIATIVE
AWARD



The Columbia Vantage Point Foundation is pleased to share that, during the most recent Maryland General Assembly session, the Foundation received a **\$320,000 Legislative Bond Initiative award** to support pre-development costs related to the planned renovation of the Residences at Vantage Point Health Center.

This new award builds on a prior-year \$125,000 allocation for the same purpose, bringing total State support for Health Center renovation planning to **\$445,000**.



The Foundation will continue to seek **Legislative Bond Initiative support annually** as the Health Center renovation moves forward.

Residents are always encouraged to reach out to their State Delegates and Senators to thank them for their continued support of this important project and of the RVP community.



The Columbia Vantage Point Foundation is a 501(c)(3) non-profit organization serving Residences at Vantage Point.



SERVICES



FAITH. COMMUNITY. CONNECTION.

We recognize and respect the rich spiritual traditions within our community. These services offer moments of reflection, connection, and peace for those who wish to participate.

All residents are welcome to attend the gatherings that speak to their faith and personal journey.

Together, we create a space of reverence, respect, and community.



**EVERY SUNDAY | 12:30PM,
AUD
CATHOLIC
COMMUNION SERVICE**



**EVERY SUNDAY | 2PM,
AUD
PROTESTANT CHURCH
SERVICE**



**EVERY WEDNESDAY | 4:30PM,
AUD
CATHOLIC COMMUNION
SERVICE**



**FOURTH WEDNESDAY
4:30PM, AUD
CATHOLIC MASS**



**SECOND & FOURTH FRIDAY
3:45-5PM, AUD
SHABBAT SERVICES**



**FIRST FRIDAY
10-11AM, AUD
QUIET REFLECTION HOUR**



RESIDENT COMMITTEES



COMMITTEE

“

Committees are the heartbeat of our community. These dedicated groups of residents come together to help shape the experiences, activities, and overall well-being of everyone around them.

Committees are a reminder that every resident has something valuable to offer. Together, we can create a vibrant, engaged community where everyone feels seen, heard, and supported.



RA Council

1st Thursday AFTER the 1st Monday at 2:00PM
(CLASS/ ZOOM)

All are welcome to attend any meeting



RA Library Committee

TBD (AS
NEEDED)



RA Community Life Committee

3RD Thursday at 10:00AM
(CR)



RA Hospitality Committee

3RD Thursday at 1PM
(PD)



RA Marketing Committee

3RD Thursday at 3PM
(CLASS)



RA Health Services Committee

4TH Tuesday at 3PM
(CA)



RA Grounds & Garden Committee

1ST Thursday at 11AM
(CLASS)



RA Floor Reps Committee

1ST Tuesday of Every Other Month at 1PM
(CLASS)

JAN, MAR, MAY, JULY, SEPT, NOV



RA Finance Committee

4TH Monday at 11AM
(CLASS)

RA Dining Committee

2nd Tuesday at 10AM
(PD)

RA Building Services Committee

3RD Friday at 1PM (CLASS/
ZOOM)

Resident Run

Games & Groups



Armchair Travelers

Third Friday at 7:30PM (AUD)

- Jeff Friedhoffer X 1041
- Paula Rasera X 1166



Artist Guild

Every SUN, TUE, THU, FRI & SAT at 9AM (CA)



Assorted Bridge Groups

Every Thursday at 1PM (CA)

- Bob Kibler X1056



Baseball Cornhole

Every Wednesday at 7PM *practice begins at 6:30PM (SG) SEASONAL

- Rebecca Birnie X 1048



Bridge

Every Monday at 1PM (CA)

- Jansie Rogers x1056
- Bob Kibler X1056



Chat and Stitch Fiber Arts

Every Tuesday at 1PM (CA)

- Barbara Miller X 1034



Chess

Every Friday at 3:00PM (GR)

- Bob Kibler X 1056



DOG Guild

Third Fridays at 10:15am (CLASS)

Emilie Sanborn X 3181



Duplicate Bridge

Every Wednesday at 1PM (CA)

- Bob Kibler X1056



Friday Walking Group

Every Friday at 9AM (MP)

- Dick Bush X 1260



Great Decisions

Fourth Monday at 2PM (AUD)

- Jansie Rogers x1056



International Folk Dance

Every Monday at 6:30PM (GFS)

- Bernie Geller X 1160



Learn & Play Rummikub

Every Monday & Thursday at 10AM (MP)

- Sandra Kniaz X 1043
- Lois Loen X 1168



Learn Spanish

Every Saturday at 2PM (CLASS)

- Edie Young X 1128



Mah Jongg

Every Thursday at 1PM (GR)

- Zelda Rachbach x1227



Poetry Group

Second Tuesday at 3PM (PD)

- Suzanna Meritt X 1187



Scrabble Players

Every Saturday at 1PM (GR)

- Dick Bush X 1260



Catholic Community

• Every Sunday | 12:30pm, AUD | Catholic Comm. Service

• Every Wednesday | 4:30pm, AUD Catholic Communion

• 4th Wednesday Catholic Mass

• Pat Lateri X 1193



Protestant Community

Every Sunday | 2pm, AUD

- Ruth Bell X 1293



Kehilla Jewish Community

Second and Fourth Friday at 3:45PM (AUD)

- Irene Hantman 703-362-3366



Pool Group

Sunday-Thursday & Saturday at 3PM (GR)

Fridays at 12:30PM

- George Gallahorn X 1225



Saturday Sing-A-Long

Every Saturday at 4:15PM (WG)

- Bob Kibler X 1056 Mary Ratcliffe X1216



Spanish Conversation Group

Every Friday at 11:30AM (CLASS)

- Edie Young X 1128



Tap Dance

Thursdays at 3PM (GFS)

- Carole Ross X 1050



The Vantage Point Players

1st & 3rd TUES AT 3PM (CA)

- Erin Peacock x1363



Trivia Group

Every Friday at 2PM (GR)

- Dick Nelson X 1012



Book Clubs

1st Tuesday at 2PM (FD)

2nd Tuesday 2PM (CLASS)

3rd Tuesday 2PM (CLASS)

4th Tuesday 2PM (CLASS)

- Carol McGinnis X1037

- Jansie Rogers X 1056

- Judy Dye X 1135

- Bob Kibler X1056



Pickleball

Sunday, Tuesday, Thursday, Friday, Saturday at 8:30AM (TC)

- Bob Kibler X 1056



Walking with Rollators & Walkers Group

Every First and Third Tuesday at 1:30PM (ED) Seasonal

- Dick Bush x1260



Wii Games

Every Tuesday at 12PM (GFS)

- Lynn Perlin X 1273



Artists Guild 2.0

Every Saturday at 10am (CA)

- Natalie Roberts x1186



New Perspectives

- Fred Alford x1113

