

Greetings

FROM COMMUNITY LIFE

Greetings, Residents!

We are excited to welcome you to another month of fun, friendship, and new opportunities here at Residences at Vantage Point. Whether you've been with us for years or you're just settling in—welcome! If you're new to our community, thank you for choosing to call our community home. We're so glad you're part of the Vantage Point family.

As always, we've got a full calendar of activities, outings, and events designed to bring joy, connection, and enrichment to your life. From engaging classes to exciting social gatherings, there's something for everyone. Read on to discover all that's happening this month!



Upcoming Events:

Moving Day at UMBC 6/7/25

Walk To End ALZ Car Wash 6/20/25

TOP GOLF Men's Outing 6/13/25

RVP Prom 6/24/25





A Message From Our Executive Director:

Happy May!

Spring is in full swing, and with it comes a renewed sense of energy, color, and connection. We hope you're enjoying the longer days, warmer weather, and the beauty of the flowers beginning to bloom around our community.

This month, we have some exciting events and activities planned just for you! Our Community Life team has put together a vibrant calendar where there is something for everyone to enjoy. Be sure to check the calendar so you don't miss out.

Let's also take a moment to recognize Memorial Day at the end of the month—a time to honor and remember those who have served our country with courage and selflessness.

As always, thank you for making this community such a warm and welcoming place. We're looking forward to a joyful May with all of you.

With appreciation,

Pierce Carey
Executive Director

Highlights This Month!



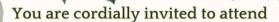
Monday, May 5th

Time: 2pm

Where: 2nd Floor Lounge

Let's fiesta like there's no manana!

Join us for a lively Cinco De Mayo Happy Hour filled with festive drinks & tasty bites, and great company



The Annual

Remembrance Ceremony

Wednesday May 21st 2025 Where: Auditorium

Time: 1:00pm

Residences at Vantage Point 5400 Vantage Point Road Columbia, Md 21045

HIGH TEA

You're Cordially Invited
To a Ladies High Tea
in honor of Mother's Day. Let's celebrate
the grace, love, and wisdom
that mothers bring into our lives.
Location: The Historic Reynolds Tavern
Annapolis, Maryland

(Restaurant...bring cash/card)

Date: May 9TH, 2025
Time: 11AM Reservation
Join us for a delightful afternoon of fine teas, delectable treats, and timeless conversation in the elegant ambiance of one of Maryland's most cherished landmarks.

Fancy hats and floral attire are joyfully encouraged!

Transportation will be provided.

Please sign-up in the binder located in the mailroom.

Let's sip, smile, and celebrate the beautiful spirit of motherhood—together.

May Notable Days:.

Cinco De Mayo

Mother's Day

Jewish American Heritage Month

Memorial Day

Skin Cancer Awareness Month

Mental Health Awareness Month

> National Bike Month



Not sure where to go? Check the room key!

ROOM KEY

GROUND FLOOR

(SG) Sidwell Garden

1st FLOOR

(CLASS) Classroom
(CR) Columbia Room
(ED) East Door
(FC) Fitness Center
(GFS) Group Fitness Studio
(MP) Marketplace
(THTR) Theater
(WG) Wintergarden

2nd FLOOR

(AUD) Auditorium
(BISTRO) Dining Room
(CA) Creative Arts
(FD) Fireside
(GR) Game Room
(LO) 2nd Floor Lounge Area
(PUB) The Pub
(TERR) 2nd Floor Terrace
(PD)Private Dining Room

I am <u>exactly</u> where I need to be

Fitness Tips & Updates





Vivian Smith: Fitness Coordinator

Your health is your wealth, and it's never too late to keep moving and stay strong! This month we're bringing you a variety of ways to stay active, energized, and engaged. Whether you enjoy a calming stretch, a heart pumping cardio session, or a walk with friends, there's something for everyone. Don't forget to check out our weekly fitness classes, helpful wellness tips, and upcoming movement challenges. Let's keep thriving one step, one stretch, and one smile at a time!



Celebrating Fitness in May

May is a great time to celebrate and promote physical activity. Not only is the weather stupendous, but May is National Physical Fitness and Sports month to encourage individuals of all ages to embrace physical activity and sports as a vital part of a healthy lifestyle. Furthermore, we celebrate National Senior Health & Fitness Day on the last Wednesday in May to commemorate older adults engaging in regular physical activities for healthy aging.

During this month, I encourage you to focus on your health and well-being. Get active! Move! Participate in a group fitness class (QiGong, Boot Camp). Take up a new physical activity/sport (Pickleball, Cornhole). Get outdoors for fresh air and go walking. Try new experiences that will help you be more sociable, flexible, physically fit. It is said that as we age, exercise and our health become more difficult, but it is also more important.

Aside from improving fitness, exercise and physical activity can reduce stress, lower the risk of chronic disease (or help to manage it), ease symptoms of anxiety and depression, reduce our fall risk and the related consequences and improve our outlook on life.

As you take on the challenge to embrace physical activity this month, make sure to enjoy it. Whatever you choose to do, have fun! Then make the commitment to be consistent. Making exercise and physical activity a regular part of your routine will allow you to reap greater benefits. -Vivian Smith

VANTAGE POINT

SPEAKERS THIS MONTH



Lectures, guest speakers, and lifelong learning for lively minds. Join us as we welcome this month's presenters and engage in thought-provoking discussions.

*All programs held in the AUD unless otherwise stated.



OSHER: Tuesday May 6th ,13th ,20th , and 27th 10am- Vertigo at the Movies 1pm- History of <u>Ukraine and Russia</u>

Dr. Jenner: HOT TOPICS: Tuesday May 6th
Come join us in the Auditorium with Dr. Jenner
for our
NEW "HOT TOPICS" discussion..

New Perspectives: May 21st @7:30pm Jim Sanders will speak to us about the current state of elder care in Maryland. He currently teaches on this topic at Johns Hopkins and the University of Maryland.

Pierce's Points: Thursday May 22nd at 11am Join us in the AUD as we hear the latest news from the Executive Director, Pierce Carey.

Dr Andy Lazris: Friday May 16th at 11am Health talk w/Dr. Andy Lazris

Steve Friedman: Friday May 23rd at 2pm Join us in the Auditorium for another one of Steve's Broadway Tours and Lectures

Dr. Jenner presents: Tuesday May 20th at 7:30pm The History of Las Vegas

Onsite Dermatology: Skin Cancer Awareness Prevention Presentation Tuesday, May 27th at 1:00pm

Great Decisions: Monday May 26th at 2pm NO MEETING!

Music This Month



We're proud to offer a wide variety of music and genres to suit every taste. Join us in welcoming the talented musicians performing in our community this month. Sit back, relax, and enjoy the music!



Carol Takafuji Ukelele

Thursday May 1 7:30pm

VOV's
Justin Taylor &
Shaunielle McDonald
Jazz Pianist/Vocalist
Saturday May 3
7:30pm

VOV's
Mike Noonan &
Greg Harrison
Pianist/Clarinetist
Monday May 5
7:30pm

Troy King Classical Guitarist Saturday May 10 7:30pm

Gerdan Eastern European Folk Monday May 12

7:30pm

Susan "Sue" Jones Violinist Wednesday May 14 7:30pm Michael Brown R&B/Jazz Vocalist Thursday May 15 7:30pm

> Tanya Roytman Accordion Sunday May 18 7:30pm

Marianne Thayer Vocalist Jazz Tunes Monday May 19 7:30pm

VOV's

Empty Ecstacy Duo Acoustic Duo Saturday May 24 7:30pm

VOV's Patagonia Winds Woodwind Quintet

Sunday May 25 7:30pm

Robert Bunning & Nell Rumbaugh Patriotic Tunes Wednesday May 28 7:30pm

Sheng-Tsung Wang Pianist Saturday May 31 7:30pm

THIS MONTH'S MUST SEE'S



I'M STILL HERE (2024)

PG-13 | 2hr 17min

A woman married to a former politician during the military dictatorship in Brazil is forced to reinvent herself and chart a new course for her family after a violent and arbitrary act.

THURSDAY 5/1 @ 7:30

MISSISSIPPI BURNING (1988)

R | 2hr 8min

Two FBI agents with wildly different styles arrive in Mississippi to investigate the disappearance of three civil rights activists.

WEDNESDAY 5/7 @7:30

THE WAY WE WERE (1973)

PG | 1hr 58min

During post-WWII McCarthyism, a diametrically opposed couple come together only to find out that genuine friendship and physical attraction is not enough to overcome fundamental societal beliefs.

THURSDAY 5/22 @7:30

RENT (2005)

PG-13 | 2hr 15min

In New York City's gritty East Village, a group of bohemians strive for success and acceptance while enduring the obstacles of poverty, illness and the AIDS epidemic.

MONDAY 5/26 @7:30PM

*Movies are subject to change. See flyer near theater for updates!

We've got a film scheduled everyday—but these are the ones you won't want to miss!

HOOSIERS (1986)

PG | 1hr 54min

A coach with a checkered past and a local drunk train a small-town high school basketball team to become a top contender for the state championship in 1950s Indiana.

TUESDAY 5/6 @ 7:30

SING SING (2023)

R | 1hr 47min

Divine G, imprisoned at Sing Sing for a crime he didn't commit, finds purpose by acting in a theatre group alongside other incarcerated men in this story of resilience, humanity, and the transformative power of art.

SUNDAY 5/11 @7:30

THE HUNGER GAMES (2012)

PG-13 | 2hr 22min

Katniss Everdeen voluntarily takes her younger sister's place in the Hunger Games: a televised competition in which two teenagers from each of the twelve Districts of Panem are chosen at random to fight to the death.

FRIDAY 5/23 @7:30PM

THE BODYGUARD (1992)

R | 2hr 9min

A former Secret Service agent takes on the job of bodyguard to an R&B singer, whose lifestyle is most unlike a President's.

THURSDAY 5/29 @7:30PM







EVERY WEDNESDAY AT 10:30AM IN CA



WINTER GARDEN



Wednesday 5/8 | 2PM
Pianist Sara Wyatt

Tuesday 5/20 | 2PM
Pianist Don Wolcott

Thursday 5/22 | 2PM
Pianist Michael Arenstein



1ST & 3RD MONDAYS AT 2PM IN GR

Brain Fitness

STAY SHARP!!!! w/ DANA

 $MAY 13^{TH}$

 $MAY 27^{TH}$

TIME: 11:00AM

WHERE: CA

Classes are now open to

NEW participants!

Transportation Services



Our community offers scheduled transportation for:

- · Medical appointments
- · Grocery and shopping trips
- · Local outings and museums
- · And more!

Need a ride?

Transportation request forms are available at the Transportation Desk, located next to Security.

Please submit your request in advance to ensure availability. We're happy to get you where you need to go!

Transportation:

Operates Mon-Fri from 8:00am until 4pm EXCEPT on Holidays

Lyft Services are available 24hrs a day, 7 days a week upon request. Contact Concierge for scheduling Lyft services.

Please remember that transportation requests, require 5 days advance notice! While we do our best to accommodate every request, not all requests may be fulfilled due to scheduling limitations. If we are unable to accomodate your request, please feel free to utilize the lyft services available through the community.

Transportation: Dial x3059 or contact Concierge to be transferred.

BUS TRIPS: MAY 2025

You will need to sign up for trips! Sign up sheets located in mailroom binder.

FRI MAY 2

Departs ED at 4:15pm



MON MAY 5

Departs ED at 10:00a



WED MAY 7

Departs ED at 10:00a



THU MAY 15 Departs ED at 9:30am



SUN MAY 18

Departs ED at 1:30p



MON MAY 19

Departs ED at 10:00AM



WED MAY 28

Departs ED at 9:15am

Downs Park

8311 JOHN DOWNS LOOP, PASADENA, MD 21122

FRI MAY 30 Departs ED at 11:15a Returns by 7:30p



SERVICES



We recognize and respect the rich spiritual traditions within our community. These services offer moments of reflection, connection, and peace for those who wish to participate.

All residents are welcome to attend the gatherings that speak to their faith and personal journey.

Together, we create a space of reverence, respect, and community.

EVERY SUNDAY | 12:30PM,

AUD

CATHOLIC

CATHOLIC COMMUNION SERVICE

EVERY SUNDAY | 2PM, AUD

PROTESTANT CHURCH SERVICE

EVERY WEDNESDAY | 4:30PM, AUD

CATHOLIC COMMUNION SERVICE

FOURTH WEDNESDAY
4:30PM, AUD
CATHOLIC MASS

SECOND & FOURTH FRIDAY
3:45-5PM, AUD
SHABBAT SERVICES

FIRST FRIDAY
10-11AM, AUD
QUIET REFLECTION HOUR



Resident Committees



Committees are the heartbeat of our community. These dedicated groups of residents come together to help shape the experiences, activities, and overall well-being of everyone around them.

Committees are a reminder that

Committees are a reminder that every resident has something valuable to offer. Together, we can create a vibrant, engaged community where everyone feels seen, heard, and supported.



RA Council Committee

1ST Thursday AFTER the first Monday at 2:00PM (CLASS)

RA Community Life Committee 2ND Thursday at 10:15AM (CLASS)

RA Hospitality Committee
Third Thursday at 1PM (CLASS)

RA Marketing Committee Third Thursday at 3PM (CLASS)

RA Health Services Committee Fourth Tuesday at 3PM (CLASS)

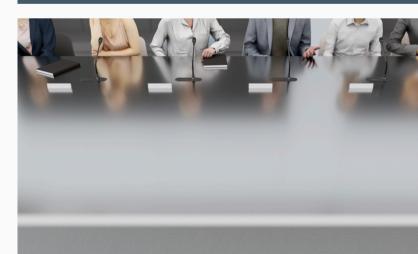
RA Grounds & Garden Committee First Thursday at 11AM (CLASS)

RA Floor Reps Committee
4th Tuesday of Every Other Month at 11AM (CLASS)

RA Finance Committee Fourth Monday at 11AM (CLASS)

RA Dining Committee 2nd Tuesday at 10AM (PD)

RA Building Services CommitteeThird Friday at 1PM (CLASS/ZOOM)



Resident Run

Games & Groups

Armchair Travelers Third Friday at 7:30PM (AUD) • Jeff Friedhoffer X 1041 • Paula Rasera X 1166

Artist Guild

Every SUN, TUE, THU, FRI & SAT at 9AM (CA)

Assorted Bridge Groups Every Thursday at 1PM (CA)

• Bob Kibler X1056

Bridge

Every Monday at 1PM (CA)

- Jansie Rogers x1056
- Bob Kibler X1056

BINGO!

Second and Fourth Thursday at 7PM (CLASS)

- Linda Yaffe X 1196
- Teddy Clarke X 1185

Chat and Stitch Fiber Arts

Every Tuesday at 1PM (CA)
• Barbara Miller X 1034

Chess

Every Friday at 3:00PM (GR)

Bob Kibler X 1056

Baseball Cornhole

Every Wednesday at 7PM *practice begins at 6:30PM (SG) **SEASONAL**

Rebecca Birnie X 1048

Duplicate Bridge

Every Wednesday at 1PM (CA)

Bob Kibler X1056

Friday Walking Group

Every Friday at 9AM (MP)

Dick Bush X 1260

Great Decisions

Fourth Monday at 2PM (AUD)

Jansie Rogers x1056

International Folk Dance

Every Monday at 6:30PM (GFS) Bernie Geller X 1160

HAND & FOOT GROUP

Fridays at 1PM (PUB)

Sandra Kniaz X 1043

Learn & Play Rummikub

Every Monday & Thursday at 10AM (MP)

- Sandra Kniaz X 1043
- Lois Loen X 1168

Learn Spanish

Every Saturday at 2PM (CLASS)

Edie Young X 1128

Mah Jongg

Every Thursday at 1PM (GR)

• Esther Weiner X 1365

Poetry Group

Second Tuesday at 3PM (PD)

Suzanna Meritt X 1187

Scrabble Players

Every Saturday at 1PM (GR)

Dick Bush X 1260

Catholic Community

- Every Sunday | 12:30pm, AUD | Catholic Comm.
- Every Wednesday | 4:30pm, AUD Catholic Communion
- 4th Wednesday Catholic Mass
- Pat Lateri X 1193

Protestant Community

Every Sunday | 2pm, AUD

Řuth Bell X 1293

Kehilla Community

Second and Fourth Friday at 3:45PM (AUD)

• Irene Hantman X 1112

Pool Group

Sunday-Thursday & Saturday at 3PM (GR)

Fridays at 12:30PM

George Gallahorn X 1225

Poker Players

First Monday of every month at 7:30 (GR)

Dr. Harold Campbell X 1184

Saturday Sing-A-Long

Every Saturday at 4:30PM (WG)

• Bob Kibler X 1056

Spanish Conversation Group

Every Friday at 11:30AM (CLASS)

Edie Young X 1128

Tap Dance

Thursdays at 3PM (GFS)

Carole Ross X 1050

The Vantage Point Players 1st & 3rd TUES AT 3PM (CA)

Erin Peacock x1363

Trivia Group

Every Friday at 2PM (GR)

Dick Nelson X 1056

VP RAILROADERS

Third Fridays at 3:00pm (GR)

Carol McGinnis X 1037

Book Clubs

1st Tuesday at 2PM (FD)

2nd Tuesday 2PM (CLASS)

3rd Tuesday 2PM (CLASS)

4th Tuesday 2PM (CLASS)

Carol McGinnis X1037

Jansie Rogers X 1056

Judy Dye X 1135

• Bob Kibler X1056 Pickleball

Sunday, Tuesday, Thursday, Friday, Saturday at 8:30AM (TC)

Bob Kibler X 1056

Walking with Rollators & Walkers Group

Every Second and Fourth Tuesday at 1:30PM (ED)

Kathy Rose X 1254

Wii Games

Every Tuesday at 12PM (GFS)

Lynn Perlin X 1273

Artists Guild 2.0

Every Saturday at 10am (CA)

 Natalie Roberts x1186 **New Perspectives**

Fred Alford x1113

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Management Team



Executive
Director: Pierce
Carey



Administrator: Alexis Hitchcock



Director of Health Services: Fatmatu "Bah" Barrie



Director of Human Resources: Paul Dutton



Director of Marketing: Patti Hutton



Director of Community Life: Carliesa Meakes



Director of Enviornmental Services: Gil Hardy



Director of Finance: Heather Warble



Director of Dining Services: Lisa Rohauer



Director of Plant Operations: Mark Scoffield

HELP US CELEBRATE OUR STORY- SHARE YOUR MEMORIES!

Vantage Point Residents,

Although our milestone anniversary celebration is in October, we are excited to start planning early but we need your help! We are working on a special project, a "Milestone Anniversary Film."

Our goal is to create something truly meaningful that captures the heart of Vantage Point — showcasing the moments, stories, and people, both past and present, who have made our community so special over the years. There is so much history and so many wonderful memories that deserve to be shared and celebrated. The video will feature interviews with residents sharing their personal stories and memories of their time at Vantage Point.

We are inviting:

Residents who have lived at Vantage Point for 6 or more years,
Second-generation residents whose parents once resided here,
Anyone who would like to share how the community has changed and grown over time.

Residents who would like to talk about past residents who have made a meaningful impact on our community.

We also invite you to share any pictures you may have that you would like to be featured in the video. Photos of special moments, events or memories with past residents who have made a lasting impact on the community are especially welcomed!

We plan to begin interviewing interested residents in June. At this time, we simply wanted to provide early notice that this exciting project is in the works. We will send out additional details soon once we have them. In the meantime, if you have any stories, memories, or reflections you would like to share — including memories of past residents who have left a lasting impact on our community — please reach out to me directly. We would love to feature you and your story.

Thank you for helping us celebrate the incredible journey that has made Vantage Point the amazing community it is today!

Carliesa Meakes
Director of Community Life









Coco's Highlights







